

MARCH 2025 - EVENT CALENDAR - JOIN US!

Monday Tuesday Wednesday Thursday Friday

3  ART & CRAFT 10AM	4  BOARD GAMES 10AM	5  EXERCISES 10AM WOMAN'S DAY	6  CHAIR EXERCISE 10AM	7 EVENT PREP DAY
10  BINGO 10AM	11  BOARD GAMES 10AM	12  EXERCISES 10AM SUPER BINGO	13  SPANISH CLASS 10AM	14 EVENT PREP DAY
17  DOMINOS CHAMPIONSHIP 10AM	18  BOARD GAMES 10AM	19  EXERCISES 10AM SAINT PATRICK'S DAY	20  CHAIR EXERCISE 10AM	21 EVENT PREP DAY
24  ART & CRAFT 10AM	25  BOARD GAMES 10AM	26  EXERCISES 10AM HAPPY BIRTHDAY	27  SPANISH CLASS 10AM	28 EVENT PREP DAY
31  BINGO 10AM	1	2	3	4

45TH ST LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 561-633-1484

OUR ADDRESS:
4477 Medical Center Way,
Suite A
WPB, FL 33407

IMPORTANT INFORMATION FOR THOSE ATTENDING



**STAY HOME
IF SICK**

**WEAR
A MASK**



**STAY
6FT APART**



**WASH
HANDS**



MEDICARE RECIPIENTS LEARN MORE ABOUT:

**PRIMARY CARE
MEDICAL CENTER**



**PHARMACY: FREE RX
HOME DELIVERY***



**FREE FUN WEEKLY
EVENTS: FOOD,
DANCING & MORE***



**WALK-IN URGENT CARE
CENTER**



**WATCH FREE CLASSIC
MOVIES ON THE
WEEKEND &
GENERAL
INFO WEEKDAYS**



MEDFLORIDA.TV

**SOCIAL SERVICES: FREE
APPLICATION HELP**



EN ESPAÑOL



**SCAN THE CODE TO SEE THESE
OPTIONS ON YOUR PHONE**

OR VISIT ONLINE:
medflorida.info/well

**ESCANEE EL CÓDIGO PARA
VER ESTAS OPCIONES EN SU
TELÉFONO**

O VISITE PAGINA WEB:
medflorida.info/bien



***FOR MEDICARE
RECIPIENTS**

Questions? Call Indira TEL: 561-633-1484