



MAY 2026 - EVENT CALENDAR - JOIN US !






















Monday

Tuesday

Wednesday

Thursday

Friday

| | | | | |
|---|--|---|--|---|
| 28 | | | | 1  PARTY 9AM |
| 4  | 5  | 6  ZUMBA 10 AM | 7  KARAOKE 10 AM | 8  MOTHER'S DAY 9am |
| 11  DOMINO 10 AM | 12  YOGA 10 AM | 13  ZUMBA 10 AM | 14  KARAOKE 10 AM | 15  Festival of Flowers 9am |
| 18  DOMINO 10 AM | 19  YOGA 10 AM | 20  ZUMBA 10 AM | 21  KARAOKE 10 AM | 22  Back to 80's 9Am |
| 25  | 26  YOGA 10 AM | 27  ZUMBA 10 AM | 28  KARAOKE 10 AM | 29  HAPPY BIRTHDAY 9am |

KISSIMMEE- LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 407-923-2647

OUR ADDRESS:
819 NORTH CENTRAL
AVE, KISSIMMEE
FL, 34741.

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME IF YOU ARE SICK

MEDICARE RECIPIENTS LEARN MORE ABOUT:

PRIMARY CARE
MEDICAL CENTER



PHARMACY: FREE RX
HOME DELIVERY*



FREE FUN WEEKLY
EVENTS: FOOD,
DANCING & MORE*



WALK-IN URGENT CARE
CENTER



WATCH FREE CLASSIC
MOVIES ON THE
WEEKEND &
GENERAL
INFO WEEKDAYS



MEDFLORIDA.TV

SOCIAL SERVICES: FREE
APPLICATION HELP



EN ESPAÑOL



SCAN THE CODE TO SEE THESE
OPTIONS ON YOUR PHONE

OR VISIT ONLINE:
medflorida.info/well

ESCANEE EL CÓDIGO PARA
VER ESTAS OPCIONES EN SU
TELÉFONO

O VISITE PAGINA WEB:
medflorida.info/bien



*FOR MEDICARE
RECIPIENTS

Questions?

JONATHAN

TEL:-407-923-2647