



OCTUBRE 2026 - EVENT CALENDAR - JOIN US!

Monday

Tuesday

Wednesday

Thursday

Friday

			1 Hello OCTOBER FALL INTO WELLNESS 10 AM	2 OFFICE
5 OFFICE	6 YOGA 10 AM	7 ZUMBA 10 AM BRAIN FITNESS 11AM	8 HISPANIC HERITAGE CULTURAL HERITAGE 10 AM	9 OFFICE
12 OFFICE	13 YOGA 10 AM	14 ZUMBA 10 AM BRAIN FITNESS 11AM	15 BREAST CANCER AWARENESS PINK DAY 10 AM	16 OFFICE
19 OFFICE	20 YOGA 10 AM	21 ZUMBA 10 AM BRAIN FITNESS 11AM	22 HAPPY BIRTHDAY PARTY TIME 10 AM	23 OFFICE
26 OFFICE	27 YOGA 10 AM	28 ZUMBA 10 AM BRAIN FITNESS 11AM	29 HALLOWEEN PARTY PARTY TIME 10 AM	30 OFFICE

HAINES CITY- LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 407-923-2647
321-334-1350

OUR ADDRESS:
175 Patterson Rd, Haines
City, FL 33844

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME IF YOU ARE SICK



Now Accepting New Patients



ACCEPTED MEDICARE PLANS



ACCEPTED COMMERCIAL PLANS

