

presented by: EnfieldKite.org



# understanding and **REDEFINING** *challenging* behavior in CHILDREN

For Parents  
**PRE-K - G5**

Challenging behaviors can be important signals from children expressing needs that they can't put into words. Parents and teachers must know and be ready to decipher the messages in behaviors, and understand their potential causes in order to lessen these disruptions. Learn about executive function skills, including self-regulation, and how they impact child behavior as well as the caregiver's own ability to cope and deal with challenging behaviors.



Gesell Institute of Child Development

## Parents, you will ...

- ➡ Learn the neuroscience behind a meltdown
- ➡ Learn how trauma impacts the brain and behavior
- ➡ Learn how to read child behavior as messages for unmet social emotional needs

# Oct 15<sup>th</sup>

6:00 pm

Henry Barnard  
Elementary

**Free Childcare**, ADVANCE REGISTRATION required for childcare. Call or register online  
860.253.6502 | <https://parentbehaviorworkshop.eventbrite.com>