

SEPTEMBER 2025 - EVENT CALENDAR - JOIN US!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1  HAPPY LABOR DAY	2  PARTY TIME 10AM	3  YOGA CLASS 10AM	4  ZUMBA 10AM	5  EXERCISES 10AM
8 EVENT PREP DAY	9  BLUE PARTY 10AM	10  NUTRITION CLASS 10AM	11  ART CLASS 10AM	12  EXERCISES 10AM
15 EVENT PREP DAY	16  PARTY 10AM	17  TECNOLOGY CLASS 10AM	18  DOMINO GAME 10AM	19  EXERCISES 10AM
22 EVENT PREP DAY	23  BINGO PARTY 10AM	24  NUTRITION CLASS 10AM	25  CROCHET 10AM	26  EXERCISES 10AM
29 EVENT PREP DAY	30  BIRTHDAY PARTY 10AM			

DEERFIELD LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 561-975-3871

OUR ADDRESS:
1950 W Hillsboro Blvd Suite
105, Deerfield Beach, FL
33442

IMPORTANT INFORMATION FOR THOSE ATTENDING

STAY HOME
IF SICK



WEAR
A MASK



STAY
6FT APART



WASH
HANDS



MEDICARE RECIPIENTS LEARN MORE ABOUT:

**PRIMARY CARE
MEDICAL CENTER**



**PHARMACY: FREE RX
HOME DELIVERY***



**FREE FUN WEEKLY
EVENTS: FOOD,
DANCING & MORE***



**WALK-IN URGENT CARE
CENTER**



**WATCH FREE CLASSIC
MOVIES ON THE
WEEKEND &
GENERAL
INFO WEEKDAYS**



MEDFLORIDA.TV

**SOCIAL SERVICES: FREE
APPLICATION HELP**



EN ESPAÑOL



**SCAN THE CODE TO SEE THESE
OPTIONS ON YOUR PHONE**

OR VISIT ONLINE:
medflorida.info/well

**ESCANEE EL CÓDIGO PARA
VER ESTAS OPCIONES EN SU
TELÉFONO**

O VISITE PAGINA WEB:
medflorida.info/bien



***FOR MEDICARE
RECIPIENTS**

Questions? Please call: 561-975-3871