

JULY 2024 EVENT CALENDAR - JOIN US!
















Monday

Tuesday

Wednesday

Thursday

Friday

1  • Individual Therapy	2  • Poetry 10a • Exercises 11a	3  • Table Games 10a • Dominoes 11a	4 	5  Independence Day 9:00 am
8  • Individual Therapy	9  • Nutrition 10a • Exercises 11a	10  • Emotional Therapy 10a • Stretching 11a	11  • Zumba 10a • Bingo 11a	12  New Patients 9:00 am
15  Welcome NP Breakfast	16  • Karaoke 10a • Exercises 11a	17  • Table Games 10a • Dominoes 11a	18  • Zumba 10a • Bingo 11a	19  Colombian independence day 9:00 am
22  • Individual Therapy	23  • Nutrition 10a • Exercises 11a	24  • Emotional Therapy 10a • Stretching 11a	25  • Zumba 10a • Bingo 11a	26  Birthday Party 9:00 am
29  • Individual Therapy	30  • Karaoke 10a • Exercises 11a	31  • Table Games 10a • Dominoes 11a		

GREENACRES LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 561-633-1484

OUR ADDRESS:
3387 S. Jog Rd
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IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME
IF SICK

WEAR
A MASK



STAY
6FT APART



WASH
HANDS

