


# NOVEMBER 2021 EVENT CALENDAR - JOIN US!

Monday Tuesday Wednesday Thursday Friday

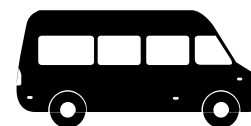
1  <b>Nutrition Coach Talk 11AM</b>	2	3  <b>BINGO 11AM</b>	4	5  <b>HAT Party 11AM</b>
8  <b>Nutrition Coach Talk 11AM</b>	9 <b>Meet &amp; Greet 2-3 PM</b>	10  <b>MOVIE &amp; LUNCH 12 PM</b>	11	12  <b>Elvis Tribute to Veterans 11AM</b>
15  <b>Nutrition Coach Talk 11AM</b>	16	17  <b>BINGO 11AM</b>	18	19  <b>November Birthday Party 11AM</b>
22  <b>Nutrition Coach Talk 11AM</b>	23	24  <b>MOVIE &amp; LUNCH 12 PM</b>	25  <b>THANKSGIVING</b>	26 
29  <b>Nutrition Coach Talk 11AM</b>	30  <b>New Patient Welcome Breakfast 10 AM</b>			

## PORT ST LUCIE LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

**View all locations and events:**  
[MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED TRANSPORTATION?  
QUESTIONS?

**Call Us: 772-834-9082**

**OUR ADDRESS:**  
**9109 S US Hwy 1**  
**Suite 103**  
**Port Saint Lucie, FL 34952**

## IMPORTANT INFORMATION FOR THOSE ATTENDING

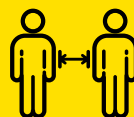


**STAY  
HOME  
IF SICK**

**WEAR A MASK**



**STAY 6FT APART**



**WASH HANDS**

