












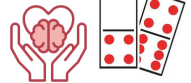









# MAY 2026 - EVENT CALENDAR - JOIN US !

| Monday                                                                                                              | Tuesday                                                                                                                                                 | Wednesday                                                                                                                                   | Thursday                                                                                                             | Friday                                                                                                                                   |
|---------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|
| 28                                                                                                                  | 29                                                                                                                                                      | 30                                                                                                                                          | 31                                                                                                                   | 1<br><br>WELCOME MAY<br>9AM                           |
| 4<br><br>Sorry WE'RE<br>CLOSED     | 5<br><br>Sorry WE'RE<br>CLOSED                                         | 6<br><br>EMOTIONAL<br>THERAPY 10A<br>CHAIR EXERCISE 11A    | 7<br><br>ZUMBA 10A<br>BINGO 11A    | 8<br><br>HAPPY<br>Mother's Day<br>MOTHER'S DAY<br>9AM |
| 11<br><br>INDIVIDUAL<br>THERAPY    | 12<br><br>Healthy Start<br>Nutrition<br>NUTRITION 10A<br>EXERCISES 11A | 13<br><br>EMOTIONAL<br>THERAPY 10A<br>BOARD GAMES 11A      | 14<br><br>ZUMBA 10A<br>BINGO 11A   | 15<br><br>Crazy Hair Day<br>CRAZY HAIR DAY<br>9AM     |
| 18<br><br>INDIVIDUAL<br>THERAPY   | 19<br><br>KARAOKE<br>KARAOKE 10A<br>EXERCISES 11A                     | 20<br><br>EMOTIONAL<br>THERAPY 10A<br>DOMINO 11A          | 21<br><br>ZUMBA 10A<br>BINGO 11A  | 22<br><br>BACK TO 1920'S<br>9AM                      |
| 25<br><br>CLOSED<br>MEMORIAL DAY | 26<br><br>ART AND CRAFT 10AM<br>EXERCISES 11A                        | 27<br><br>EMOTIONAL<br>THERAPY 10A<br>CHAIR EXERCISE 11A | 28<br><br>ZUMBA 10A<br>BINGO 11A | 29<br><br>HAPPY BIRTHDAY<br>HAPPY BIRTHDAY<br>9AM   |

## GREENACRES LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations  
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED  
TRANSPORTATION?  
ANY QUESTIONS?

Call Us: 561-633-1484

**OUR ADDRESS:**  
3387 S. Jog Rd, Suite 106  
Greenacres, FL 33467

## IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME  
IF SICK

WEAR  
A MASK



STAY  
6FT APART



WASH  
HANDS



# MEDICARE RECIPIENTS LEARN MORE ABOUT:

**PRIMARY CARE  
MEDICAL CENTER**



**PHARMACY: FREE RX  
HOME DELIVERY\***



**FREE FUN WEEKLY  
EVENTS: FOOD,  
DANCING & MORE\***



**WALK-IN URGENT CARE  
CENTER**



**WATCH FREE CLASSIC  
MOVIES ON THE  
WEEKEND &  
GENERAL  
INFO WEEKDAYS**



**MEDFLORIDA.TV**

**SOCIAL SERVICES: FREE  
APPLICATION HELP**



**EN ESPAÑOL**



**SCAN THE CODE TO SEE THESE  
OPTIONS ON YOUR PHONE**

**OR VISIT ONLINE:**  
[medflorida.info/well](http://medflorida.info/well)

**ESCANEE EL CÓDIGO PARA  
VER ESTAS OPCIONES EN SU  
TELÉFONO**

**O VISITE PAGINA WEB:**  
[medflorida.info/bien](http://medflorida.info/bien)



**\*FOR MEDICARE  
RECIPIENTS**

**Questions? Call Indira TEL: 561-633-1484**