

Family Resource Center newsletter

November/December 2018

CREATING A PARTNERSHIP BETWEEN THE SCHOOL, FAMILY AND COMMUNITY.



IMPORTANT DATES:

November:

- 1 Evening Playgroup
- 2 Breakfast Book Swap
K9 Dog Demonstration
- 9 Books With Babies: Part 1
- 16 Friendsgiving
- 19 Grandparents Support Group
- 28 Circle of Security Intro.
- 30 Books With Babies: Part 2

December:

- 3 Holyoke Children's Museum
- 4 Evening Playgroup
- 7 Home Depot Fieldtrip
- 14 Music & Movement
- 17 Grandparents Support Group

FRC Closed:

- 11/22 & 11/23: Thanksgiving
- 12/25: Christmas Day

No FRC Programs:

- 11/21
- 12/26 to 1/1/19: Winter Break



Enfield Family Resource Centers

Henry Barnard School

27 Shaker Road
Enfield, CT 06082
860-253-5144
Monday - Friday
8:30am to 4:30pm

Stowe Early Learning Center

117 Post Office Road
Enfield, CT 06082
860-253-6580
Monday - Friday
8:30am to 3:00pm

www.enfield-ct.gov/frc

*Support for this work is provided in part by the LEGO® Community Fund U.S.

English:

Interpretation services now available for families in many languages

Spanish:

Los servicios de interpretación ahora están disponibles en muchos idiomas para las familias.

Arabic:

خدمات الترجمة الشفوية متوفرة الآن للأسر، في العديد من اللغات



We are on Facebook! Like "Enfield Family Resource Center" for more information, articles and events!



SUPPORT GROUP

GRANDPARENTS RAISING GRANDCHILDREN SUPPORT GROUP

Monday, November 19th & December 17th
6:00pm - 7:30pm

Stowe Early Learning Center FRC
117 Post Office Road, Enfield

To Register: Call 860-253-5214 or email Heather Benyak: hbenyak@enfield.org

Are you a grandparent raising grandchildren or other relative children? This monthly group offers a chance to learn about the resources available while gaining strength from each other. *Thanks to a new grant from the North Central Area Agency on Aging, children who attend will have the chance to participate in guided discussions with FRC staff about their experiences being raised by their grandparents.*

PLAYGROUPS

LEARNING THROUGH PLAYGROUPS FOR ENFIELD FAMILIES

Henry Barnard School

27 Shaker Road

Mondays

1:45pm to 2:45pm

Wednesdays

9:15am to 10:15am OR
10:45am to 11:45am



Stowe Early Learning Center

117 Post Office Road

Tuesdays

9:15am to 10:15am OR
10:45am to 11:45am

Wednesdays

1:45-2:45pm

Thursdays

9:15am to 10:15am OR
10:45am to 11:45am



Come and join us for songs, stories, play and activities. This is an interactive and educational playgroup for Moms, Dads, Grandparents, caregivers and their children. Bring your children ages birth to five. **You must register to attend.**

For more information on our playgroups, please contact:

Henry Barnard School:

Lisa Carriere at 860-253-4769 or Email: lcarriere@enfield.org

Stowe Early Learning Center:

Erin Grimes at 860-253-6580 or Email: egrimes@enfield.org

NOVEMBER BIRTH-5 EVENTS

EVENING PLAYGROUP

Thursday, November 1st
5:30pm to 6:30pm

Stowe Family Resource Center



Join us for an evening playgroup where we enjoy songs, stories, play with toys and have fun activities. This is an interactive and educational playgroup for parents, grandparents, caregivers and their children.

BREAKFAST BOOK SWAP

Friday, November 2th
9:00am to 10:00am

Stowe Early Learning Center

Bring your old or unwanted children's books to breakfast! Not only will we get to eat a yummy breakfast, we will be doing a book swap and reading stories!



K9 DOG DEMONSTRATION

Friday, November 2th
10:00am

Outside Stowe Early Learning Center

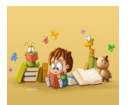
Come see Officer Chris Dufresne with his K9 dog Kodi perform tricks and stunts that you won't want to miss! You will even get a chance to pet Kodi at the end of the demo!

BOOKS WITH BABIES: PART 1&2

Friday, November 9th
Friday, November 30th

10:00am to 11:00am

Stowe Family Resource Center



Join us for our very first books with babies program! This is a "lap sit" story time for children ages birth to age 1. Listen and interact with your baby through books, songs, rhymes and other activities! All babies will receive brand new books to take home! Sign up for one or both sessions and childcare will be available for older siblings!

FRIENDS-GIVING

Friday, November 16th
11:00am to 12:00pm

Stowe Family Resource Center

There are so many things to be thankful for! Come celebrate with friends, there will be crafts, playing, and of course eating! Please see your playgroup Parent Educator if you would like to sign-up to contribute!



Space is limited and you must be an FRC Member to register for each event.

**** Please contact Erin Grimes to register for all events!**

You may email egrimes@enfield.org or call 860-253-6580**

DECEMBER BIRTH-5 EVENTS

CHILDREN'S MUSEUM AT HOLYOKE

Monday, December 3rd
10:00am to 11:30am
444 Dwight St. Holyoke, MA



Science, art, music and building! Come learn through playing in all these different areas at the Children's Museum! A light lunch will be provided for all who attend.

EVENING PLAYGROUP

Tuesday, December 4th
5:30pm to 6:30pm

Family Resource Center at Stowe

Join us for an evening playgroup where the whole room will be open to explore and play! We will end the night with a story, songs and a tasty snack of cookies and milk. Children are encouraged to wear their jammies!

FIELD TRIP TO HOME DEPOT

Friday, December 7th
10:00am to 11:00am

Home Depot, 136 Elm Street



Come down to The Home Depot of Enfield where you will have a chance to make and take a special project with your friends. There will also be a small snack at the end!

MUSIC AND MOVEMENT

Friday, December 14th
10:00am to 11:00am

Henry Barnard Family Resource Center

Get up and get moving! Come ready to make even more music with Renee Coro and our friends! You will have the chance to sing, dance, and play instruments!

Space is limited and you must be an FRC Member to register for each event.

*** Please contact Erin Grimes to register for all events!
You may email egrimes@enfield.org or call 860-253-6580***



FAMILY FOCUSED NEWS



CIRCLE OF SECURITY INFO SESSION

Wednesday, November 28th
6:00pm to 7:00pm

Stowe Early Learning Center

Join us for a sneak peek informational session on the upcoming Circle of Security Parenting Series! Hear what the program has to offer parents and even secure your spot for our new January series!

*Dinner and childcare will be provided!

PARENTS AS TEACHERS PROGRAM

Are you expecting a baby or do you have a child ages birth to five?

Are you an **Enfield family** looking for information, support or encouragement as your child develops? Parents as Teachers (PAT) is a free, nationally recognized home-visiting program that supports parents in their role as their child's first and most important teacher. **For questions or more information on this program please call 860-253-5144.**



FREE DEVELOPMENTAL SCREENINGS

Are you interested in discovering how your child is progressing?

The Family Resource Center offers the Ages and Stages Developmental Screening for any Enfield child ages birth to five. This questionnaire shows how children are progressing in the developmental areas of communication, gross motor, fine motor, problem solving and personal-social skills. The screening can be completed at the FRC or at your home. Call 860-253-5144 if you are interested.

*Screenings will be distributed soon to all children registered for playgroup!

EXECUTIVE FUNCTION FOCUS

As we discussed in our newsletter last month, thanks to funding from the LEGO Community Fund US, we will be focusing our Learning through Play Groups on Executive Function this year and helping parents and caregivers understand what it is, its importance to learning and lifelong success, and how you can help children develop these skills at an early age. The Enfield Public Schools are integrating Executive Function strategies into the Preschool and Kindergarten day, so we want to make sure we are aligning with this as early as possible. We will be introducing this concept to you at some parent information sessions at playgroups and through some quick and easy to use tips- stay tuned!

SCHOLASTIC

Book Clubs

Every Child Deserves a Good Book

Pick up a catalog at your Family Resource Center! You can do the order online or we can submit the order for you!

Due Dates

Friday, November 9th
Friday, December 7th

Ask your parent educator for more details!

LANGUAGE AND LITERACY DEVELOPMENT

Here are some great picture book titles that you can look for at the Enfield Public Libraries or at the Family Resource Center:

Flip, Flap, Fly! by Phyllis Root
The Pout-Pout Fish, by Deborah Diesen
Silly Sally, by Audrey Wood
Jamberry, by Bruce Degen
Little Blue Truck, by Alice Schertle

You can make reading a more visible part of life:

- * Read a cereal box or milk carton at breakfast.
- * Add a funny note to your kid's lunch.
- * Point out reading that's all around us, like mail, menus and labels.
- * You can add singing, writing and talking with your kids to everything you do! Some ideas are to make shopping lists together, find letters on street signs and sing silly rhyming songs.

READ EVERY DAY WITH YOUR CHILD!



COAT DRIVE

The FRC has received some donations of new coats in various sizes to distribute to Enfield children who need them. If you or someone you know has a need for a coat, please call us at Henry Barnard School at 860-253-5144 or at Stowe at 860-253-6580 so we can try to provide one for you. We also have hats and gloves available.

Thank You to Our Business Sponsors!

LEGO® Community Fund U.S.

U.S.A. Hauling & Recycling

The Family Resource Center at Stowe is supported primarily by the generosity of the local business community, fundraising, and grants. Investing in early childhood programs is one of the best, most cost-effective choices communities can make to benefit the economy and develop the workforce. If you would like to support us or learn more, please contact Amy Morales at 860-253-4721 or amorales@enfield.org or visit www.gofundme.com/stowefrc