



Tuna & Cucumber Sandwich

1 serving
10 minutes

Ingredients

- 1 can Tuna
- 2 tbsps Mayonnaise
- 2 slices Gluten-Free Bread (toasted)
- 1/4 Cucumber (sliced)
- 2 tbsps Sunflower Sprouts (optional)

Directions

- 1 In a small bowl add the tuna and mayonnaise. Mix together until well combined.
- 2 Add the tuna to one piece of the toast and top with cucumber and sprouts, if using. Serve and enjoy!

Notes

Leftovers, Refrigerate leftover tuna in an airtight container for up to three days. For best results, construct sandwich just before enjoying.

More Flavor, Add additional spices or herbs such as cayenne, cumin, dill or garlic.

Additional Toppings, Add sliced avocado or tomato.

No Mayonnaise, Use hummus or yogurt instead of mayonnaise.

No Sunflower Sprouts, Use alfalfa sprouts instead.