

JANUARY 2023 EVENT CALENDAR - JOIN US!

Monday Tuesday Wednesday Thursday Friday

	3	4 <ul style="list-style-type: none"> • Hand Craft 10a • Dominoes 11a 	5 <ul style="list-style-type: none"> • Zumba 10a • Bingo 11a • Painting 2p 	6 <p>Welcome NP 9:00am</p>
9 <p>Individual Therapy</p>	10 <ul style="list-style-type: none"> • Poetry 10a • Exercises 11a • Therapy Emotional 2pm 	11 <ul style="list-style-type: none"> • Table Games 10a • Dominoes 11a 	12 <ul style="list-style-type: none"> • Zumba 10a • Bingo 11a • Hand Craft 2p 	13 <p>Hat Party 9:00am</p>
16 <p>Individual Therapy</p>	17 <ul style="list-style-type: none"> • Therapy Emotional 10a • Exercises 11a • Hand Craft 2p 	18 <ul style="list-style-type: none"> • Painting 10a • Dominoes 11a 	19 <ul style="list-style-type: none"> • Zumba 10a • Bingo 11a • Painting 2p 	20 <p>Kids Costume Party 9:00am</p>
23 <ul style="list-style-type: none"> • Individual Therapy • Breakfast New Patients 11am 	24 <ul style="list-style-type: none"> • Nutrition 10a • Exercises 11a • Therapy Emotional 2pm 	25 <ul style="list-style-type: none"> • Hand Craft 10a • Dominoes 11a 	26 <ul style="list-style-type: none"> • Zumba 10a • Bingo 11a • Painting 2p 	27 <p>Birthday Party 9:00am</p>
30 <p>Individual Therapy</p>	31 <ul style="list-style-type: none"> • Therapy Emotional 10a • Exercises 11a • Hand Craft 2p 	<ul style="list-style-type: none"> • Mental Games 10a • Dominoes 11a 		<p>Note: Afternoon activities for Non transportation participants.</p>

GREENACRES LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED TRANSPORTATION? ANY QUESTIONS?

Call Us: 561-633-1484

OUR ADDRESS:

**3387 S. Jog Rd
Suite 106
Greenacres, FL 33467**

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME IF SICK

WEAR A MASK



STAY 6FT APART



WASH HANDS

