










# FEBRUARY 2023 EVENT CALENDAR - JOIN US!

Monday    Tuesday    Wednesday    Thursday    Friday

		1	2  TWIN day 11AM	3
6  Nutrition & Exercise 11 AM	7	8	9  Valentines Party 11AM	10
13  Nutrition & Exercise 11 AM	14	15	16  February Birthday Party 11AM	17
20  Nutrition & Exercise 11 AM	21	22	23  Luau 11AM	24  Welcome New Patients 11AM
27  Nutrition & Exercise 11 AM	28			

## PORT ST LUCIE LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

View all locations and events:  
[MedFloridaWellness.com](http://MedFloridaWellness.com)



NEED TRANSPORTATION?  
QUESTIONS?



Call Us:  
**772-834-9082**

**OUR ADDRESS:**  
9109 S US Hwy 1  
Suite 103  
Port Saint Lucie, FL 34952

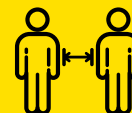
## IMPORTANT INFORMATION FOR THOSE ATTENDING



WEAR A MASK



STAY 6FT APART



WASH HANDS

