MAR2023 EVENT CALENDAR-JOIN US!

Monday	Tuesday N	Wednesday	Thursday	Friday
		1	2	3
			Crossword or Puzzles 10 am	Mandala Class 10 am
6 EVENT PRED	⁷ BINGO	8	9	10
DAY	Bingo Party 10:00 am		Paint Day 10 am	Karaoke Day 10 am
13 EVENT	14	15	16	17
DAY	Game Day Party 10:00 AM		Art Craft 10:00 AM	Crossword or Puzzles 10 am
20 EVENT	21 dance dance	22	23	24
DAY	Zumba Party 10:00 AM		Crossword or Puzzles 10 am	Art Craft 10:00 AM
27 EVENT	28	29	30	31
DAY	Birthday Party 10:00 AM		Crossword or Puzzles 10 am	Karaoke Day 10 am

DEERFIELD LOCATION

Wellness Centers

Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations Visit: <u>MedFloridaWellness.com</u>



NEED TRANSPORTATION? ANY QUESTIONS?

Call Us: 786-715-0634

OUR ADDRESS:

1950 West Hillsboro Blvd Suite 105 Deerfield Beach, FL 33442

IMPORTANT INFORMATION FOR THOSE ATTENDING









