NOVEMBER 2026 - EVENT CALENDAR - JOIN US !

Monday	Tuesday	Wednesday	Thursday	Friday
2  INDIVIDUAL THERAPY	3  KARAOKE 10A EXERCISES 11A	4  EMOTIONAL THERAPY 10A BOARD GAMES 11A	5  ZUMBA 10A BINGO 11A	6  WELCOME NEW PATIENT 9AM
9  INDIVIDUAL THERAPY	10  POETRY CLASS 10AM EXERCISES 11A	11  EMOTIONAL THERAPY 10A CHAIR EXERCISE 11A	12  ZUMBA 10A BINGO 11A	13  GALA CATWALK 9AM
16  INDIVIDUAL THERAPY	17  ART AND CRAFT 10AM EXERCISES 11A	18  EMOTIONAL THERAPY 10A BOARD GAMES 11A	19  ZUMBA 10A BINGO 11A	20  THANKSGIVING 9AM
23  INDIVIDUAL THERAPY	24  KARAOKE 10A EXERCISES 11A	25  PAINTING CLASS 10A BOARD GAMES 11A	26  HOLIDAY THANKSGIVING	27 
30  INDIVIDUAL THERAPY				

GREENACRES LOCATION

MedFlorida Wellness Centers

Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations Visit: MedFloridaWellness.com



NEED TRANSPORTATION? ANY QUESTIONS?

Call Us: 561-633-1484

OUR ADDRESS:
3387 S. Jog Rd, Suite 106
Greenacres, FL 33467

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME IF SICK

WEAR A MASK



STAY 6FT APART



WASH HANDS



MEDICARE RECIPIENTS LEARN MORE ABOUT:

PRIMARY CARE MEDICAL CENTER

MedFlorida Medical Centers

PHARMACY: FREE RX HOME DELIVERY*

MedFlorida PHARMACY

FREE FUN WEEKLY EVENTS: FOOD, DANCING & MORE*

MedFlorida Wellness Centers

WALK-IN URGENT CARE CENTER

XPRESS URGENT CARE

WATCH FREE CLASSIC MOVIES ON THE WEEKEND & GENERAL INFO WEEKDAYS

Roku

MEDFLORIDA.TV

SOCIAL SERVICES: FREE APPLICATION HELP

MedFlorida Community Access

EN ESPAÑOL

SCAN THE CODE TO SEE THESE OPTIONS ON YOUR PHONE

OR VISIT ONLINE:
medflorida.info/well

ESCANEE EL CÓDIGO PARA VER ESTAS OPCIONES EN SU TELÉFONO

O VISITE PAGINA WEB:
medflorida.info/bien

***FOR MEDICARE RECIPIENTS**

Questions? Call Indira TEL: 561-633-1484