






















NOVEMBER 2021 EVENT CALENDAR - JOIN US!

Monday Tuesday Wednesday Thursday Friday

1 ZUMBA 10:30 AM CLASE INGLES 11:30 AM 	2 FALL PREVENTION CHAT 10 AM	3 	4 FALL PREVENTION CHAT 10 AM	5 
8 ZUMBA 10:30 AM CLASE INGLES 11:30 AM 	9 DOMINO TOURNAMENT 9 AM - 3 PM 	10 	11 PAINTING 10 AM 	12 CRAZY SOCKS & BIRTHDAY PARTY 11 AM 
15 ZUMBA 10:30 AM CLASE INGLES 11:30 AM 	16 ZUMBA 10:30 AM  CHRISTMAS CRAFTS 12PM	17 	18 BINGO CELEBRANDO LA HISPANIDAD 	19 PARRANDA BORICUA SON 1 - 4 PM 
22 ZUMBA 10:30 AM CLASE INGLES 11:30 AM 	23 ZUMBA 10:30 AM 	24 	25 HAPPY  THANKSGIVING 	26 
29 ZUMBA 10:30 AM CLASE INGLES 11:30 AM 	30 ZUMBA 10:30 AM 			

KISSIMMEE LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!
View all locations and events:
[MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED TRANSPORTATION?
QUESTIONS?

Call Us: 407-288-8242

OUR ADDRESS:
819 N. CENTRAL AVE
KISSIMMEE, FL 34741

IMPORTANT INFORMATION FOR THOSE ATTENDING

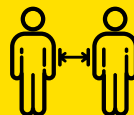


**STAY
HOME
IF SICK**

WEAR A MASK



STAY 6FT APART



WASH HANDS

