

# MARCH 2026 - EVENT CALENDAR - JOIN US!

## Haines City - Location



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations  
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED  
TRANSPORTATION?  
ANY QUESTIONS?

Call Us: 863-677-7288

Hablamos español

**OUR ADDRESS:**  
175 PATTERSON RD, HAINES  
CITY, 33844.

Monday	Tuesday	Wednesday	Thursday	Friday
2 	3 	4  YOGA 10 AM Bingo 11 AM	5 	6 
9 	10  ZUMBA 10 AM	11 	12 	13 
16 	17 	18  YOGA 10 AM Bingo 11 AM	19 	20 
23 	24  ZUMBA 10 AM	25 	26  PARTY 10 AM	27 
30 	31 			

## IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME  
IF SICK

WEAR  
A MASK



STAY  
6FT APART



WASH  
HANDS

