

JULY 2026 - EVENT CALENDAR - JOIN US !

Monday	Tuesday	Wednesday	Thursday	Friday
		1  YOGA 10AM	2  PARTY 9AM	3 
6 	7  ZUMBA 10 AM BINGO 11AM	8  YOGA 10AM	9  PICNIC PARTY 10AM	10
13 	14  ZUMBA 10 AM	15  YOGA 10AM	16  CAMPING PARTY 10AM	17
20 	21  ZUMBA 10 AM BINGO 11AM	22  YOGA 10AM PAINTING 11AM	23  ANIMAL SPIRIT COSTUME PARTY 10AM	24
27 	28  ZUMBA 10 AM KARAOKE 11AM	29  YOGA 10AM	30  BIRTHDAY'S 10AM	31

HAINES CITY LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 561-987-4779

OUR ADDRESS:
175 Patterson Rd,
Haines City, FL 33844

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME IF YOU ARE SICK



MEDICARE RECIPIENTS LEARN MORE ABOUT:

**PRIMARY CARE
MEDICAL CENTER**



**PHARMACY: FREE RX
HOME DELIVERY***



**FREE FUN WEEKLY
EVENTS: FOOD,
DANCING & MORE***



**WALK-IN URGENT CARE
CENTER**



**WATCH FREE CLASSIC
MOVIES ON THE
WEEKEND &
GENERAL
INFO WEEKDAYS**



MEDFLORIDA.TV

**SOCIAL SERVICES: FREE
APPLICATION HELP**



EN ESPAÑOL



**SCAN THE CODE TO SEE THESE
OPTIONS ON YOUR PHONE**

OR VISIT ONLINE:
medflorida.info/well

**ESCANEE EL CÓDIGO PARA
VER ESTAS OPCIONES EN SU
TELÉFONO**

O VISITE PAGINA WEB:
medflorida.info/bien



***FOR MEDICARE
RECIPIENTS**

Questions? MIGUELINA TEL: 561-987-4779