

Monday

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## JULY 2024 EVENT CALENDAR - JOIN US!

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Monday	Tuesday	weanesaay	inursday	Friday
ACEPTANDO NUEVOS PACIENTES	Tai Chi / Ruben  BINGO 11AM	YOGA CHAIR 10AM 10AM KARAOKE 11AM	SORRY WERE CLOSED	5 HAPPY July PARTY
8	9 Tai Chi / Ruben 10AM PELUQUEROS	PAJAMA PAJAMA PIJAMA PARTY 11AM	TALLER DE SUCULENTA 11AM	12 ACCUPATION PARTY 11AM
15	Tai Chi / Ruben 10AM BINGO 11AM	17 YOGA CHAIR 10AM DIA DE JUEGO 11AM	18 ZUMBA 10AM  BATIDOS 11AM	19 80' PARTY 11AM
22	23Tai Chi / Ruben 10AM SUBASTA 11AM	24 YOGA CHAIR 10AM CHEF 11AM	25 ZUMBA 10AM TALLER DE VELAS 11AM	BIRTHDAY BIRTHDAY BIRTHDAY 11AM
29	Tai Chi / Ruben  MANUALIDADES 11AM	31 YOGA CHAIR 10AM PINTURA 11AM		

Wednesday Thursday

## **KISSIMMEE LOCATION**



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and wellbeing through physical and mental activities. Food, music, raffles & prizes!

**To View All Our Locations** Visit: MedFloridaWellness.com



**NEED TRANSPORTATION? ANY QUESTIONS?** 



Call Us:

español 4321-335-9777

**OUR ADDRESS: 819 N CENTRAL AVE. KISSIMMEE FL 34741** 

## **IMPORTANT INFORMATION FOR THOSE ATTENDING**







