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## Coaching Staff

Kolton Atkinson - Head Coach / Gabe Goorman - Varsity OC / Ray Makusiewicz - Varsity DC

JR Barnes - Face-Offs & Varsity Midfield

Ian Sime - Goalie Coach/ Strength Coach - Jarron Cozad

Carter Marr - JV Head Coach / Zach Gosselin - JV OC / Rory Nee - JV DC

Jarrett Gouldin- Frosh Coach / Niko Palauni - Frosh Assistant

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## SSO Board

Robynn Whiting - President / Bess Thompson - Treasurer / Akiko Kawumara / Cory Clements / Ted Sargetakis

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## Important Dates

January 6th	Spring practices begin - <i>Signature Sheet Due</i>
First week on field	Spring TRYOUTS (dependent on weather)
January 8th - 4PM	Senior Pictures taken for the Millcreek City Light Pole Banners. Seniors only.
January 15th	Senior Picture Fee Due
February 9th - 23rd	2-weeks Prior Restriction (UHSAA Restricts Coaching Staff. Captain lead practice only)
February 24th	Banner sales deadline (Final date for corporate logo submission, and banner money due)
Feb 27th	Chilifest Fundraiser
March 7th	<i>Games Begin</i>
March 15th	<i>Register My Athlete Due - *sports physical required*</i>
March 18th	Banner hanging After Practice - <i>Must be paid in full</i>
March 22nd	Team Fees Due
April 4th-8th	California Trip (San Marcos & Poway)
May 2nd	Senior Night vs Mountain Ridge
May 9th	Final regular season game Vs Herriman <i>JV uniform and equipment return</i>
May 22nd TBC	Lacrosse Pride and Playoffs Banquet
May 14th-24th	State Tournament <i>Varsity uniform and equipment return</i>

**\*\*Player and Parent Contact Form\*\***



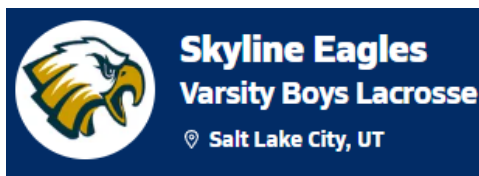
SHS Lacrosse Website : <https://skylinelacrosseut.com> - LOTS OF INFO

SHS Lacrosse Instagram :



SHS Boys Lacrosse Venmo : @SkylineBoysLacrosse-SSO (last 4 digits 7250)

2025 Game Schedule - MaxPreps:



Skyline Lacrosse Fan Gear - Game One: **\*\*CLOSES DECEMBER 15th!!\*\***



Helmet and bag orders. Gold helmets are for Varsity. **\*\*CLOSES DEC 13th!!\*\***



## **MONEY DUE TO SKYLINE HIGH SCHOOL**

**\$656**

Spring Lacrosse Fees are \$656 for the season. This amount will be added to your son's school account. Players/Parents can sell banners & Game sponsorships to offset this cost, \*as a reimbursement\*. Fee waiver application available through the school. School admin can waive fees regardless of Fee Waiver eligibility. We do not want financial constraints to be a barrier for anyone participating in Skyline Lacrosse. Please see Coach Kolton for more information.

**\$975 TBC**

The participation cost is \$975 for each varsity rostered player on this California trip. This will cover the travel, hotel, meals, and activities. Players can sell banners & Game sponsorships to offset this cost, \*as a reimbursement\*. Once again, there are several opportunities for payment plans, waivers, and sponsorships to fund this trip. We do not want financial constraints to be a barrier for anyone participating in Skyline Lacrosse. Please see Coach Kolton for more information.

## **MONEY DUE TO SKYLINE LACROSSE SSO**

**\$115 - Due Jan 15th**

**MILLCREEK CITY LIGHT POLE BANNER - SENIORS ONLY**

Parents must sign a consent form from Millcreek City before they will print banners. Please return the form to Bess Thompson. You can pay SSO by Venmo or check.

## **FUNDRAISING**

### **BANNER INFORMATION - HELP COVER PLAYER FEES**

*Selling banners and/or sponsorships is optional!*

1. Corporate sponsorship - \$2000. If you sell a corporate sponsorship, \$656 will be credited to STUDENT ACCOUNT via school.
2. New Banner - \$500. New banners are those that the SSO club does not already have printed. \$250 will be credited to STUDENT ACCOUNT via school.
3. Banner Renewal - \$400. Renewal banners are those that are already printed and ready to hang. \$250 will be credited to STUDENT ACCOUNT via school.

## SENIOR BANNER PHOTOS

- Wednesday, January 8th
- 4:00 PM - No makeups!
- 1923 E. WALNUT MILL COVE
- WEAR **“NAVY JERSEY”** / STICK / Helmet
- VENMO SKYLINE SSO - \$115 (Comment Senior Player's Name)
- ONCE COMPLETED, PLAYERS HAVE 24 HOURS TO CHOOSE IMAGE FOR BANNER.

## Teamsnap

We will use Teamsnap to communicate this year. The full schedule will be available and coaches will be reachable via Teamsnap. If you have not been invited to Teamsnap for 2025, please make sure that your information is inputted into the contact form before leaving.

## Equipment

The team does have equipment that can be loaned out. However, purchasing your own equipment is encouraged. There is a team store with Tribal West Lacrosse that will include helmets at a discounted rate.

Items ordered through the Tribal West Team Store will be shipped once the store is closed.

Items ordered via Game One will be shipped after December 15th. These are more specialty items. Store will be re-opened in the Spring 2025.

## Practice Info

- Monday - Friday, Times TBD (targeting 6:30 - 8:30)
- Location: Skyline
- We will play lacrosse outside as much as possible, even in the cold
- Weather will impact the time, location, and activity for each practice. We will do our best to notify you of any changes as early as possible.

## Playing Time & Roster Spots

Playing time will not be equal. It is earned through a variety of factors including a player's attitude, work ethic, performance, coachability, communication, treatment of teammates etc.

Roster spots, playing times, and captaincy in previous seasons does not guarantee a similar role this year.

## Spring Break Trip Info

Over Spring Break the varsity team will travel to California to play two games. Players must travel with the team for the duration of the trip. Parents are welcome to travel separately from the team and join for games and events. Roster for this event will be determined at a later date.

- 26 Players
- Departing Friday 4/4/2024
- Returning Tuesday 4/8/2024

## Skyline Men's Lacrosse Patch Values



The patch is a collection of symbols that represent the values of Skyline Men's Lacrosse. These symbols are embroidered onto a patch as a physical reminder of the values we strive to live by in every aspect of our lives.

- **The Traditional Stick**
  - Meaning: Legacy
  - How do you want to be remembered by everyone you interact with? 30 seconds from now? In 1-hour? In 1-year?
- **The Feathers**
  - Meaning: Interdependence
  - We help each other through challenges and lift each other up
- **The Pen Tip**
  - Meaning: Academia
  - We pursue excellence in everything we do, we don't settle for anything less than our best effort
- **The Heart**
  - Meaning: Love
  - We love each other, the kind of love that means helping each other achieve their best. We don't let each other settle and push each other to strive for our best

Players and coaches will earn their patch by living these values. On Fridays, players that earned their patch that week will have their patch ironed onto their hoodie.

Failing to live by the patch values can result in a player/coach losing their patch.

## Team Rules

- **Live by The Patch**
- **Be on time**
  - Be dressed & ready to warm up when practice and warm ups are scheduled to start
- **Practice equipment**
  - Skyline Pennies
  - Black, navy, gray, or white shirts, shorts, hoodies, sweatpants
  - Black or white socks (match cleat color)
- **Communicate with the coaches**
  - Let the coaches know if you will miss or be late to anything via text (Required notice at least 1 hour before practice unless it is an emergency)
  - Missing practice & team events with no communication will result in loss of playing time
- **Be respectful of referees & the competition**
  - Conduct penalties will result in players sitting
    - 1st conduct penalty = 1 quarter out
    - 2nd conduct penalty = 1 half
    - 3rd conduct penalty = 1 game
- **Maintain a minimum of a 2.5 GPA & no Fs**
- **Attend school**
  - Missing class on game day will mean you do not play in the game
- **Missing Practice**
  - If you miss practice the day before a game it can impact the playing time you will receive
- **Take accountability**
- **No bullying/hazing**
  - Bullying and/or hazing will result in disciplinary action and may lead to dismissal from the team

## Parent Responsibilities

- **Be supportive** - Support your student-athlete no matter what happens on the field.
- **Don't compete with the coaches** - Keep in mind that they are balancing the development of your student-athlete with the growth and progress of an entire athletic program and team. Often coaches have many considerations that are not obvious to parents. Provide a positive atmosphere at home about your student-athletes role on the team. Many successful teams are destroyed at home when parents are not supportive of fellow players or coaches and the role their student-athlete has been asked to fulfill.
- **Respect the officials and the opponents** - Do not boo or heckle the officials or opponents. Refrain from using profane or disrespectful language when addressing players, coaches and officials. If the coaches hear this behavior you will be asked to leave. Remember parents set an example for their students.
- **Do not talk with the coaches until Noon the day after the game** - Do not approach coaches after games to discuss playing time or issues with your student-athlete. Allow coaches to have time to prep for the next game & spend quality time with their loved ones.
- **Lend a helping hand at team events** - It takes a village to run a successful program and it can not be done successfully without parent involvement. Please support the SSO & coaches with team events, fundraising, and game day operations by volunteering a few hours of your time throughout the season.



## Communication Guidelines

- **All communication needs to start with the PLAYERS**
  - a. If a parent approaches the coaches first we will remind you that your player should be the one approaching us and we will end the conversation there. We want players to become comfortable communicating & learn how to advocate for themselves.
- **We will not discuss other student-athletes' abilities or playing time**
  - a. Playing time will not be equal
- **Steps to communication**
  - a. Player talks with their coordinator (offense/defense) first
  - b. Player talks with the Head Coach
    - i. With or without the coordinator present, it is up to the player if they feel comfortable with the coordinator being there
  - c. Player and Parents talk with the Head Coach

## Skyline Lacrosse Signature Page

**This page must be turned into the head coach before a player will be allowed to participate in practice beginning on 1/6/2025**

I have read, understand, and agree to the rules outlined on the **Skyline Men's Lacrosse Team Rules** document.

Player Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I have read, understand, and agree to the rules outlined on the **Skyline Men's Lacrosse Parent Responsibilities** document.

Player Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I have read, understand, and agree to the rules outlined on the **Skyline Men's Lacrosse Communication Guidelines** document.

Player Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_