

JANUARY 2023

ENFIELD SCHOOLS K-5 MENU

LUNCH



Breakfast and Lunch are **TEMPORARILY FREE** for all students again for the month of **JANUARY**.
A one-month notice will be given when meals will go back to PAID, REDUCED or FREE status.
******MENU SUBJECT TO CHANGE******



Every day: Option of the following in place of the daily "Hot Lunch": Sunbutter & Jelly Sandwich or Turkey or Turkey Ham Sandwich w/ or w/o Cheese
Includes Choice of Fresh Veggies & Dip, Fruit, and Milk



MONDAY

ALL MEALS INCLUDE:

Choice of Fruit

Choice of Fresh Veg & Ranch Dip

Choice of Milk ~White or Choc

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Breaded Chicken Patty on Whole Grain Bun
 Oven Baked Fries

9

Hamburger or Cheeseburger on Whole Grain Bun
 Oven Baked Fries

10

Macaroni & Cheese
 Steamed Broccoli
 Whole Grain Dinner Roll

11

Just like Turkey & Gravy...
 Chicken & Gravy
 Mashed Potato Peas
 Whole Grain Dinner Roll

12

Mini Corn Dogs
 Honey Baked Beans
 Whole Grain Dinner Roll
 Crunchy Baby Carrots

13

NO SCHOOL

16

Breaded Mozzarella Sticks
 Oven Baked Fries
 Marinara Cup

17

Calzone (Sauce & Cheese)
 Steamed Broccoli

18

Taco Salad- Taco Meat & Nacho Chips
 Salsa, Lettuce & Cheese
 Refried Beans

19

Warm Mini Waffles
 Sausage Links (Chicken)
 Strawberry Yogurt Cup

20

Hot Breaded Chicken Patty on Whole Grain Bun
 Oven Baked Fries

23

Hamburger or Cheeseburger on Whole Grain Bun
 Oven Baked Fries

24

Macaroni & Cheese
 Steamed Broccoli
 Whole Grain Dinner Roll

25

Just like Turkey & Gravy...
 Chicken & Gravy
 Mashed Potato Peas
 Whole Grain Dinner Roll

26

Mini Corn Dogs
 Honey Baked Beans
 Whole Grain Dinner Roll
 Crunchy Baby Carrots

27

Chicken Nuggets
 Whole Grain Dinner Roll
 Oven Baked Fries

30

Breaded Mozzarella Sticks
 Oven Baked Fries
 Marinara Cup

31



Feb. 1- Calzone
Feb. 2- Taco Salad
Feb. 3- Waffles