## SEPTEMBER 2025 - EVENT CALENDAR - JOIN US!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLOSED	PAINTING 10.00AM	CRAFTS BEAUTY SALON 10.00AM	EVENT AT LAUDERHILL WELLNESS 10:00AM	BOARD GAMES 10.00AM
8 EVENT PREP DAY	MUSIC THERAPY 10.00AM	ART THERAPY BEAUTY SALON 10:00 AM	EVENT AT LAUDERHILL WELLNESS 10:00AM	CRAFTS 10.00AM
NUTRITION CLASS 10.00AM	BOARD GAMES 10.00AM	BINGO BEAUTY SALON 10:00AM	18 EVENT AT LAUDERHILL WELLNESS 10:00AM	BOARD GAMES 10.00AM
EVENT PREP DAY	PAINTING 10.00AM	CRAFTS BEAUTY SALON 10.00 AM	EVENT AT LAUDERHILL WELLNESS 10:00AM	CRAFTS 10.00AM
NUTRITION CLASS	BOARD GAMES 10.00AM			

## **TAMARAC LOCATION**



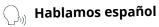
Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and wellbeing through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations Visit: MedFloridaWellness.com



**NEED** TRANSPORTATION? **ANY QUESTIONS?** 

Call Us: (561) 975-3871



**OUR ADDRESS:** 7900 N University Dr, Tamarac, FL 33321

## <u>IMPORTANT INFORMATION FOR THOSE ATTENDING</u>









## MEDICARE RECIPIENTS LEARN MORE ABOUT:

PRIMARY CARE MEDICAL CENTER



PHARMACY: FREE RX HOME DELIVERY\*



FREE FUN WEEKLY EVENTS: FOOD, DANCING & MORE\*



WALK-IN URGENT CARE CENTER



WATCH FREE CLASSIC
MOVIES ON THE
WEEKEND &
GENERAL
INFO WEEKDAYS

**MEDFLORIDA.TV** 

SOCIAL SERVICES: FREE APPLICATION HELP



**EN ESPAÑOL** 



SCAN THE CODE TO SEE THESE OPTIONS ON YOUR PHONE

**OR VISIT ONLINE:** medflorida.info/well

ESCANEE EL CÓDIGO PARA VER ESTAS OPCIONES EN SU TELÉFONO

**O VISITE PAGINA WEB:** medflorida.info/bien



\*FOR MEDICARE RECIPIENTS

Questions? Please call: (561) 975-3871