Safeguarding Policy – Children



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Introduction

Norwich Karate Academy is committed to creating and maintaining a safe and positive environment and accepts our responsibility to safeguard the welfare of all children and young people under the age of 18 involved in Karate in accordance with the Care Act 2014.

Norwich Karate Academy's Safeguarding Children policy and procedures apply to all individuals involved in Norwich Karate Academy.

Norwich Karate Academy will encourage and support partner organisations, including clubs, community groups, suppliers, and sponsors to adopt and demonstrate their commitment to the principles and safe as set out in this safeguarding children's policy and procedures.

Principles

The guidance given in the policy and procedures is based on the following principles:

- All children, regardless of age, disability, gender, race, religion, ethnic origin, sexual orientation, marital or gender status have the right to be protected from abuse and poor practice and to participate in an enjoyable and safe environment.
- Norwich Karate Academy will seek to ensure that our sport is inclusive and make reasonable adjustments for any ability, disability or impairment, we will also commit to continuous development, monitoring and review.
- The rights, dignity and worth of all children and young people will always be respected.
- We recognise that ability and disability can change over time, such that some children may be additionally vulnerable to abuse, in particular those children with care and support needs, or other protected characteristics.
- We all have a shared responsibility to ensure the safety and well-being of all children and will act appropriately and report concerns whether these concerns arise within Norwich Karate Academy for example inappropriate behaviour of a coach, or in the wider community.
- All allegations will be taken seriously and responded to quickly in line with Norwich Karate Academy Safeguarding Children's Policy and Procedures.
- Norwich Karate Academy will ensure robust safeguarding arrangements and procedures are in operation.

The six principles of safeguarding

The Care Act 2014 sets out the following principles that should underpin safeguarding of children and young people

- Empowerment People being supported and encouraged to make their own decisions and informed consent.
 - "I am asked what I want as the outcomes from the safeguarding process and these directly inform what happens."
- Prevention It is better to take action before harm occurs.
 "I receive clear and simple information about what abuse is, how to recognise the signs and what I can do to seek help."
- Proportionality The least intrusive response appropriate to the risk presented.
 - "I am sure that the professionals will work in my interest, as I see them and they will only get involved as much as needed."
- Protection Support and representation for those in greatest need.
 "I get help and support to report abuse and neglect. I get help so that I am able to take part in the safeguarding process to the extent to which I want."
- Partnership Local solutions through services working with their communities. Communities have a part to play in preventing, detecting and reporting neglect and abuse
 - "I know that staff treat any personal and sensitive information in confidence, only sharing what is helpful and necessary. I am confident that professionals will work together and with me to get the best result for me."
- Accountability Accountability and transparency in delivering safeguarding.
 "I understand the role of everyone involved in my life and so do they."

Making Safeguarding personal

'Making safeguarding personal' means that children safeguarding should be person led and outcome focussed. It engages the person in a conversation about how best to respond to their safeguarding situation in a way that enhances involvement, choice and control. As well as improving quality of life, well-being and safety.

Wherever possible discuss safeguarding concerns with the child or young person to get their view of what they would like to happen and keep them involved in the safeguarding process, seeking their consent to share information outside of the organisation where necessary.

Wellbeing Principle

The concept of wellbeing is threaded throughout the Care Act and it is one that is relevant to children's safeguarding in sport and activity. Wellbeing is different for each of us however the Act sets out broad categories that contribute to our sense of wellbeing. By keeping these themes in mind, we can all ensure that child participants can take part in Karate fully.

- Personal dignity (including treatment of the individual with respect)
- Physical and mental health and emotional wellbeing
- Protection from abuse and neglect
- Control by the individual over their day-to-day life (including over care and support provided and the way they are provided)
- Participation in work, education, training or recreation
- Social and economic wellbeing
- Domestic, family and personal domains
- Suitability of the individual's living accommodation
- The individual's contribution to society.

1. Legislation

The practices and procedures within this policy are based on the principles contained within the UK legislation and Government Guidance and have been developed to complement the Safeguarding Adults Boards policy and procedures They take the following into consideration:

- Human Rights Act 1998
- Children Act 1989
- Children Act 2004
- Working Together to Safeguard Children 2018
- Keeping Children Safe in Education 2018
- Sexual Offences Act 2003
- Data Protection Act 2018

2. Key Definitions

A child is someone under the age of 18, whether living with their families, in state care, or living independently (Working Together to Safeguard Children 2018).

Child at Risk is a person under the age of 18 who:

- Has needs for care and support (whether or not the local authority is meeting any of those needs); and
- Is experiencing, or is at risk of, abuse or neglect; and
- As a result of those care and support needs is unable to protect themselves from either the risk of, or the experience of, abuse or neglect.

Child in need of care and support is determined by a range of factors including personal characteristics, factors associated with their situation or environment and social factors. A person's disability or frailty does not mean that they will inevitably experience harm or abuse.

In the context of safeguarding children, the likelihood of an child in need of care and support experiencing harm or abuse should be determined by considering a range of social, environmental and clinical factors, not merely because they may be defined by one or more of the above descriptors. In recent years there has been a marked shift away from using the term 'vulnerable' to describe adults potentially at risk from harm or abuse.

Abuse is a violation of an individual's human and civil rights by another person or persons. See section 4 for further explanations.

Child safeguarding is protecting a person's right to live in safety, free from abuse and neglect.

Capacity refers to the ability to make a decision at a particular time, for example when under considerable stress. The starting assumption must always be that a person has the capacity to make a decision unless it can be established that they lack capacity (MCA 2005). (link to Appendix 2)

3. Types of Abuse and Neglect (according to Keeping Children Safe in Education 2018)

There are different types and patterns of abuse and neglect and different circumstances in which they may take place. The Care Act 2014 identifies the following as an illustrative guide and is not intended to be exhaustive list as to the sort of behaviour which could give rise to a safeguarding concern.

A form of maltreatment of a child - Somebody may abuse or neglect a child by inflicting harm or by failing to act to prevent harm. Children may be abused in a family or in an institutional or community setting by those known to them or, more rarely, by others. Abuse can take place wholly online, or technology may be used to facilitate offline abuse. They may be abused by an adult or adults or by another child or children.

Self-neglect – this covers a wide range of behaviour: neglecting to care for one's personal hygiene, health or surroundings and includes behaviour such as hoarding.

Modern Slavery – encompasses slavery, human trafficking, forced labour and domestic servitude. Traffickers and slave masters use whatever means they have at their disposal to coerce, deceive and force individuals into a life of abuse, servitude and inhumane treatment

Domestic Abuse and coercive control – including psychological, physical, sexual, financial and emotional abuse. It also includes so called 'honour' based violence. It can occur between any family members.

Discriminatory Abuse – discrimination is abuse which centres on a difference or perceived difference particularly with respect to race, gender or disability or any of the protected characteristics of the Equality Act.

Organisational Abuse – including neglect and poor care practice within an institution or specific care setting such as a hospital or care home, for example, or in relation to care provided in one's own home. This may range from one off incidents to on-going ill-treatment. It can be through neglect or poor professional practice as a result of the structure, policies, processes and practices within an organisation.

Physical Abuse – including hitting, slapping, pushing, kicking, misuse of medication, restraint or inappropriate sanctions.

Sexual Abuse – including rape, indecent exposure, sexual harassment, inappropriate looking or touching, sexual teasing or innuendo, sexual photography, subjection to pornography or witnessing sexual acts, indecent exposure and sexual assault or sexual acts to which the adult has not consented or was pressured into consenting.

Financial or Material Abuse – including theft, fraud, internet scamming, coercion in relation to an adult's financial affairs or arrangements, including in connection with wills, property, inheritance or financial transactions, or the misuse or misappropriation of property, possessions or benefits.

Neglect – including ignoring medical or physical care needs, failure to provide access to appropriate health social care or educational services, the withholding of the necessities of life, such as medication, adequate nutrition and heating.

Emotional or Psychological Abuse – this includes threats of harm or abandonment, deprivation of contact, humiliation, blaming, controlling, intimidation, coercion, harassment, verbal abuse, isolation or withdrawal from services or supportive networks.

Not included in the Care Act 2014 but also relevant:

Cyber Bullying – cyber bullying occurs when someone repeatedly makes fun of another person online or repeatedly picks on another person through emails or text messages, or uses online forums with the intention of harming, damaging, humiliating

or isolating another person. It can be used to carry out many different types of bullying (such as racist bullying, homophobic bullying, or bullying related to special educational needs and disabilities) but instead of the perpetrator carrying out the bullying face-to-face, they use technology as a means to do it.

Forced Marriage – forced marriage is a term used to describe a marriage in which one or both of the parties are married without their consent or against their will. A forced marriage differs from an arranged marriage, in which both parties consent to the assistance of a third party in identifying a spouse. The Anti-social Behaviour, Crime and Policing Act 2014 make it a criminal offence to force someone to marry. The forced marriage of adults with learning disabilities occurs when the adult does not have the capacity to consent to the marriage.

Radicalisation – the aim of radicalisation is to attract people to their reasoning, inspire new recruits and embed their extreme views and persuade vulnerable individuals of the legitimacy of their cause. This may be direct through a relationship, or through social media.

4. Signs and indicators of abuse and neglect

Abuse can take place in any context and by all manner of perpetrator. Abuse may be inflicted by anyone in the club who an athlete comes into contact with. Or club members, workers, volunteers or coaches may suspect that an athlete is being abused or neglected outside of the club setting. There are many signs and indicators that may suggest someone is being abused or neglected, these include but are not limited to:

- Unexplained bruises or injuries or lack of medical attention when an injury is present.
- Person has belongings or money going missing.
- Person is not attending / no longer enjoying their sessions. you may notice
 that a participant in a team has been missing from practice sessions and is
 not responding to reminders from team members or coaches.
- Someone losing or gaining weight / an unkempt appearance. this could be a player whose appearance becomes unkempt, does not wear suitable sports kit and deterioration in hygiene.
- A change in the behaviour or confidence of a person. For example, a participant may be looking quiet and withdrawn when their brother comes to collect them from sessions, in contrast to their personal assistant whom they greet with a smile.
- They may self-harm.
- They may have a fear of a particular group or individual.
- They may tell you / another person they are being abused i.e. a disclosure.
- Harassing of a club member because they are or are perceived to have protected characteristics.
- Not meeting the needs of the participant. E.g. this could be training without a necessary break.
- A coach intentionally striking an athlete.

- This could be a fellow athlete who sends unwanted sexually explicit text messages to a learning disabled child they are training alongside.
- This could be an athlete threatening another athlete with physical harm and persistently blaming them for poor performance.

It should be recognized that this list is not exhaustive and the presence of one or more of the indicators is not proof that abuse is actually taking place. A good working relationship with parent/guardians will help to identify any other concerns that a young person may be experiencing. For example, a family bereavement which could cause some of the changes listed above.

Poor practice - Sometimes, your concerns may relate to poor practice, where an adult or another young person's behaviour is inappropriate and may be causing distress to a child or young person. In the application of this policy, poor practice includes any behaviour which contravenes the principles of this document or the relevant Club/School/Academy/NGB Code of Conduct or brings Martial Arts into disrepute, or which infringes an individual's rights. Where poor practice is serious or repeated this could also constitute abuse and should be reported immediately. Examples of poor practice towards students, which should never to be sanctioned include:

- use of excessive, physical or humiliating punishments;
- failure to act when you witness possible abuse or bullying;
- being unaware of, or breaching, any relevant policy such as the Code of Ethics and Conduct;
- spending excessive amounts of time alone with young people away from others;
- inviting or allowing young people into your home where they will be alone with you;
- engaging in rough, physical or sexually provocative activity;
- allowing young people to use inappropriate language unchallenged;
- making sexually suggestive comments even in fun;
- reducing a person to tears as a form of control;
- allowing allegations made by a young person to go unchallenged, unrecorded or not acted upon;
- doing things of a personal nature for young people that they can do for themselves; sharing a bedroom with a young person you are not related to, even with parental permission.
- Some participants may require assistance with personal care due to being very young or disabled. If a young person needs this level of support, it should be made clear to their parent/s that this can only be carried out by a designated carer and not by the instructor. Even if the instructor is trained in carrying out personal care tasks, this compromises their role as trainer and places them and the child in a vulnerable position. These support arrangements should clearly be in place and agreed to by all parties prior to the activities commencing.

5. What to do if you have a concern or someone raises concerns with you.

Safeguarding is everyone's responsibility.

If you have concerns about a child's safety and or wellbeing you must act on these.

- It is not your responsibility to decide whether or not a child has been abused. It is however your responsibility to act on any concerns.
- It is not your responsibility to decide whether or not a child has been abused. It is however everyone's responsibility to respond to and report concerns.
- If you are concerned someone is in immediate danger, contact the police on 999 straight away. Where you suspect that a crime is being committed, you must involve the police.
- If you have concerns and or you are told about possible or alleged abuse, poor practice or wider welfare issues you must report this to the Norwich Karate Academy Lead Safeguarding or Welfare Officer, or, if the Lead Safeguarding or Welfare Officer.
- When raising your concern with the Club Welfare Officer or Lead Safeguarding Officer, remember Making Safeguarding Personal. It is good practice to seek the child's views on what they would like to happen next and to inform the child you will be passing on your concern and
- It is important when considering your concern that you also ensure you keep the individual/guardian informed about any decisions and action taken about them and always consider their needs and wishes.

6. How to respond to a concern

- Make a note of what the person has said using his or her own words as soon as practicable. Complete an Incident Form and submit to the Norwich Karate Academy Safeguarding/Welfare Officer.
- Remember to make safeguarding personal. Discuss your safeguarding concerns with the child, obtain their view of what they would like to happen, but inform them it's your duty to pass on your concerns to your lead safeguarding or welfare officer.
- Describe the circumstances in which the disclosure came about.
- Take care to distinguish between fact, observation, allegation and opinion. It is important that the information you have is accurate.
- Be mindful of the need to be confidential at all times, this information must only be shared with your Lead Safeguarding or Welfare Officer and others on a need-to-know basis.
- If the matter is urgent and relates to the immediate safety of a child at risk then contact the emergency services immediately.

When a safeguarding concern or poor practice has been identified concerning a specific child, the parent/guardian/carer of that child should be notified. Where the Safeguarding Lead has reported the incident to the statutory authorities, advice should be sought from them regarding this duty before notifying the parents/guardians/carers.

7. Safeguarding Children Flowchart

 About the behaviour of the organisation's staff member or volunteer (e.g. allegation about a coach or officer's behaviour towards a child)

Concerns arise about the behaviour of a member of staff, coach or volunteer towards a child/children.

(e.g. suspicions or allegations of poor practice or possible abuse)

Individual alerted to concerns reports to organisation / club / facility or event.

Safeguarding Lead Officer completes the safeguarding incident report form and forwards a copy to the Safeguarding Lead.

Safeguarding Lead Officer (if appropriate in consultation with Case Management Group and / or Children's Social Care, Police or LADO) determines the route for further action to be taken (e.g. does the matter appear to be poor practice or possible abuse, and records actions taken and agree).

Poor Practice/Breach of Code of Conduct

Concern dealt with as misconduct issue using complaints / disciplinary procedures as appropriate (in consultation with LADO).

Disciplinary investigation undertaken and hearing held.

Outcome of disciplinary process (e.g. no case to answer, advice or warning given, training / support required, other sanctions, or exclusion).

Consideration of referral to DBS, if appropriate.

Disciplinary appeals process

Possible Child Abuse/Criminal Offence

In consultation with statutory agencies and LADO:
Safeguarding LO consults with/refers to HR/Disciplinary lead/s re initiating disciplinary procedures, immediate temporary suspension (without prejudice), and notification of other organisations.

Disciplinary process initiated – investigation may be delayed pending outcome of statutory agencies' processes. Support from LADO.

Full disciplinary investigation undertaken and hearing held outcomes and possible appeal. Safeguarding LO consults with/refers to Children's Social Care/Police and LADO and follows this up in writing within 24 hours.

Children's Social Care and/or Police hold Strategy Meeting (may include sports organisation rep) and agree investigation process

Outcome of Children's Social Care or Police investigation (e.g. NFA, criminal prosecution, assessment of risk etc.) **Recording** - Should a child make a disclosure a record in writing must be made as soon as possible, using their words as closely as possible and where relevant, using the school/club report form.

- Note the date, time, any names mentioned, names and addresses to whom
 the information was given and who else is aware of the allegation. Note or
 describe clearly any visible injury.
- Take care to distinguish between fact, observation, allegation and opinion. It is important that the information you have is accurate.
- Recording of any incident, including possible abuse or poor practice incidents, should also follow this procedure. In all situations, including those in which the cause of concern arises either from a disclosure of abuse or from suspicion of abuse, it is vitally important to record the details, regardless of whether they are shared with a statutory agency, as soon as possible using the Incident Referral Form
- The record should be clear and factual as it may be needed by child or adult protection agencies and may, in the future, be used as evidence in court.
 Records should be kept securely and shared only with those who need to know about the incident.
- Throughout the process of any safeguarding cases, accurate records should be made and maintained.

8. Roles and responsibilities of those within Norwich Karate Academy

- Norwich Karate Academy is committed to having the following in place:
- A Safeguarding Lead/Welfare Officer to produce and disseminate guidance and resources to support the policy and procedures.
- A clear line of accountability within the organisation for work on promoting the welfare of all children and young people.
- Procedures for dealing with allegations of abuse or poor practice against members of staff and volunteers.
- The director will deal with issues, manage concerns and manage disciplinary procedures
- Arrangements to work effectively with other organisations to safeguard and promote the welfare of children, including arrangements for sharing information.
- Appropriate whistle blowing procedures and an open and inclusive culture that enables safeguarding and equality and diversity issues to be addressed.
- Clear codes of conduct are in place for coaches, participants, officials, spectators and other relevant individuals.

9. Good practice, poor practice and abuse

Introduction

It can be difficult to distinguish poor practice from abuse, whether intentional or accidental.

It is not the responsibility of any individual involved in Norwich Karate Academy to make judgements regarding whether or not abuse is taking place, however, all Norwich Karate Academy personnel have the responsibility to recognise and identify poor practice and potential abuse, and act on this if they have concerns.

Good practice

Norwich Karate Academy expects that that coaches of adult athletes:

- Adopt and endorse the Norwich Karate Academy Coaches Codes of Conduct.
- Have completed a course in basic awareness in working with and Safeguarding Adults.

Everyone should:

- Aim to make the experience of Norwich Karate Academy fun and enjoyable.
- Promote fairness and playing by the rules.
- Not tolerate the use of prohibited or illegal substances.
- Treat all adults equally and preserve their dignity; this includes giving more and less talented members of a group similar attention, time and respect.

10. Further Information

Policies, procedures and supporting information are available on the Norwich Karate Academy website: www.norwichkarate.co.uk.

Safeguarding Leade/Welfare Officer: Matthew Yardy (office@norwichkarate.co.uk)

Review date

This policy will be reviewed every two years or sooner in the event of legislative changes or revised policies and best practice.

Appendix 1 Incident Report Form

Safeguarding Children Incident form

To be completed as fully as possible if you have concerns regarding an child. It is important to inform the child about your concerns and that you have a duty to pass the information onto the safeguarding officer. The safeguarding officer will then look at the information and start to plan a course of action, in conjunction with yourself, the adult involved and if necessary social care or other relevant organisations.

Section 1 – details of child at ri	sk
Name of child	
Address	
Date of Birth	
Age if date of birth not	
known	
GP practice (if known)	
Contact number	
Section 2 – your details	
Name	
Contact phone number(s)	
Email address	
Line manager or alternative	
contact	
Name of Organisation / club	
Your Role in Organisation	
Tour Role III Organisation	
Section 3 – details of Concern	
Section 3 – details of Concern Detail what you have seen/been	told/other that makes you believe the child at risk is being abused
Section 3 – details of Concern Detail what you have seen/been	told/other that makes you believe the child at risk is being abused es/times/evidence from records/photos etc.)
Section 3 – details of Concern Detail what you have seen/been	
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Section 4 - Abuse type(s)	- please tick as many as you feel r	nay apply
Physical	Psychological	Financial
Sexual	Discriminatory	Organisational (formerly institutional)
Neglect	Hate incident/crime	Mate Crime
Internet abuse	Modern slavery	Female genital Mutilation (FGM)
Forced Marriage	Domestic abuse	Radicalisation
Self-Neglect		
Section 5 - Have you disc	ussed your concerns with the child?	' What are their views,
what outcomes have they	stated they want (if any)?	
Section 5A – Reasons for	not discussing with the child	
	not discussing with the child	
Child lacks capacity Child unable to communic	cate their views	
Child lacks capacity Child unable to communion Discussion would increase	cate their views e the risk	
Child lacks capacity Child unable to communic	cate their views e the risk	
Child lacks capacity Child unable to communic Discussion would increase State why the risks would	cate their views e the risk	?E.g. carer/ parent.

Section 6 – What action have you taken /agreed v	with the child to reduce the risks?			
Information passed to Safeguarding Officer,	Referral to Social Care Confirm			
confirm details:	details:			
Contact with the police Confirm	Referral to other agency – please confirm			
details:	details:			
Other – please state what				
No action agreed – state why				
Section 7 – Risk to others				
Are any other children at risk Yes/No – delete as appropriate				
If yes state why and what actions have been taken to address these?				
Are any adults at risk Yes/No Delete as appropriate If yes state why and what actions have been taken to address these?				
If yes state why and what actions have been take	en to address these?			
Signed:				
Date:				

OFFICE USE ONLY		
Section 8 – sharing the concerns (To be completed by Lead Safeguarding Officer)		
Details of your contact with the child at risk. Have they consented to information being shared outside of Norwich Karate Academy)?		
or normal relate reasony).		
Details of contact with the Social Care Team where the child a trisk lives – advice can be still sought		
without giving personal details if you do not have consent for a referral		
Details of any other agencies contacted		
Details of any states agentics contacted		
Details of the outcome of this concern		

Appendix 2

Guidance and information

Making Safeguarding Personal

There has been a cultural shift towards Making Safeguarding Personal within the safeguarding process. This is a move from prioritising outcomes demanded by bureaucratic systems. The safeguarding process used to involve gathering a detailed account of what happened and determining who did what to whom. Now the outcomes are defined by the person at the centre of the safeguarding process.

The safeguarding process places a stronger emphasis on achieving satisfactory outcomes that take into account the individual choices and requirements of everyone involved.

"What good is it making someone safer if it merely makes them miserable?" – Lord Justice Mundy, "What Price Dignity?" (2010)

What this means in practice is that adults should be more involved in the safeguarding process. Their views, wishes, feelings and beliefs must be taken into account when decisions are made.

The Care Act 2014 builds on the concept, stating that "We all have different preferences, histories, circumstances and lifestyles so it is unhelpful to prescribe a process that must be followed whenever a concern is raised."

However, the Act is also clear that there are key issues that should be taken into account when abuse or neglect are suspected, and that there should be clear guidelines regarding this.

Capacity – Guidance on Making Decisions

The issue of capacity or decision making is a key one in safeguarding adults. It is useful for organisations to have an overview of the concept of capacity.

We make many decisions every day, often without realising. We make so many decisions that it's easy to take this ability for granted.

But some people are only able to make some decisions, and a small number of people cannot make any decisions. Being unable to make a decision is called "lacking capacity".

To make a decision we need to:

- Understand information
- Remember it for long enough
- Think about the information
- Communicate our decision

A person's ability to do this may be affected by things like learning disability, dementia, mental health needs, acquired brain injury, and physical ill health.

The Mental Capacity Act 2005 (MCA) states that every individual has the right to make their own decisions and provides the framework for this to happen.

The MCA is about making sure that people over the age of 16 have the support they need to make as many decisions as possible.

The MCA also protects people who need family, friends, or paid support staff to make decisions for them because they lack capacity to make specific decisions.

Our ability to make decisions can change over the course of a day.

Here are some examples that demonstrate how the timing of a question can affect the response:

- A person with epilepsy may not be able to make a decision following a seizure.
- Someone who is anxious may not be able to make a decision at that point.
- A person may not be able to respond as quickly if they have just taken some medication that causes fatigue.

In each of these examples, it may appear as though the person cannot make a decision. But later in the day, presented with the same decision, they may be able to at least be involved.

The MCA recognises that capacity is decision-specific, so no one will be labelled as entirely lacking capacity. The MCA also recognises that decisions can be about big life-changing events, such as where to live, but equally about small events, such as what to wear on a cold day.

To help you to understand the MCA, consider the following five points:

- 1. Assume that people are able to make decisions, unless it is shown that they are not. If you have concerns about a person's level of understanding, you should check this with them, and if applicable, with the people supporting them.
- 2. Give people as much support as they need to make decisions. You may be involved in this you might need to think about the way you communicate or provide information, and you may be asked your opinion.
- 3. People have the right to make unwise decisions. The important thing is that they understand the implications. If they understand the implications, consider how risks might be minimised.
- 4. If someone is not able to make a decision, then the person helping them must only make decisions in their "best interests". This means that the decision must be what is best for the person, not for anyone else. If someone was making a decision on your behalf, you would want it to reflect the decision you would make if you were able to.

5. Find the least restrictive way of doing what needs to be done.

Remember:

- You should not discriminate or make assumptions about someone's ability to make decisions, and you should not pre-empt a best-interest's decision merely on the basis of a person's age, appearance, condition, or behaviour.
- When it comes to decision-making, you could be involved in a minor way, or asked to provide more detail. The way you provide information might influence a person's ultimate decision. A person may be receiving support that is not in-line with the MCA, so you must be prepared to address this.

Consent and Information Sharing

Workers and volunteers within sports and physical activity organisations should always share safeguarding concerns in line with their organisation's policy, usually with their safeguarding lead or welfare officer in the first instance, except in emergency situations. As long as it does not increase the risk to the individual, the worker or volunteer should explain to them that it is their duty to share their concern with their safeguarding lead or welfare officer.

The safeguarding lead or welfare officer will then consider the situation and plan the actions that need to be taken, in conjunction with the child at risk and in line with the organisation's policy and procedures and local safeguarding adults board policy and procedures.

To make a child safeguarding referral you need to call the local safeguarding children's team. This may be part of a MASH (*Multi*-Agency Safeguarding Hub). A conversation can be had with the safeguarding children's team without disclosing the identity of the person in the first instance. If it is thought that a referral needs to be made to the safeguarding children's team, consent should be sought where possible from the child at risk.

If a child is concerned about sharing a safeguarding concern, reassurance and appropriate support should be given. It is the responsibility of Norwich Karate Academy personnel not to keep a secret and to ensure the child knows that this is not possible. It is our responsibility to ensure safeguarding concerns relating to a child are acted upon appropriately. Ideally, the child will understand and agree to the reporting process so they feel supported and to maintain rapport. However, there are circumstances where information can be shared without consent due to the nature of safeguarding children.

If a parent, guardian or carer is the source of a safeguarding concern, the child involved can be asked if there is an adult they trust who can be involved to support the child whilst the concern is raised.

When sharing information there are seven Golden Rules that should always be followed.

1. Seek advice if in any doubt

- 2. Be transparent The General Data Protection Regulation Act (GDPR) is not a barrier to sharing information but to ensure that personal information is shared appropriately; except in circumstances where by doing so places the person at significant risk of harm.
- 3. Consider the public interest Base all decisions to share information on the safety and well-being of that person or others that may be affected by their actions.
- 4. Share with consent where appropriate Where possible, respond to the wishes of those who do not consent to share confidential information. You may still share information without consent, if this is in the public interest.
- 5. Keep a record Record your decision and reasons to share or not share information.
- 6. Accurate, necessary, proportionate, relevant and secure Ensure all information shared is accurate, up-to-date; necessary and share with only those who need to have it.
- 7. Remember the purpose of GDPR is to ensure personal information is shared appropriately, except in circumstances where by doing so may place the person or others at significant harm.

Appendix 3

Legislation and Government Initiatives

Sexual Offences Act 2003

http://www.legislation.gov.uk/ukpga/2003/42/contents

The Sexual Offences Act introduced a number of new offences concerning vulnerable adults and children. www.opsi.gov.uk

Mental Capacity Act 2005

http://www.legislation.gov.uk/ukpga/2005/9/introduction

Its general principle is that everybody has capacity unless it is proved otherwise, that they should be supported to make their own decisions, that anything done for or on behalf of people without capacity must be in their best interests and there should be least restrictive intervention. www.dca.gov.uk

Safeguarding Vulnerable Groups Act 2006

http://www.legislation.gov.uk/ukpga/2006/47/contents

Introduced the new Vetting and Barring Scheme and the role of the Independent Safeguarding Authority. The Act places a statutory duty on all those working with vulnerable groups to register and undergo an advanced vetting process with criminal sanctions for non-compliance. www.opsi.gov.uk

Deprivation of Liberty Safeguards

https://www.gov.uk/government/collections/dh-mental-capacity-act-2005-deprivation-of-liberty-safeguards

Introduced into the Mental Capacity Act 2005 and came into force in April 2009. Designed to provide appropriate safeguards for vulnerable people who have a mental disorder and lack the capacity to consent to the arrangements made for their care or treatment, and who may be deprived of their liberty in their best interests in order to protect them from harm.

Disclosure & Barring Service 2013

https://www.gov.uk/government/organisations/disclosure-and-barring-service/about Criminal record checks: guidance for employers - How employers or organisations can request criminal records checks on potential employees from the Disclosure and Barring Service (DBS). www.gov.uk/dbs-update-service

The Care Act 2014 – statutory guidance

http://www.legislation.gov.uk/ukpga/2014/23/introduction/enacted

The Care Act introduces new responsibilities for local authorities. It also has major implications for adult care and support providers, people who use services, carers and advocates. It replaces No Secrets and puts adult safeguarding on a statutory footing.

Making Safeguarding Personal Guide 2014

 $\frac{\text{http://www.local.gov.uk/documents/10180/5852661/Making+Safeguarding+Personaller-+Guide+2014/4213d016-2732-40d4-bbc0-d0d8639ef0df}{\text{http://www.local.gov.uk/documents/10180/5852661/Making+Safeguarding+Personaller-+Guide+2014/4213d016-2732-40d4-bbc0-d0d8639ef0df}{\text{http://www.local.gov.uk/documents/10180/5852661/Making+Safeguarding+Personaller-+Guide+2014/4213d016-2732-40d4-bbc0-d0d8639ef0df}{\text{http://www.local.gov.uk/documents/10180/5852661/Making+Safeguarding+Personaller-+Guide+2014/4213d016-2732-40d4-bbc0-d0d8639ef0df}{\text{http://www.local.gov.uk/documents/10180/5852661/Making+Safeguarding+Personaller-+Guide+2014/4213d016-2732-40d4-bbc0-d0d8639ef0df}{\text{http://www.local.gov.uk/documents/10180/5852661/Making+Safeguarding+Personaller-+Guide+2014/4213d016-2732-40d4-bbc0-d0d8639ef0df}{\text{http://www.local.gov.uk/documents/10180/5852661/Making+Safeguarding+Personaller-+Guide+2014/4213d016-2732-40d4-bbc0-d0d8639ef0df}{\text{http://www.local.gov.uk/documents/10180/5852661/Making+Safeguarding+Personaller-+Guide+2014/4213d016-2732-40d4-bbc0-d0d8639ef0df}{\text{http://www.local.gov.uk/documents/10180/5852661/Making+Safeguarding+Safegu$

This guide is intended to support councils and their partners to develop outcomesfocused, person-centred safeguarding practice.

Appendix 4

Useful contacts

Norwich Karate Academy

Name: Matthew Yardy Telephone: 07904 792384

Email: office@norwichkarate.co.uk

Local Authority Safeguarding Lead (if policy is used by a CSP or club)

Name: Norfolk County Council Children Services

Telephone: 0344 800 8020

Name: Norfolk Safeguarding Children Board

Website: www.norfolklscb.org

Ann Craft Trust - Safeguarding Adults in Sport and Activity:

Website: www.anncrafttrust.org

Email: Ann-Craft-Trust@nottingham.ac.uk

Telephone: 0115 951 5400

NSPCC

Website: www.nspcc.org.uk Email: help@nspcc.org.uk

Phone: 0808 800 5000