



Body Bowl

2 servings

10 minutes

Ingredients

- 1 Carrot (Shredded)
- 1/2 Cucumber (Diced)
- 1/2 cup Quinoa (Soaked And Cooked)
- 2/3 cup Black Beans
- 1/2 Mango (Diced)
- 1 Avocado (Diced)
- 1 tbsp Cilantro (Chopped)
- 2 tbsps Organic Salsa

Directions

- 1 Mix everything together and enjoy!

Notes

Want more protein?, Add shredded cooked chicken or ground beef.