# SEPTEMBER 2023 EVENT CALENDAR - JOIN US!

| Monday | Tuesday | Wednesday                            | ' Thursday | Friday |
|--------|---------|--------------------------------------|------------|--------|
|        |         |                                      | 1          | 2      |
| 4      | 50      | Nutrition/ Exercises & Bingo 10:00am | 7          | 8      |
| 11     | 12      | Music Therapy<br>10:00am             | 14         | 15     |
| 18     | 19      | Nutrition/ Exercises & Bingo 10:00am | 21         | 22     |
| 25     | 26      | Meet Marilyn<br>Monroe 11 AM         | 28         | 29     |

## **45th St LOCATION**



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and wellbeing through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations Visit: MedFloridaWellness.com



**ANY QUESTIONS?** 

Call Us: 561-633-1484

# **OUR ADDRESS:**

**4477 Medical Center** Way, West Palm Beach, FL 33407

### IMPORTANT INFORMATION FOR THOSE ATTENDING





















# Wednesday, September 27th at 11:00 AM

4477 Medical Center Way # A, West Palm Beach, FL 33407 RSVP CALL: **561-633-1484** 





