





JULY 2024 EVENT CALENDAR-JOIN US!

Monday	Tuesday	Wednesday	Thursday	Friday
1 PLANNING DAY	2	3	4 	5
8 PLANNING DAY	9	10	11  PAINTING 11:00AM	12
15 PLANNING DAY	16	17	18  11:00AM	19
22 PLANNING DAY	23	24	25  NEON BIRTHDAY PARTY 11:00AM	26
29	30	31		

AVENTURA LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



**NEED
TRANSPORTATION?
ANY QUESTIONS?**

Call Us: (305) 338-0451

OUR ADDRESS:
21110 Biscayne Blvd
Suite 203
Miami, FL 33180

IMPORTANT INFORMATION FOR THOSE ATTENDING



**STAY HOME
IF SICK**

**WEAR
A MASK**



**STAY
6FT APART**



**WASH
HANDS**

