

# May

# 2019

John F. Kennedy Middle School Athletics: Home of the Patriots!

## JFK Track and Field Schedule

Practice ends at 4:30 regardless of location. Meets will end when they end, and we suggest you bring your cell phone with you to contact your parents/guardians. We will give you an ETA back to JFK. Student-athletes cannot leave a meet with their parents/guardians unless you have filled out a transportation waiver a week ahead of time and submitted said waiver to the coaching staff. You will not be allowed to leave a meet with your parents/guardians meet the approved waiver from our athletic director.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Fermi Track	2 Meet @ Suffield High School	3 Fermi Track	4
5	6 Meet @ Tolland High School	7 Fermi Track	8 Meet @ Windsor High School Track-Sage Park	9 Fermi Track	10 Fermi Track	11
12	13 Fermi Track	14 Fermi Track	15 CRAL League Meet @ Ellington High School	16 Meet @ South Windsor High School	17 Journal Inquirer Invitational @ Manchester High	18
19	20 Fermi Track	21 Fermi Track	22 Fermi Track	23 Fermi Track	24 Fermi Track	25 State Meet @ Manchester High for qualifiers
26	27 No practice Memorial Day	28 Fermi Track	29 No practice Early release	30 Fermi Track	31 Meet @ Manchester High--Illing	
	June 3—Uniforms are due	June 4—Uniforms are due	June 5—Uniforms are due			

Regular season meets: 3 events per athlete subject to change. Invitational meets: 2 events per athlete. State Meet is only for those who meet the standard set for their specific events. JV and Varsity 4x400 and 4x800 relays can go to states. Varsity 4x100 relays can go to states.