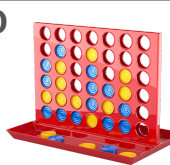


NOVEMBER-2025- EVENT CALENDAR - JOIN US!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 EVENT PREP DAY	4  PARTY 10AM	5  NUTRITION CLASS 10AM	6  BOARD GAMES 10AM	7  EXERCISES 10AM
10 EVENT PREP DAY	11  AUTUMN PARTY 10AM	12  TECNOLOGY CLASS 10AM	13  BOARD GAMES 10AM	14  EXERCISES 10AM
17 EVENT PREP DAY	18  PARTY 10AM	19  YOGA 10AM	20  BOARD GAMES 10AM	21  EXERCISES 10AM
24 EVENT PREP DAY	25  THANKSGIVING PARTY 10AM	26  NUTRITION CLASS 10AM	27  HAPPY THANKS GIVING	28  SORRY WE'RE CLOSED

DEERFIELD LOCATION



Our purpose is to provide a healthy, safe and fun environment for our Florida Seniors to encourage and promote happiness, good health and well-being through physical and mental activities. Food, music, raffles & prizes!

To View All Our Locations
Visit: [MedFloridaWellness.com](https://www.MedFloridaWellness.com)



NEED
TRANSPORTATION?
ANY QUESTIONS?

Call Us: 561-975-3871

OUR ADDRESS:
1950 W Hillsboro Blvd Suite
105, Deerfield Beach, FL
33442

IMPORTANT INFORMATION FOR THOSE ATTENDING



**STAY HOME
IF SICK**

**WEAR
A MASK**



**STAY
6FT APART**



**WASH
HANDS**





Let's give thanks together

PLEASE JOIN US FOR A
THANKSGIVING PARTY

1950 W Hillsboro Blvd Suite 105, Deerfield Beach, FL 33442

November 25 / 10:00 am

RSVP: 561-975-3871