

AUGUST 2026 - EVENT CALENDAR - JOIN US !



Monday

Tuesday

Wednesday

Thursday

Friday

3 	4  DOMINO 10AM	5  MUSIC CLASS 11 AM ZUMBA 10 AM	6  KARAOKE TABLE GAMES 10 AM	7  BACK TO SCHOOL PARTY 9 AM
10 	11  MOVIE TIME 11AM YOGA 10 AM	12  ZUMBA 10 AM	13  ARTS AND CRAFTS 10 AM	14  CARIBBEAN HERITAGE CELEBRATION 9 AM
17 	18  COFFEE DAY BINGO 10AM	19  MUSIC CLASS 11 AM ZUMBA 10 AM	20  NATIONAL SENIOR CITIZENS DAY KARAOKE 10 AM	21  SENIOR CRUISE PARTY DAY 9AM
24 	25  YOGA 10 AM	27  ZUMBA 10 AM	28  HAIR SALON DAY KARAOKE 10AM	29  BIRTHDAY'S 9AM

KISSIMMEE- LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 407-923-2647

OUR ADDRESS:
819 NORTH CENTRAL AVE,
KISSIMMEE FL, 34741.

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME IF YOU ARE SICK



BACK TO SCHOOL PARTY!

*Let's celebrate learning,
laughter and new beginnings!*

★ **FRIDAY** ★
AUGUST 7, 2026

PARTY STARTS AT
9:00 AM

TRANSPORTATION
AVAILABLE
FOR SENIORS

HEALTHY
SNACKS
WILL BE
SERVED!

819 North Central Ave.
Kissimmee, FL 34741

407-444-1456

★ Event for Seniors ★

CARIBBEAN HERITAGE CELEBRATION!

CELEBRATING OUR CULTURE,
MUSIC, FOOD & TRADITIONS!

ENJOY:

- Caribbean Music
- Cultural Performances
- Raffles & Prizes
- Fun & Fellowship
- Healthy Snacks & Refreshments
- And much more!

★ **FRIDAY** ★
AUGUST 14, 2026

PARTY STARTS AT
9:00 AM

819 North Central Ave.
Kissimmee, FL 34741

407-444-1456
Event for Seniors

HEALTHY
SNACKS
WILL BE
SERVED!

Senior Cruise Party DAY PARTY!

★ **FRIDAY** ★
AUGUST 21, 2026

PARTY STARTS AT
9:00 AM

JOIN US FOR:



Music
& Fun

Games
& Activities

Raffles
& Prizes

Healthy
Snacks &
Refreshments

Good
Vibes!

HEALTHY
SNACKS
WILL BE
SERVED!

819 North Central Ave.
Kissimmee, FL 34741

407-444-1456

TRANSPORTATION
AVAILABLE
FOR SENIORS

★ Event for Seniors ★

BIRTHDAY AUGUST! ♥

LET'S CELEBRATE YOU!



FRIDAY
AUGUST 28, 2026



PARTY STARTS AT
9:00 AM



819 North Central Ave.
Kissimmee, FL 34741

JOIN US FOR:

- Birthday Celebrations
- Music & Fun
- Games & Activities
- Raffles & Prizes
- Healthy Snacks & Refreshments
- And much more!

HEALTHY
SNACKS
WILL BE
SERVED!

819 North Central Ave.
Kissimmee, FL 34741

407-444-1456

TRANSPORTATION
AVAILABLE
FOR SENIORS

★ Event for Seniors ★