



Optimum Innovations, Inc.  
Restaurants | Events

AMAZE | EXCITE.

# CATERING MENU

## 2024 Food Selection Guide

### Planning your event...

Our mission is to create amazing and exciting culinary events, surpassing every client's expectations. Following our client's distinctive vision, we artfully craft unique event experiences in an environment that appeals to all five senses, safeguarding every detail to create exceptional, memorable experiences for every client, every time, at the location of your choosing.



**Mystic Catering**  
— AMAZE | ELEVATE. —

David B. Crompton  
davidbc@mysticcaterers.com



# Mystic Catering

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## Soups (Priced by Selection) & Salads

- Soups (Chowder, Chili, Lobster Bisque, Wedding)
- Tossed Salad with Dressing
- Caesar Salad with Croutons and Dressing
- Field Greens, Grape Tomatoes and Cucumbers
- Tomato Mozzarella and Basil Salad, White Balsamic
- Baby Spinach (grape tomatoes, red onion, bleu cheese)
- Rainbow Tortellini Salad (tomato basil dressing)
- Mediterranean Chickpea Salad
- Chef's Special Own Cole Slaw
- Chef's Special Macaroni Salad (celery, pepper, onion)
- Potato Salad (Dill / Red Bliss Potato, onion & Egg)
- Greek Cucumber Salad
- Oriental Broccoli Salad

## Hot Dishes

- Chicken Parmesan
- Chicken Marsala
- Chicken Piccata
- Italian Grilled Chicken
- Salt & Pepper Rosemary Grilled Chicken
- Crispy Chicken Tenders
- Chicken Bites
- (Buffalo, General Tso's, BBQ, Teriyaki, Sweet Chili)*
- Roasted Turkey with Gravy
- Signature Sausage & Potatoes
- Signature Sausage & Peppers
- Baked Meatballs in Sauce
- Cocktail Meatballs
- Meat Lasagna
- Vegetable Lasagna
- Lasagna Florentine Roll-ups
- Eggplant Parmesan
- Ricotta Stuffed Shells with Mozzarella
- American Chop Suey
- Marinated Sirloin Tips
- Chef's Special Meatloaf
- Herb Roasted Pork Loin
- Smokehouse Pulled Pork
- Smokehouse BBQ Ribs

<i>Small</i>	<i>Large</i>
<u>Serves 10-12</u>	<u>Serves 20-24</u>
PBS	PBS
\$40.00	\$80.00
\$45.00	\$90.00
\$45.00	\$90.00
\$48.00	\$96.00
\$48.00	\$96.00
\$48.00	\$96.00
\$48.00	\$96.00
\$44.00	\$88.00
\$36.00	\$72.00
\$38.00	\$76.00
\$42.00	\$84.00
\$46.00	\$92.00

<i>Small</i>	<i>Large</i>
<u>Serves 10-12</u>	<u>Serves 20-24</u>
\$90.00	\$180.00
\$92.00	\$184.00
\$92.00	\$184.00
\$90.00	\$180.00
\$54.00	\$108.00
\$58.00	\$116.00
\$58.00	\$116.00
\$78.00	\$156.00
\$88.00	\$176.00
\$88.00	\$176.00
\$78.00	\$156.00
\$60.00	\$120.00
\$88.00	\$176.00
\$78.00	\$156.00
\$82.00	\$164.00
\$88.00	\$176.00
\$62.00	\$124.00
\$85.00	\$170.00
\$169.00	\$338.00
\$80.00	\$160.00
\$110.00	\$220.00
\$88.00	\$176.00
\$88.00	\$176.00



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## Hot Dishes

Honey Citrus Salmon  
Asian Teriyaki Salmon  
Seafood Stuffed Sole  
Baked Scrod (*plain, seafood, Florentine*)  
Linguini with Red or White Clam Sauce

<u>Small</u> <u>Serves 10-12</u>	<u>Large</u> <u>Serves 20-24</u>
\$129.00	\$258.00
\$129.00	\$258.00
\$119.00	\$238.00
\$114.00	\$228.00
\$82.00	\$164.00

## Sides

Mashed Potatoes  
Garlic Red Bliss Mashed Potatoes  
Au Gratin Potatoes  
Oven Roasted Red Bliss Potatoes  
Rice Pilaf  
Traditional Sausage Stuffing  
Buttered Egg Noodles  
Macaroni & Cheese  
Penne Pasta with Marinara  
Ranch Beans, Bacon, Onion, Maple  
Sausage & Broccoli Rabe Pasta  
Broccoli Di Rabe, Garlic and Olives  
Broccoli Italiano  
Honey Garlic Carrots  
Healthy Kale & Chourico  
Sautéed Vegetable Medley  
Grilled Vegetable Medley  
Asparagus Almandine  
Green Bean Casserole  
Garlic Herb Cauliflower Rice  
Twice Baked Potatoes  
Loaded Twice Baked Potato (Bacon & Cheddar)

<u>Small</u> <u>Serves 10-12</u>	<u>Large</u> <u>Serves 20-24</u>
\$46.00	\$92.00
\$46.00	\$92.00
\$52.00	\$104.00
\$46.00	\$92.00
\$40.00	\$80.00
\$58.00	\$116.00
\$36.00	\$72.00
\$58.00	\$116.00
\$36.00	\$72.00
\$62.00	\$124.00
\$88.00	\$176.00
\$48.00	\$96.00
\$48.00	\$96.00
\$48.00	\$96.00
\$78.00	\$156.00
\$62.00	\$144.00
\$62.00	\$144.00
\$78.00	\$156.00
\$78.00	\$156.00
\$52.00	\$104.00
\$54.00	\$108.00
\$64.00	\$128.00

## Pizza

BBQ Pork Pizza  
Spicy White Pizza  
Cheese Pizza  
Pepperoni Pizza  
Additional Toppings (each)

## Full Sheet Pan

### 18 Pieces

\$48.00  
\$44.00  
\$38.00  
\$44.00  
\$6.00



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## \*Premium Entree's

- New England Lobster Bake
- Baked Stuffed Lobster
- Seafood Casserole
- Smoked Salmon
- Alaskan King Crab Legs
- T-bone Steak
- Seafood Casserole
- Stonington Sea Scallops
- Beef Wellington
- New England Clam Boil
- Filet Mignon
- Blue Crab Imperial
- Charcuterie Boards

## Priced to Market

- √
- √
- √
- √
- √
- √
- √
- √
- √
- √
- √
- √
- √

*\*Premium entrees are quoted based upon the event guests and timing for the event. It is important to note pricing may change based upon the availability of these products at the time of your event.*

## Horderves

- Jumbo Cocktail Shrimp
- Spring Rolls
- Pork Gyoza
- Cocktail Meatballs
- Scallops Wrapped in Bacon
- Pigs in a Blanket
- Deep Fried Mozzarella Sticks & Marinara
- Sausage Stuffed Mushrooms
- One Bite Crab Cakes
- Charcuterie Board, Sweet and Savory (minimum 40)
- Specialty Passed Horderves
- Spinach Spanakopita
- Boneless Chicken Fingers (Asian, BBQ, or Buffalo)
- Baked, Stuffed Quahogs
- Vegetable Platter

## Priced Per Person

- \$6.50
- \$3.50
- \$4.50
- \$4.50
- \$6.50
- \$3.00
- \$4.00
- \$4.50
- \$6.00
- \$6.50
- \$5.75
- \$4.00
- \$4.50
- \$6.75
- \$5.00

## Desserts

- Giant Cookies & Brownies
- New York Cheesecake & Strawberries
- Death By Chocolate Cake

## Priced Per Person

- \$4.50
- \$8.50
- \$8.50



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## Desserts

- Carrot Cake
- Petite Pastries
- Decadent Chocolate Covered Strawberries
- Gourmet Pastries, Turnovers, and Muffins
- Hershey's Premium Ice Cream

## *Priced Per Person*

- \$8.50
- \$6.00
- \$6.50
- \$4.00
- \$4.00

*Desserts, customized appetizers, creamery, and specialty coffee products are available!*

## Farm-to-Table



Our in-season fruits, edible flowers, poultry, meats, and vegetables are purchased directly from local farmers in our community. Most are purchased and delivered on the day we prepare for an event.

## Booking Your Special Event

Work with your Mystic Catering coordinator to select the perfect date for your event. Once selected, book the event date to ensure our availability.

A 20% deposit is required to book your scheduled event.

Final menu selections for your event must be made no later than the following food order date:



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- *10 – 50 Guests*                      *7 days prior to event*
- *51 – 125 Guests*                     *21 days prior to event*
- *More than 125 Guests*             *30 days prior to event*

Deposits are always refundable up to the food order date listed above. After that time, your deposit is no longer refundable.

Final event payments are expected to be made ten (10) days prior to the event.

Taxes, tips and a 20% gratuity will be added to the menu pricing.

Venue booking fees, party rentals, floral arrangements and other service can be provided at an additional cost.

## **Mystic Catering Co.**

*An Optimum Innovations Company*

Attn: David B. Crompton

2 Roosevelt Avenue

Mystic, CT 06355

(877) 240 – 0498

Email: [davidbc@MysticCaterers.com](mailto:davidbc@MysticCaterers.com)