

# SEPTEMBER 2023 EVENT CALENDAR - JOIN US!






















Monday

Tuesday

Wednesday

Thursday

Friday

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4 	5 <b>MOVIE</b> 	6  <b>SOCIAL PARTY</b> 	7 <b>RECREATIONAL ACTIVITY</b> 	8 <b>KARAOKE</b> 
11  <b>ICE CREAM</b>	12  <b>DANCE THERAPY</b>	13 <b>SPANISH DAY</b> 	14 <b>CRAFTS</b> 	15  <b>COSTA RICA INDEPENDENCE</b>
18  <b>AREPAS DAY</b>	19 <b>SMOOTHIE DAY</b>	20  <b>KARAOKE PARTY</b> 	21 <b>PAJAMA PARTY</b> 	22  <b>FAVORITE COLOR</b>
25 <b>THEATER</b> 	26  <b>DESSERT DAY</b>	27 <b>BDAY OF THE MONTH</b> 	28  <b>SPA MARY KAY</b>	29  <b>NUTRITION</b>

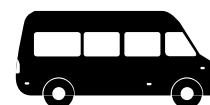
**MIAMI LAKES**



**MedFlorida**  
Wellness Centers

Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations  
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED  
TRANSPORTATION?  
ANY QUESTIONS?

**Call Us: 786-207-8242**

**OUR ADDRESS:**

15700 NW 67th Ave suite  
201, Miami Lakes, FL  
33014

**IMPORTANT INFORMATION FOR THOSE ATTENDING**



**STAY HOME  
IF SICK**

**WEAR  
A MASK**



**STAY  
6FT APART**



**WASH  
HANDS**

