

Upcoming Events @ St. Mark's

WEEK OF SEPTEMBER 7, 2025

CYF Education registration is OPEN

It's that time again! There is no fee for our programs, however advanced registration is appreciated for planning purposes. We are excited for the upcoming program year and have made some changes that we hope will work well for your family. Wednesday night education begins THIS WEEK on Sept. 10 and Sunday School begins on Sept. 14. Review the information at stmarks-nsp.org in the Children & Youth tab. You can also register online using this QR code.



CYF Reg Form

Wednesday Night Schedule Kickoff – Sept. 10

5-6pm – Community Dinner, Rees Hall

6-7pm – Faith Formation for all ages

7-7:30pm – Prayer & Praise service, Chapel

Wednesday Community Dinners return – Sept 10

All are welcomed to the table for this homemade meal offered Wednesdays during the school year.

Freewill offering gladly accepted.

Sept 10: beef bowls & salad, Sept 17: pork loin,

Sept 24: baked potato bar

God's Work, Our Hands Day of Service – Sept 14

Mark your calendar for the annual God's Work, Our Hands on Sunday, September 14 after worship. We have a variety of projects for all ages and all abilities. You can help out with things for our church and for the community. City Parks Clean Up (Silver Lake, Joy Park, Casey Lake Park, Gateway Trail); Garden Care at St. Mark's; Parade Prep (Rees Hall); Sunday School Material Prep (Rees Hall); and Sanctuary Clean Up. The list is still growing, so there may be more opportunities next Sunday.

Women's Bible Study Enrichment – Sat. Sept. 20

We will gather in Rees Hall from 9am-12pm for a Bible study, followed by lunch. All women are invited to this annual synodical event previewing the 2025-26 lessons in the *Gather* magazine. The Bible Study leader will be Pastor Carrie Johnson Stiles. Pastor Carrie was a former youth leader here at St. Mark's who is now a Pastor at St. Paul's Lutheran Church in Wyoming. Cost is \$20.00 and registration information is available on the Women's Board in Rees Hall. Contact Virginia Collier 651-777-0584 with questions or more information. ALL women are welcome.

Nonviolent Communication: A Practice of Radical Compassion and Generosity – Sat. Sept. 20

Nonviolent communication is about believing everyone's needs matter and that dialogue can resolve differences peacefully. You will learn listening skills to deepen your relationships at home and work and how to ask for what you want in a way that is more likely to get cooperation. The session will be held at Gustavus Adolphus Chu, St. Paul from 9am-5pm. For more information about this event and others, visit the Saint Paul Area Synod website and subscribe to their weekly email at spas-elca.org/our-synod/newsletter/

St. Mark's to host wellness session – Sun. Sept 21

Sun. Sept. 21 at 10:45 am: Self Care & Mindfulness

Danielle Thornton from MN NAMI will present a wellness seminar reminding us to be mindful of and take care of our own mental health. The session begins at 10:45 am after worship and is open to all ages. Everyone is invited to stop by Fellowship Hall following worship.

More events hosted by our partners at Mental Health Connect can be found at www.mhconnect.org and www.stmarks-nsp.org.

Final Produce Giveaway – Mon. Sept. 22

On Aug 25 we had 12 volunteers from church and 240 visitors at St. Mark's for free produce! We set up outside the chapel on the corner across from North High from **4-6 pm**. No income requirements – just good food shared with neighbors. Thanks to the volunteers, the North St. Paul Food Shelf, and Second Harvest. See you on September 22!

Free! KidsFest – Oct 10, 4-6pm

Bring your kids and invite some friends for a fun afterschool event with face painting, balloon animals, bounce house, bubble artist and treats! A great way to kickoff the weekend! We will set up in the parking lot at St. Mark's. Come for as long as you'd like. *Free of charge.*

Refrigerator Replacement Update

The refrigerator is already up and running in the Fellowship Hall Kitchen. It was paid for entirely by donations. Thank you for your generosity and continued support!

Music Notes

Tom Paulson, Director of Music & Worship

Regular weekly choir rehearsals begin on Wednesday September 17

- Jubilee Handbell Choir (5:45-6:45, in the sanctuary)
- Choir of St. Mark's (7:15-8:30), in the sanctuary

New members are welcomed and encouraged. The first two weeks (Sept 17 and 24) are OPEN REHEARSALS. Anyone who wants to come and listen, sing or ring along is welcome. See Tom Paulson or email tomp@stmarks-nsp.org for more information.

New liturgy this fall beginning Sept 21

We're going to begin learning a new liturgy, Holy Communion Setting 6, ELW pages 165-174. The music is jazz-based, and the Choir of St. Mark's really enjoyed learning it to sing for Jeanette Perrault's ordination. We'll learn about one new song per month to give us all time to absorb it. We'll use the prelude as our rehearsal time, so be sure to **come a little early each Sunday this fall to learn some jazz!**

Coming up in Sunday music...

Sept 14 – Worship Band

Sept 21 – Quartet

Sept 28 – Choir of St. Mark's, Jubilee Handbell Choir

Next Week's Ushering Schedule

Sept 14: Team 2 Capts: Terri Borowick, Carl Hurtgen

It's not too early to start thinking about

Trunk-or-Treat – Sun. Oct. 26, 4-6pm

The chilly weather reminds us that fall events will soon be here. Start planning your theme, trunk décor, or costumes for Trunk-or-Treat – we have very creative folks here at St. Mark's! Last year we had 24 trunks and over 500 costumed kiddos visit our event. If you've participated in previous years or you're a newbie, join us this year!

Mark your calendar for these fall events:

- **Wednesday Dinner/Education Kickoff:** Sept. 10
- **Sunday School Kickoff:** Sept. 14
- **God's Work, Our Hands Service Day and Special Guest, SPAS Bishop Patricia Lull:** Sept. 14
- **North St. Paul Fall Parade:** Sept. 18
- **Self-Care and Mindfulness Session:** Sept. 21
- **KidsFest:** Oct. 10, 4-6pm
- **Red Cross Blood Drive at St. Mark's:** Oct. 13
- **Mission Sunday:** Oct. 19
- **Trunk-or-Treat:** Oct. 26, 4-6pm

News from The St. Mark's Foundation...

Save the dates! On October 5 and 8 we will be celebrating Foundation Week by focusing on the positive impact of recent grants awarded. A brief video will highlight several recipients with photos and comments. Board members will be available to answer questions and share resources after the service. Join us in Rees Hall for conversation and treats. A collection of posters will be on display to recap examples of God's word reaching others.

Weekly Calendar

Sunday, September 7

9:30 am Worship Service, SC

Monday, September 8

6:30 pm Stewardship, office

Tuesday, September 9

9:00 am Morning Bible Study, FS

5:30 pm Finance Mtg, zoom

6:00 pm Property Mtg, FS

6:30 pm Personnel Mtg, LB

6:30 pm Ukulele Group, #102

7:00 pm Foundation Board, #203

Wednesday, September 10

11:00 am Polar Ridge Service

5:00 pm Wednesday Dinner, RH

6:00 pm All Ages Faith Formation

7:00 pm Prayer and Praise Service, LC

Thursday, September 11

8:30 am Breakfast and Bible Study, offsite

Friday, September 12 – Office Closed

Saturday, September 13 – Office Closed

Sunday, September 14

God's Work, Our Hands

9:30 am Worship Service, SC

9:30 am Sunday School

Ministry Staff

Rev. David Bjorklund, *Lead Pastor*
prdavidb@stmarks-nsp.org

Kate Bentley, *Deacon*
deaconkateb@stmarks-nsp.org

Tom Paulson, *Dir. of Music & Worship*
tomp@stmarks-nsp.org

Office Hours

Mon – Thurs: 9:00 am - 1:00 pm

Ph: 651-777-7451

Weekly Worship

Sundays: 9:30 am

Guest WiFi

P3@nutButt3r