

MAY 2026 - EVENT CALENDAR - JOIN US!

Monday Tuesday Wednesday Thursday Friday

				1 EVENT PREP DAY
4  Sorry WE'RE CLOSED	5  Sorry WE'RE CLOSED	6  HAPPY Mother's Day EXERCISES 10AM MOTHER'S DAY	7  COGNITIVES ACTIVITIES 10AM	8 EVENT PREP DAY
11  ZUMBA CLASS CHAMPIONSHIP 10AM	14  BOARD GAMES 10 AM	15  EXERCISES 10AM BACK TO THE 80'S	16  CHAIR EXERCISE 10AM	17 EVENT PREP DAY
18  ART & CRAFT 10AM	19  BOARD GAMES 10 AM	20  EXERCISES 10AM SUPER BINGO	21  COGNITIVES ACTIVITIES 10AM	22 EVENT PREP DAY
25  CLOSED MEMORIAL DAY	26  BOARD GAMES 10 AM	27  EXERCISES 10AM HAPPY BIRTHDAY	28  CHAIR EXERCISE 10AM	29 EVENT PREP DAY

45TH ST LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 561-633-1484

OUR ADDRESS:
4477 Medical Center Way,
Suite A
WPB, FL 33407

IMPORTANT INFORMATION FOR THOSE ATTENDING



STAY HOME
IF SICK

WEAR
A MASK



WASH
HANDS



MEDICARE RECIPIENTS LEARN MORE ABOUT:

**PRIMARY CARE
MEDICAL CENTER**



**PHARMACY: FREE RX
HOME DELIVERY***



**FREE FUN WEEKLY
EVENTS: FOOD,
DANCING & MORE***



**WALK-IN URGENT CARE
CENTER**



**WATCH FREE CLASSIC
MOVIES ON THE
WEEKEND &
GENERAL
INFO WEEKDAYS**



MEDFLORIDA.TV

**SOCIAL SERVICES: FREE
APPLICATION HELP**



EN ESPAÑOL



**SCAN THE CODE TO SEE THESE
OPTIONS ON YOUR PHONE**

OR VISIT ONLINE:
medflorida.info/well

**ESCANEE EL CÓDIGO PARA
VER ESTAS OPCIONES EN SU
TELÉFONO**

O VISITE PAGINA WEB:
medflorida.info/bien



***FOR MEDICARE
RECIPIENTS**

Questions? Call Indira TEL: 561-633-1484