

SEPTEMBER 2023 - EVENT CALENDAR - JOIN US!







Monday

Tuesday

Wednesday

Thursday

Friday

				 <ul style="list-style-type: none"> • Welcome NP • Roman Empire 9:00am
 <p>CLOSED</p>	 <ul style="list-style-type: none"> • Poetry 10a • Exercises 11a 	 <ul style="list-style-type: none"> • Table Games 10a • Dominoes 11a 	 <ul style="list-style-type: none"> • Zumba 10a • Bingo 11a 	 <p>9:00am</p>
 <ul style="list-style-type: none"> • Individual Therapy 	 <ul style="list-style-type: none"> • Handcraft 10a • Exercises 11a 	 <ul style="list-style-type: none"> • Emotional Therapy 10a • Dominoes 11a 	 <ul style="list-style-type: none"> • Zumba 10a • Bingo 11a 	 <p>Music Therapy Ecological 9:00am</p>
 <p>Welcome NP Breakfast</p>	 <ul style="list-style-type: none"> • Nutrition 10a • Exercises 11a 	 <ul style="list-style-type: none"> • Emotional Therapy 10a • Dominoes 11a 	 <ul style="list-style-type: none"> • Zumba 10a • Bingo 11a 	 <p>9:00am</p>
 <ul style="list-style-type: none"> • Individual Therapy 	 <ul style="list-style-type: none"> • Handcraft 10a • Exercises 11a 	 <ul style="list-style-type: none"> • Emotional Therapy 10a • Dominoes 11a 	 <ul style="list-style-type: none"> • Zumba 10a • Bingo 11a 	 <p>Birthday Party 9:00am</p>

GREENACRES LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 561-633-1484

OUR ADDRESS:

3387 S. Jog Rd
Suite 106
Greenacres, FL 33467

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME
IF SICK

WEAR
A MASK



STAY
6FT APART



WASH
HANDS

