
Privacy Policy

Effective Date: [5/4/2025]

Welcome to NutraFit! Your privacy is important to us. This Privacy Policy explains how we collect, use, and protect your personal information when you visit our website.

1. Information We Collect

We may collect the following types of information:

- Personal details (such as name, email, phone number) when you submit forms or sign up for services.
- Usage data (such as IP address, browser type, pages visited) to improve our website experience.
- Payment information when processing transactions.

2. How We Use Your Information

We use collected information to:

- Provide and improve our services.
- Respond to inquiries and customer support requests.
- Send relevant updates and marketing communications (you may opt out at any time).
- Ensure security and prevent fraudulent activities.

3. How We Protect Your Data

We implement security measures to safeguard your information against unauthorized access, alteration, or disclosure. However, no data transmission is entirely secure, so we encourage users to exercise caution when sharing sensitive information online.

4. Third-Party Sharing

We do not sell or share your personal information with third parties except:

- When required by law.
- With trusted partners who help us deliver services (e.g., payment processors, analytics providers).

5. Cookies & Tracking Technologies

Our website may use cookies to enhance user experience. You can modify your browser settings to disable cookies if you prefer.

6. Your Rights

You have the right to:

- Access, update, or request deletion of your personal information.
- Opt out of marketing emails by following the unsubscribe link in our communications.

- Contact us for any concerns regarding data usage at [Your Contact Information].

7. Updates to This Policy

We may update this Privacy Policy periodically. Changes will be posted on this page with an updated effective date.

8. Contact Us

If you have any questions about this policy, please reach out to nutrafitconsulting@gmail.com