






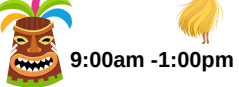







# JULY 2024 EVENT CALENDAR-JOIN US!

Monday	Tuesday	Wednesday	Thursday	Friday
1  Nutrition Class	2 <b>DOMINOS DAY</b> 	3	4 <i>4<sup>th</sup> of July</i> <i>Sorry We're</i> <b>CLOSED</b>	5
8  Zumba Class 9:00am -1:00pm	9  <b>BINGO</b> 9:00am -1:00pm	10	11  SUN GLASS PARTY 9:00am -1:00pm	12
15  Nutrition Class 9:00am -1:00pm	16  Arts and Crafts 9:00am -1:00pm	17	18 <b>ALOHA PARTY</b>  9:00am -1:00pm	19
22  Zumba Class 9:00am -1:00pm	23  <b>BINGO</b> 9:00am -1:00pm	24	25 <b>JULY</b>  Birthdays 9:00am -1:00pm	26
29  Nutrition Class 9:00am -1:00pm	30  Arts and Crafts 9:00am -1:00pm	31		

## PSL East Location



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations  
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED  
TRANSPORTATION?  
ANY QUESTIONS?

**Call Us: (772-307-9456)**

**OUR ADDRESS:**  
**9109 S. US 1 Highway,**  
**Suite 101,**  
**Port St. Lucie FL, 34952**

## IMPORTANT INFORMATION FOR THOSE ATTENDING



**STAY HOME  
IF SICK**

**WEAR  
A MASK**



**STAY  
6FT APART**



**WASH  
HANDS**

