












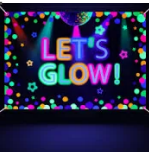






# JULY 2024 EVENT CALENDAR-JOIN US!

Monday	Tuesday	Wednesday	Thursday	Friday
1 Breakfast AND LUNCH <b>PLANNING DAY</b>	2 Breakfast AND LUNCH  <b>BOARD GAME</b>	3  <b>PARTY 11:00AM</b>	4  <b>Closed for the Holiday</b>	5  <b>WELCOME NP 11:00AM</b>
8 Breakfast AND LUNCH <b>PLANNING DAY</b>	9 Breakfast AND LUNCH  <b>BOARD GAME</b>	10  <b>CAMOUFLAGE DAY 11:00AM</b>	11 Breakfast AND LUNCH  <b>BOARD GAME</b>	12  <b>YOGA 11:00AM</b>
15 Breakfast AND LUNCH <b>PLANNING DAY</b>	16 Breakfast AND LUNCH  <b>BOARD GAME</b>	17  <b>COMBOY DAY 11:00AM</b>	18 Breakfast AND LUNCH  <b>BOARD GAME</b>	19  <b>MUSIC THERAPY 11:00AM</b>
22 Breakfast AND LUNCH <b>PLANNING DAY</b>	23 Breakfast AND LUNCH  <b>BOARD GAME</b>	24  <b>11:00AM</b>	25 Breakfast AND LUNCH  <b>BOARD GAME</b>	26  <b>KARAOKE 11:00AM</b>
29 Breakfast AND LUNCH <b>PLANNING DAY</b>	30 Breakfast AND LUNCH  <b>BOARD GAME</b>	31  <b>11:00AM</b>		

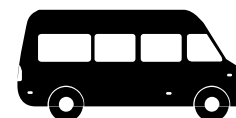
## MIAMI LAKES LOCATION



**MedFlorida**  
Wellness Centers

Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations  
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED  
TRANSPORTATION?  
ANY QUESTIONS?

**Call Us: (786) 362-4529**

### OUR ADDRESS:

**15700 NW 67TH Ave suite  
201, Miami Lakes, FL 33014**

## IMPORTANT INFORMATION FOR THOSE ATTENDING



**STAY HOME  
IF SICK**

**WEAR  
A MASK**



**STAY  
6FT APART**



**WASH  
HANDS**

