

## Catedral de Nuestra Señora de Guadalupe, Alaska 3900 Wisconsin St., Anchorage, AK 99517



### Domingo de Pascua de la Resurrección del Señor

*He is Risen*

**Daily Mass - Misa diaria**  
Monday - Friday 9:00am  
Wednesdays - 7:00pm  
Exposition of the Blessed Sacrament First Friday of each Month 7:00pm starting May 1<sup>st</sup>

**Weekend Mass**  
**Misa de fin de semana**  
Saturday 5:30pm English  
Sunday 9:00am (Live Stream)  
11:30am Spanish  
5:30pm English

**Reconciliation - Reconciliación**  
Saturday 4:30pm to 5:15pm  
Sunday 10:30am to 11:15am

**OFFICE HOURS - HORARIO DE OFICINA**  
Mon - 12pm - 2pm  
Wed - Fri 8am - 2pm, 5pm-8pm  
Sat & Sunday - Closed  
Tel# (907) 248-2000

**Connect with us! - Conéctate con nosotras!**



Want something in the bulletin and website? Email [marrasal@olgak.org](mailto:marrasal@olgak.org)

**Mission Statement**  
Cathedral of Our Lady of Guadalupe - Anchorage, Alaska is a Roman Catholic parish of diverse cultures nourished by the Eucharist, guided by the Holy Spirit and inspired by our Patroness. We come together to pray, love, serve and evangelize through the Gospel of Life and social teachings of the Catholic Church.

Cathedral Website scan the QR code



AOAJ Website scan the QR code



**Declaración de misión**  
La Catedral de Nuestra Señora de Guadalupe - Anchorage, Alaska, es una parroquia católica de diversas culturas, nutrida por la Eucaristía, guiada por el Espíritu Santo e inspirada por nuestra Patrona. Nos reunimos para orar, amar, servir y evangelizar a través del Evangelio de la Vida y las enseñanzas sociales de la Iglesia Católica.

**Staffed by the Congregation of the Mission (C.M.)**  
**“Vincentians”**

**Archbishop of Anchorage-Juneau**  
**The Most Rev. Andrew E. Bellisario, C.M.**



**Pastor**  
**Fr. David Nations, C.M.**



**Parochial Vicar**  
**Fr. Toshio Sato, C.M.**



PASTORAL TEAM

**PASTOR**

**Rev. David Nations, C.M.**  
 calendarsvdp@gmail.com  
 Office: 907-248-2000 ext 403  
 Cell: 314-703-6987

**PAROCHIAL VICAR**

**Rev. Toshio Sato, C.M.**  
 TSato@vincentian.org  
 Office: (907) 248-2000 ext 404  
 Cell: 501-420-4405

**DEACON**

**Deacon Gabriel Ruiz**  
 sejees@hotmail.com  
 (907) 351-4269



Is a great way to stay connected with our parish with instant notifications, enjoy additional features like prayers, mass times, homilies, helpful reminders to silence your phone before mass or confession, and much much more. Scan the QR code to be directed to the app and follow the instruction to download.



Would you like to request a Mass Intention? You can visit us in our office Mon-Fri from 8-2pm, or email us your written intention request to [marras@olgak.org](mailto:marras@olgak.org). Mention if it is for a living or deceased, the date & mass time desired. Include your name, phone number in case there are any questions. Suggested offering is \$10

SACRAMENTS

**BAPTISM**- Visit the office during business hours to pickup baptism packet and to be schedule for the baptismal preparation class. The class help parents and godparents understand more deeply of the sacrament.

**CONFESSION** - see cover page

**CONFIRMATION** -olgak.org/faith-formation-1

**HOLY EUCHARIST**-contact parish office

**HOLY ORDERS**-To learn about the priesthood and/or deaconate. contact Fr.Toshio Sato at 501-420-4405 or email TSato@vincentian.org

**MATRIMONY** -Parishioners wishing to partake in the Sacrament of Marriage at the Cathedral will need to contact the Parish Office, at least six (6) months before the planned ceremony for additional information and to register for the Marriage Preparation.

**ANNOINTING OF THE SICK**- Feel free to approach or call one of our priests or call the office to schedule the Holy Anointing of the Sick.

**BAPTISM**

Parents & Godparents must attend the Baptism class before scheduling a date of baptism for their child. Visit the office during business hrs. to be listed for the next class.

**PRE-BAPTISM CLASS ENGLISH**

**Second Thursday of each month**  
 April 9th 7pm North Tower room of the church.

**CLASE DE**

**BAUTISMO (Español)**  
 Cuarto jueves de cada mes  
 April 23<sup>rd</sup> 6:30pm

**OFFICE MANAGER**

**Marra Salazar**  
[marras@olgak.org](mailto:marras@olgak.org)  
 Office:907- 248-2000 ext 402  
 Cell: (907) 217-0160

**BUSINESS MANAGER**

**John Fleming**  
[JohnF@olgak.org](mailto:JohnF@olgak.org)  
 Office 907- 248-2000 ext 405  
 Cell: (907) 230-7783

**FACILITIES MANAGER**

**jiml@olgak.org**  
 Jim Lebiedz  
 Office: (907) 248-2000  
 Cell: (907) 240-3304

**ParishSOFT DONATE Giving**

Cathedral of Our Lady of Guadalupe offer parishioners an easy to use site with up-to-date methods of electronic donations. Simply go to our website [olgak.org](http://olgak.org), or scan the QR code with your phone or tablet to be directed to our donation website



**NEW TO THE PARISH?**

Welcome! wherever you are in your faith journey, its great to have you. If you would like to be a part of our family, Please take time to complete a parish registration form available in our website [olgak.org](http://olgak.org) or stop by in our office during business hours 8-2pm mon-fri. Email it to [marras@olgak.org](mailto:marras@olgak.org), or return to parish office, or place in the collection basket at the Sat & Sunday liturgy. We look forward meeting with you.



**COLG OFFICE CLOSED**

Please be advised that the parish office will be closed in observance of the Easter Holiday of the following dates;

- April 3<sup>rd</sup> Good Friday
- April 6<sup>th</sup> Easter Monday

**Oficina de COLG cerrada**

Les informamos que la oficina parroquial permanecerá cerrada con motivo de las festividades de Pascua en las siguientes fechas:

- 3 de abril: Viernes Santo
- 6 de abril: Lunes de Pascua

WEEKLY COLLECTION	COLECCIÓN SEMANAL
You may donate through our website using the QR code to be directed to our online giving	Puede donar a través de nuestro sitio web utilizando el código QR para ser dirigido a nuestra donación en línea.
Thank you for sharing what God has given you with our Parish.	Gracias por compartir lo que Dios te ha dado con nuestra Parroquia.
<b>2026 Mar 22</b>	<b>Mar 29</b>
Collection \$ 8,234.00	\$ 2,408.89
E-Giving \$ 1,626.82	\$ 15,653.50
<b>TOTAL \$ 9,860.82</b>	<b>\$ 18,062.39</b>

# INFORMATION

# INFORMACIÓN

## MASS INTENTION



Apr 4 - April 10

S.I. Special Intention  
+ Repose of the Soul

Saturday	8:00pm	EASTER VIGIL - TRILINGUAL MASS
Sunday	9:00am	People of Parish
	11:30am	Priest Intention/Intención del sacerdote
	5:30pm	Onassis & Orestes Cartagena+
Monday	9:00am	Respect for Life
Tuesday	9:00am	Peggy Baumeister+ Adeudato Jude Clarin+
Wednesday	9:00am	Priest Intention
	7:00pm	Priest Intention/Intención del sacerdote
Thursday	9:00am	Priest Intention
Friday	9:00am	Priest Intention

## PRAYERS FOR THE SICK/ ORACIÓN POR LOS ENFERMOS

Please pray for those who are sick, in pain or recovery or in need of spiritual healing.

John Fundeen	Mark Samaniego
Jo Ann Berna	Mary Ann Swalling
Fr. Scott Medlock	Fr. Dan Hebert
Louie Sanchez	Deanna Spills
Dee Zimmerman	Fe & Boy Dawag
Alan Cadavos	Joe Samaniego
Carul Fundeen	

## PRAYERS FOR THE DECEASED/ ORACIONES POR LOS DIFUNTOS

Onassis Cartagena	Teodoro Pasaylo Sr.
Marina Cadavos	Frank Javier
Peggy Baumeister	Ricardo Generoso
Dodo & Mamie Cartagena	Theresa Alabanzas
Allan Rey Quintu	

## FUNERAL & MEMORIAL MASS PLANNING

If you recently loss a loved one and would like to make arrangements for their funeral service at COLG, please call the office at 907-248-2000

## HEALTH MINISTRY MINISTERIO DE SALUD

Zumba \$5 a session



Zumba \$5 por sesión

Join at the Lunney Center Wed & Thursday 10am-11am

Únase al Lunney Center los miércoles y jueves de 10-11am

Do you love to sing and want to share your voice in worship? We are inviting you to join our church choir!. No experience needed, just the heart for music and praising God. Pick your preferred time and contact the choir coordinators directly.

**Saturday 5:30pm**  
Han Lee 907-351-7916  
**Sunday 9:00am**  
Chad & Edna Resari  
**Sunday 11:30am**  
Maura Esparza 907-227-0656  
**Sunday 5:30pm**  
Larry Cadavos 907-885-1390  
Loni Amor 907-306-5509



## KNIGHTS OF COLUMBUS

The Knights meet on the 3<sup>rd</sup> Thursday of each month at 6:30pm at the Tepeyac Room.

## CABALLEROS DE COLÓN

Los Caballeros se reúnen el tercer jueves de cada mes a las 18:30 en la Sala Tepeyac.

## LEGION OF MARY



Are you looking for an opportunity to spread the Gospel? The Legion of Mary is for you. Join our weekly meeting to find out more. Thursday 5:45pm - 7:00pm at the Church North Tower Room.

## LEGIÓN DE MARÍA

¿Buscas una oportunidad para difundir el Evangelio? La Legión de María es para ti. Acompáñanos en nuestra reunión semanal para obtener más información. Jueves, de 5:45 p. m. a 7:00 p. m., en la Sala de la Torre Norte de la iglesia.

## CATHOLIC DAUGHTERS OF THE AMERICAS



The next meeting will be held on second monday of each month at 6pm-8:30pm at the Lunney Center- Tepeyac Room. For more information contact Cecilia Stanley at [cecistanley2013@icloud.com](mailto:cecistanley2013@icloud.com)

## HIJAS CATÓLICAS DE LAS AMÉRICAS

La próxima reunión se celebrará el segundo lunes de cada mes, de 6:00 p. m. a 8:30 p. m., en el Lunney Center — Sala Tepeyac. Para más información, comuníquese con Cecilia Stanley en [cecistanley2013@icloud.com](mailto:cecistanley2013@icloud.com).



## ORDER OF CHRISTIAN INITIATION OF ADULTS

Thinking of becoming a Catholic? We want to help! Contact Vince Fennimore: [vsfennim@ptialaska.net](mailto:vsfennim@ptialaska.net) or call 907-242-1391.

¿Estás pensando en convertirte al catolicismo? ¡Queremos ayudarte! Para contactar con Vince Fennimore, escriba a [vsfennim@ptialaska.net](mailto:vsfennim@ptialaska.net) o llame al 907-242-1391.

## HISPANIC MEN'S GROUP GRUPO DE HOMBRES HISPANOS

Se reúne todos los lunes de 6:30-8pm en la Sala Juan Diego.

## GRUPO CARISMÁTICO ESPAÑOL

Las reuniones se celebran todos los martes de 6-9pm en la Sala Juan Diego. Para más información, llame a Miguel Hernández al 907-952-6601.

## AMADAS

El grupo de mujeres españolas se reúne el primer lunes de cada mes en el salón Lunney Tepeyac de 6:00 p. m. a 8:00 p. m.

## Exposition of the Blessed Sacrament, every First Friday of the month starting May 1, 2026

Exposición del Santísimo Sacramento, cada primer viernes del mes, a partir del 1 de mayo de 2026.

# HOLY LAND

# TIERRA SANTA

Pope Leo has asked our parish to support the Pontifical Good Friday Collection, which helps Christians in the Holy Land, where they are now less than 2% of the population.

Your support is essential to help the Church minister in parishes, provide Catholic schools, and offer religious education. The Pontifical Good Friday Collection also helps to preserve the sacred shrines of Christianity, including in Jerusalem, Nazareth, and Bethlehem, to name only a few.

El Papa León XIII ha pedido a nuestra parroquia que apoye la Colecta Pontificia del Viernes Santo, que ayuda a los cristianos en Tierra Santa, donde ahora representan menos del 2% de la población. Su apoyo es esencial para que la Iglesia pueda ejercer su ministerio en las parroquias, mantener escuelas católicas y ofrecer educación religiosa. La Colecta Pontificia del Viernes Santo también ayuda a preservar los santuarios sagrados del cristianismo, incluyendo los de Jerusalén, Nazaret y Belén, entre otros.

The pandemic had hit Christians in the Holy Land particularly hard. Most of them depend on pilgrimages for work. The war and now the Iranian conflict have made their situation even more dire. In these times of crisis, the Pontifical Good Friday Collection is necessary to meet the basic needs of the People of God still living in this Land and to maintain a Christian presence where the Church was born. When you contribute to the Pontifical Good Friday Collection, you join with Catholics around the world in solidarity with the Church in the Holy Land. PLEASE BE GENEROUS!

La pandemia ha afectado particularmente a los cristianos en Tierra Santa. La mayoría de ellos dependen de las peregrinaciones para subsistir. La guerra y ahora el conflicto con Irán han empeorado aún más su situación. En estos tiempos de crisis, la Colecta Pontificia del Viernes Santo es necesaria para cubrir las necesidades básicas del Pueblo de Dios que aún vive en esta Tierra y para mantener la presencia cristiana donde nació la Iglesia. Al contribuir a la Colecta Pontificia del Viernes Santo, se une a los católicos de todo el mundo en solidaridad con la Iglesia en Tierra Santa. ¡SEA GENEROSO!



Pontifical Good Friday Collection

Friday April 3 2026




Colecta Pontificia del Viernes Santo

Viernes Abril 3 2026




**BUILDING HOPE AND A FUTURE IN THE HOLY LAND**

YOUR CONTRIBUTION HELPS TO PROVIDE:

- 288 FRIARS IN 11 COUNTRIES
- 85 SANCTUARIES AND 24 PARISHES
- 8 CUST HOUSES FOR PILGRIMS
- 540 UNIVERSITY SCHOLARSHIPS
- 64 FRIARS PREPARING FOR THE PRIESTHOOD
- 18 SCHOOLS WITH MORE THAN 10000 STUDENTS
- 28 YOUTH SERVED BY BETHLEHEM BOYS HOME
- 1000 HOUSING UNITS FOR LOW-INCOME FAMILIES
- 1050 EMPLOYEES

AND HOPE TO OUR CHRISTIAN BROTHERS AND SISTERS IN THE HOLY LAND

COMMISSARIAT OF THE HOLY LAND | 1400 Quincy St. NE, Washington, DC 20017 | www.MyFranciscan.org

**CONSTRUYENDO FUTURO Y ESPERANZA EN TIERRA SANTA**

TU CONTRIBUCIÓN AYUDA A PROVEER:

- 288 FRAILES EN 11 PAÍSES
- 85 SANTUARIOS Y 24 PARROQUIAS
- 8 CASAS DE ACOGIDA PARA PEREGRINOS
- 540 BECAS UNIVERSITARIAS
- 64 FRAILES EN FORMACIÓN PARA EL SACERDOCIO
- 18 ESCUELAS CON MÁS DE 10000 ESTUDIANTES
- 28 JÓVENES ATENDIDOS POR EL HOGAR DE NIÑOS DE BELÉN
- 1000 VIVIENDAS PARA FAMILIAS DE BAJOS RECURSOS
- 1050 EMPLEADOS

Y ESPERANZA A NUESTROS HERMANOS Y HERMANAS CRISTIANOS EN TIERRA SANTA

COMISSARIADO DE TIERRA SANTA | 1400 Quincy St. NE, Washington, DC 20017 | www.MyFranciscan.org

# ANNOUNCEMENT /EVENTS

# ANUNCIOS/EVENTOS

Please pray for our OCIA Candidates and Catechumens as they prepare for the sacraments at Easter. Lord Jesus, Good Shepherd, send your Holy Spirit upon these individuals. Grant them the spirit of wisdom, courage, and joy, and help us to welcome them with open hearts.

Por favor, oren por nuestros candidatos al OCIA y por nuestros catecúmenos, mientras se preparan para recibir los sacramentos en Pascua. Señor Jesús, Buen Pastor, envía tu Espíritu Santo sobre estas personas. Concédeles el espíritu de sabiduría, fortaleza y alegría, y ayúdanos a acogerlos con el corazón abierto.



# STEWARDSHIP CORNER

## RINCÓN DE LA MAYORDOMÍA

By: Bill Vigil

### **THE RESURRECTION OF THE LORD** **EASTER VIGIL APRIL 4, 2026**

In tonight's reading from Saint Paul's letter to the Romans, we are reminded that we are alive in Christ. And it is not merely once a year that we remember what Jesus did to give us this new life, forgiveness and peace. Every day good stewards remembers their baptism. They remember that they are united with Jesus in his death; that daily they drown the old sinful nature, and that daily they rise to their new life in Christ. Let us be mindful every day, especially when we are troubled by life or tempted by sin, that our lives are no longer about us, but about Christ's active, loving presence within us. That is our baptism. Alleluia! He is risen!

### **LA RESURRECCIÓN DEL SEÑOR** **VIGILIA PASCUAL, 4 DE ABRIL DE 2026**

En la lectura de esta noche, tomada de la carta de San Pablo a los Romanos, se nos recuerda que estamos vivos en Cristo. Y no es tan solo una vez al año que recordamos lo que Jesús hizo para otorgarnos esta nueva vida, este perdón y esta paz. Cada día, los buenos mayordomos recuerdan su bautismo. Recuerdan que están unidos a Jesús en su muerte; que a diario ahogan la vieja naturaleza pecaminosa y que, cada día, resucitan a su nueva vida en Cristo. Seamos conscientes cada día —especialmente cuando la vida nos agobie o el pecado nos tienta— de que nuestra vida ya no gira en torno a nosotros mismos, sino en torno a la presencia activa y amorosa de Cristo en nuestro interior. Eso es nuestro bautismo. ¡Aleluia! ¡Él ha resucitado!

### **THE RESURRECTION OF THE LORD** **EASTER SUNDAY APRIL 5, 2026**

The reading from the Acts of the Apostles reminds us that we, too, bear witness to the risen Lord. The presence of Christ is within us, making us new, transforming us, turning us into stewards of the Good News. There is no more time for holding grudges, disliking others, seeking vengeance, maintaining old prejudices, tolerating bias. We are Christ's joy and instruments of his peace. Our world is reordered. Reflect on how we are called to let Christ's forgiveness, reconciliation and love permeate our lives. We are Easter people. Rejoice! He is risen! Alleluia!

### **LA RESURRECCIÓN DEL SEÑOR** **DOMINGO DE PASCUA, 5 DE ABRIL DE 2026**

La lectura de los Hechos de los Apóstoles nos recuerda que nosotros también damos testimonio del Señor resucitado. La presencia de Cristo habita en nosotros, haciéndonos nuevos, transformándonos y convirtiéndonos en custodios de la Buena Nueva. Ya no queda tiempo para guardar rencores, sentir aversión hacia los demás, buscar venganza, mantener viejos prejuicios o tolerar la parcialidad. Somos la alegría de Cristo e instrumentos de su paz. Nuestro mundo ha sido reordenado. Reflexionemos sobre cómo estamos llamados a permitir que el perdón, la reconciliación y el amor de Cristo impregnen nuestras vidas. Somos el pueblo de la Pascua. ¡Alegraos! ¡Él ha resucitado! ¡Aleluia!

### **LENTEN DISCIPLINES AS CATHOLICS**

### **CUIDADO DISCIPLINAS COMO CATOLICAS**

[Pope Leo XIV in his first Lenten message](#) invites us to do intentional "listening" and "fasting" "together" so that we have "custody of the heart" which allows us to "refrain from words that offend and hurt our neighbor" by "disarming our language." Here are the Lenten disciplines by US Conference of Catholic Bishops. (Fr. Toshio Francesco, CM)

#### **USCCB on Lenten Regulation**

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

**El Papa León XIV, en su primer mensaje de Cuaresma**, nos invita a escuchar y ayunar intencionalmente juntos para tener una custodia del corazón que nos permita abstenernos de palabras que ofendan y hieren al prójimo, desarmando nuestro lenguaje. Estas son las disciplinas cuaresmales de la Conferencia de Obispos Católicos de Estados Unidos. (P. Toshio Francesco, CM)

#### **USCCB sobre el ayuno y la abstinencia cuaresma**

El Miércoles de Ceniza y el Viernes Santo son días obligatorios de ayuno y abstinencia para los católicos. Además, los viernes durante la Cuaresma son días obligatorios de abstinencia. Para los miembros de la Iglesia de rito latino, las normas son obligatorias desde la edad de 18 años hasta los 59. Cuando se ayuna, se le permite a la persona comer una comida completa, así como dos comidas más pequeñas que juntas no equivalgan a una comida completa. Las normas sobre la abstinencia de carne son vinculantes para los miembros de la iglesia católica de rito latino desde los 14 años en adelante.

**EASTER SUNDAY OF THE RESURRECTION OF THE LORD**

### SOMETHING NEW FOR FAITH FORMATION

We are asking those in our confirmation program to get involved in different ministries of the parish. Some have chosen to become lectors, eucharistic ministers, servers or part of the choir

This is a wonderful way to keep our youth involved and build a future for our faith and parish. They have been choosing different Sunday masses at which to serve.

If they come to serve at one of the masses you were already assigned, I ask you to please assist and welcome them, as this might be their first time. My hope is that they will become a regular part of the ministries they have chosen.



*THANKS FOR YOUR SUPPORT*  
Fr. David

## ALGO NUEVO PARA LA FORMACIÓN EN LA FE

Invitamos a quienes participan en nuestro programa de confirmación a participar en los diferentes ministerios de la parroquia. Algunos han optado por ser lectores, ministros de la eucaristía, servidores o miembros del coro.

Esta es una manera maravillosa de mantener a nuestros jóvenes involucrados y construir un futuro para nuestra fe y parroquia. Han estado eligiendo diferentes misas dominicales para servir.

Si vienen a servir en una de las misas que ya les fueron asignadas, les pido que por favor les ayuden y les den la bienvenida, ya que podría ser su primera vez. Espero que se conviertan en parte habitual de los ministerios que han elegido.

GRACIAS POR SU APOYO

**Padre David**

## Thank You

A huge thank you to everyone who contributed to the delicious and heartwarming Lenten Friday Soup Suppers! Your generosity and efforts are greatly appreciated by all who enjoyed the meals.

The soups and other delicacies shared by different ministries and fellowship were a wonderful part of Lent.

 [stignace.org](http://stignace.org)

## Gracias

¡Un enorme agradecimiento a todos los que contribuyeron a las deliciosas y reconfortantes cenas de sopa de los viernes de Cuaresma! Su generosidad y sus esfuerzos son sumamente apreciados por todos aquellos que disfrutaron de las comidas.


Las sopas y otras delicias compartidas por los diferentes ministerios y grupos de comunión fueron una parte maravillosa de la Cuaresma.

 [stignace.org](http://stignace.org)

## Salamat Po

Maraming salamat sa lahat ng nag-ambag sa masarap at nakakaantig na Kuwaresma na Sopas na Hapunan! Ang inyong pagkabukaspalad at pagsisikap ay lubos na pinahahalagahan ng lahat ng nasiyahan sa mga pagkain.

Ang mga sopas at iba pang masasarap na pagkain na pinagsasaluhan ng iba't ibang ministryo at pakikisama ay isang kahanga-hangang bahagi ng Kuwaresma.

 [stignace.org](http://stignace.org)

**Alaska MARCH for LIFE**

**April 25, 2026**

**12 PM - March for Life**  
1420 N St.  
Anchorage, AK 99501

**1:30 PM - Rally**  
Delaney Park Strip Downtown  
W 9<sup>th</sup> Ave. & F St.  
Anchorage, AK 99501

**ALASKA MARCH FOR LIFE**  
MarchforLife.org/Alaska

*we'll see you there!*

For event details, scan the code.

alaska FAMILY COUNCIL

**More Alaska March for Life Stuff!  
Are you ready to be a part of something big?**

The 2026 March for Life is ramping up to be the largest PROLIFE gathering in our state history and you're invited to participate.  
Here's how -

Mark your calendar for Sat, April 25th  
Scan the above Code for our info packet to learn more and spread the word to everyone you know.

Join us for an evening of worship and prayer the night before the March. Two opportunities. Both on Friday, April 24th in Anchorage.

Cathedral of Our Lady of Guadalupe  
3900 Wisconsin Street  
6:00 p.m. - Vigil Mass for Life

Unite Church  
Lake Otis and Abbott Loop  
7:30 p.m. Worship & Prayer Night for Life

**Alaska MARCHA pro VIDA**

**25 de abril, 2026**

**12 PM - Marcha**  
1420 N St.  
Anchorage, AK 99501

**1:30 PM - Concentration**  
Delaney Park Strip Downtown  
W 9<sup>th</sup> Ave. & F St.  
Anchorage, AK 99501

**ALASKA MARCH FOR LIFE**  
MarchforLife.org/Alaska

*¡Nos vemos!*

Para los detalles del evento, escanea el código.

alaska FAMILY COUNCIL

**¡Más novedades sobre la Marcha por la Vida en Alaska!  
¿Estás listo para formar parte de algo grande?**

La Marcha por la Vida de 2026 se perfila como la mayor concentración provida en la historia de nuestro estado, y usted está invitado a participar.  
Así es como puede hacerlo:

Marca en tu calendario el sábado 25 de abril.  
Escanea el código de arriba para obtener nuestro paquete informativo, conocer más detalles y correr la voz entre todos tus conocidos.

Acompáñenos en una velada de adoración y oración la noche anterior a la Marcha. Dos oportunidades. Ambas el viernes 24 de abril en Anchorage.

Catedral de Nuestra Señora de Guadalupe  
3900 Wisconsin Street  
6:00 p. m. — Misa de Vigilia por la Vida

Unite Church  
Lake Otis y Abbott Loop  
7:30 p. m. Noche de Adoración y Oración por la Vida

# THE POWER OF LISTENING

Can you recall a time when you were truly listened to and not given advice? How did it feel?

Having someone just listen to us is healing and clarifying.

It is an honor to listen and bear witness to another's story.

**The Listening Post is offering a new volunteer training on Saturday—April 18, 2026 from 1-4pm.**

We listen at several locations in Anchorage. We invite you to visit our website to learn more about us:

[www.listeningpostanchorage.com](http://www.listeningpostanchorage.com) If you are interested in the training, please email us:

[listeningpostak@gmail.com](mailto:listeningpostak@gmail.com) for details about the training.

The Listening Post



Heart. Heard.

## We appreciate your support for Lenten Food Drives!

Our total for the Lenten Food Drive so far is **5,619** lbs of food! Two weeks left! We need 2000 lbs. of food to match last year's food donations! Thanks for your support!

Drop off food donations from 1-4 pm Monday through Thursday or 9-4 on Friday at 3710 E. 20 th Ave. Let the Food Pantry staff know which parish you are dropping food off for so we can credit your church's tally! If you are not able to bring food to the church or food pantry, you may also give online.

### Complex Care Urgent Needs

Drop off at Complex Care, 303 W. Fireweed Lane 10am to 6pm or have shipped directly to the shelter. They are currently requesting donations of:

- Totes with lids (for guest storage)
- Twinlong fitted sheets
- Pillowcases, Blankets, Bath Towels

Where to purchase:

- Totes with lids: Fred Meyer typically has the most affordable options
- Sheets, pillowcases, blankets, and towels: Walmart or Amazon offer cost effective choices.

At Complex Care, each guest is allowed **two totes** to safely store their belongings. Due to high need and ongoing turnover, our supply ran out several months ago, and we have an immediate need to replenish them. While we plan to purchase some directly, having an ongoing donation source—or even a onetime boost—would greatly support our guests.

The linens and towels listed above are used daily, and our current inventory is running low. Donations of these items help us maintain a safe, clean, and dignified environment for every individual who enters our program.

**Any contributions—large or small—make a meaningful difference.**

### Complex Care Foot Care has begun!

Thanks for the support of volunteers and community members for donations!

### Saint Francis House Food Pantry- is also a diaper pantry and provides household goods

to clients who come through the line, as well to CSS shelters. Their stocks on the following items are low, and they are needing the following items if you have extras and would like to pass them on. SFH will get them in the hands of those who need them.

- Bath Towels, Twin Sheets, Pillows
- Dish soap, Laundry Detergent, Toilet paper

### Brother Francis Shelter Updated Needs

Drop off at Brother Francis Shelter 1021 E. 3rd Avenue 10 am to 6 pm, or Saint Francis House Food Pantry 3710 E. 20 th Ave. 1-4pm Monday through Thursday or 9-4 pm Friday. Amazon links of examples are given. Used is fine!

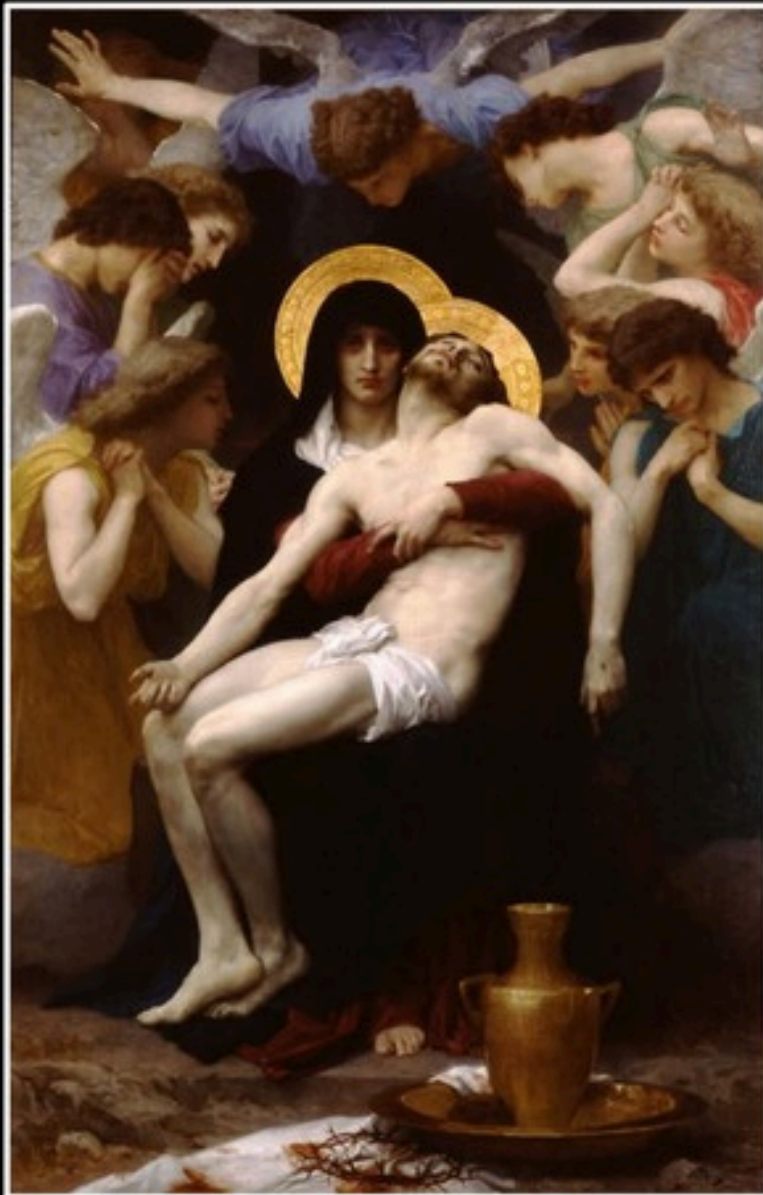
- **Blankets** for guests to keep them warm and comfortable--we are pretty much out all the time. Regular donations would be great.
- **Storage totes for guests.** They are all given two totes as a way of consolidating and safely storing their belongings. We need them to replace lost or broken totes and continue to assist clients downsizing and keeping the shelter clean and safe.
- We would very much appreciate some bulk cases of affordable bath towels from amazon or Wal-mart or any towel donations. Towels are often lost and need ongoing donation assistance.
- **Bulk dark colored fitted sheets** for guests. These are a basic part of an intake, to provide a clean sheet for a guest to sleep on. Darker is better than white. Any sheets are better than nothing though. Fitted appears to help guests better.

### Current Volunteer Opportunities

See our updated [current volunteer opportunity page](#) and fill out a fresh application if you don't have a current one on file. Background checks are required for all individuals volunteering with CSS. Group volunteers are welcomed. See the group volunteer page on our website and someone will contact you about [current group opportunities](#) (not all are listed on the website).

# DOMINICAN FORUM

## “Mary: Co-redemptrix and Mediatrix?”



**Fr. Matthew  
Heynen, OP**



**Wednesday  
April 15  
7P**

**Dominican Hall  
Holy Family  
Anchorage**





**"Come and see"  
retreats**



**18 TO 30 YEARS OLD  
JULY 9-12**



**14 TO 17 YEARS OLD  
JULY 31  
AGUST 1-2**



**Blessed Sacrament Monastery**

**(907) 344-3330**

**sistersofperpetualak@gmail.com**

**2645 E. 72ND AVE**

**Anchorage, AK.**

**SISTERS OF PERPETUAL  
ADORATION OF THE  
BLESSED SACRAMENT**



**INVITATION  
2026**



**TEEN GIRLS RETREAT**

**JAN.  
24**



**MAR.  
21**

**TEEN GIRLS RETREAT**

**TEEN GIRLS RETREAT**

**OCT.  
17**



**TEEN GIRLS RETREAT**

**DEC.  
17**

**TEEN GIRLS RETREAT**



# VOCATION

# VOCACIÓN



VINCENTIAN  
PRIESTS & BROTHERS  
U.S.A.



## Who We Are

[cmvocationusa.org/our-charism](http://cmvocationusa.org/our-charism)

## Discover The Vincentian Calling



## Vincentian Brotherhood



## Vincentian Spirituality



## The Vincentian Call



[cmvocationusa.org/vincentian-brotherhood](http://cmvocationusa.org/vincentian-brotherhood)

Domingo de Pascua de la Resurrección del Señor