

Hey you guys!

I want to tell you about the most selfless person I know! But first I want to take a minute to say that “you guys” is an expression all of us Minnesotans use, right? So with that said I want to nominate the Best Good Guy Gal I’ve ever come across! Jody Hart Cooper!

Jody has worked for Kohl’s for over 20 years. She goes into work every day with a smile, she has regular customers who love her and know her by name. They ask for Jody specifically when they come in to shop. Working in a retail customer service role can be stressful and taxing yet she keeps her positivity alive with her smiling face! Even on black Friday! Jody also volunteers for the Kohls Cares program which hosts numerous charity events throughout the year. She loves people and loves helping them both in her volunteer work but also in her job! I can honestly say I’ve never seen Jody get angry or flustered! (Even when we got lost on the course last year for 45 minutes!)

Jody has also been a hospice volunteer at Quiet Oaks in St. Augusta for over 2 years. Shortly there after her beloved dad died of pancreatic cancer and she started “Team Purple Harts” to join in the fund raiser for the Twin Cities Pancreatic Cancer awareness! She donates blood regularly thru the Red Cross and has recently started volunteering with the Smile Network International. Then there was the “Crew 52” which Jody volunteered to be part of which started months before the Superbowl! With over 10 thousand volunteers Jody was selected as a Volunteer Lead. A role that required she start preparing for 7 months or so in advance.

Oh and I can’t forget to add that she has recruited a few more of us Bengals to golf each year at the GGO!

Jody and her husband Craig have four children and while her kids have flown the nest, her house (or wherever Jody is) remains the focal point for the family. Jody has four grandsons and takes every Tuesday off to drive to Plymouth (from Sauk Rapids) to help babysit! She keeps her family close by organizing family vacations and dinners celebrating all the blessings!

Jody and her husband Craig have been attending Trinity Luthern Church for 22 years. While Craig serves as the director of Christian Outreach, Jody has been volunteering with the Stephan Ministry. Which is a one on one time spent with people who are hurting, in need of support while going thru the grieving process or a diagnosis of cancer. I grabbed the statement she made about herself via FB, she said, “Passionate about whatever I do. My first joys are being a wife and mom. I have a heart for kids, people in need, and most recently the dying”. I admire her because she really knows who she is and continues to walk the walk! Jody works tirelessly and compassionately to share this gift from God!

The most important reason though that Jody is a “good guy” in my point of view is a selfish one...after I lost my son Nick eight years ago Jody took me by the hand and walked with me through the most painful time of my life! While most of my friends avoided me and felt uncomfortable around me Jody said “let’s get together”. So with all the other things Jody had on her plate she made room for me. It is her nature to nurture and help people that are hurting. We would meet and I would talk and she would listen and I would cry and she would cry right along with me....a GIFT I am forever grateful for! Jody Cooper is truly deserving of the honor to be named a Good Guy “Gal”!