



Pinkalicious Smoothie

1 serving

5 minutes

Ingredients

1 Beet (Large)
1/4 cup Frozen Cranberries
1 1/2 cups Frozen Raspberries
1 tbsp Flaxseed (Ground)
1 tbsp Almond Butter
1/2 Lemon (Squeezed)
1/2 tsp Cinnamon
1 cup Unsweetened Almond Milk

Directions

1 Add all ingredients into a blender. Blend until smooth.

Notes

For added antioxidants..., Add one scoop of Progressive Phyto berry powder.

For added good fats..., Add 1/2 tbsp coconut oil.

Creator of recipe, Recipe created by Lisa Ricciuti of Intelligenteats