

SEPTEMBER 2025 - EVENT CALENDAR - JOIN US !

GREENACRES LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 561-633-1484

OUR ADDRESS:

**3387 S. Jog Rd, Suite 106
Greenacres, FL 33467**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 HAPPY LABOR DAY CLOSED	2 KARAOKE 10A EXERCISES 11A	3 EMOTIONAL THERAPY 10A BOARD GAMES 11A	4 ZUMBA 10A BINGO 11A	5 Welcome September WELCOME NEW PATIENT 9AM
8 INDIVIDUAL THERAPY	9 POETRY CLASS 10AM EXERCISES 11A	10 EMOTIONAL THERAPY 10A CHAIR EXERCISE 11A	11 ZUMBA 10A BINGO 11A	12 HAWAIIAN PARTY 9AM
15 INDIVIDUAL THERAPY	16 ART AND CRAFT 10AM EXERCISES 11A	17 EMOTIONAL THERAPY 10A BOARD GAMES 11A	18 ZUMBA 10A BINGO 11A	19 Welcome autumn WELCOME AUTUMN 9AM
22 INDIVIDUAL THERAPY	23 KARAOKE 10A EXERCISES 11A	24 PAINTING CLASS 10A BOARD GAMES 11A	25 ZUMBA 10A BINGO 11A	26 HAPPY BIRTHDAY HAPPY BIRTHDAY 9AM
29 INDIVIDUAL THERAPY	30 ART AND CRAFT 10AM EXERCISES 11A	1	2	3

IMPORTANT INFORMATION FOR THOSE ATTENDING

STAY HOME
IF SICK



WEAR
A MASK



STAY
6FT APART



WASH
HANDS



MEDICARE RECIPIENTS LEARN MORE ABOUT:

**PRIMARY CARE
MEDICAL CENTER**



**PHARMACY: FREE RX
HOME DELIVERY***



**FREE FUN WEEKLY
EVENTS: FOOD,
DANCING & MORE***



**WALK-IN URGENT CARE
CENTER**



**WATCH FREE CLASSIC
MOVIES ON THE
WEEKEND &
GENERAL
INFO WEEKDAYS**



MEDFLORIDA.TV

**SOCIAL SERVICES: FREE
APPLICATION HELP**



EN ESPAÑOL



**SCAN THE CODE TO SEE THESE
OPTIONS ON YOUR PHONE**

OR VISIT ONLINE:
medflorida.info/well

**ESCANEE EL CÓDIGO PARA
VER ESTAS OPCIONES EN SU
TELÉFONO**

O VISITE PAGINA WEB:
medflorida.info/bien



***FOR MEDICARE
RECIPIENTS**

Questions? Call Indira TEL: 561-633-1484