



Catedral de Nuestra Señora de Guadalupe, Alaska  
3900 Wisconsin St., Anchorage, AK 99517



# FOURTH SUNDAY OF LENT

"Jesus said, for judgment I have come into this world, so that the blind will see and those who see will become blind"  
~ John 9:25

# FOURTH SUNDAY OF LENT

### Daily Mass - Misa diaria

Monday - Friday 9:00am

Wednesdays - 5:30pm

Exposition of the Blessed

Sacrament Wed 6pm -8pm after the 5:30pm mass.

### Weekend Mass

Misa de fin de semana

Saturday 5:30pm English

Sunday 9:00am (Live Stream)

11:30am Spanish

5:30pm English

### Reconciliation - Reconciliación

Saturday 4:30pm to 5:15pm

Sunday 10:30am to 11:15am

### OFFICE HOURS - HORARIO DE OFICINA

Mon - 12pm - 2pm

Tue - Fri 8am - 2pm, 5pm-8pm

Sat & Sunday - Closed

Tel# (907) 248-2000

Connect with us! - Conéctate con nosotras!



Want something in the bulletin and website? Email [marrasal@olgak.org](mailto:marrasal@olgak.org)

### Mission Statement

Cathedral of Our Lady of Guadalupe - Anchorage, Alaska is a Roman Catholic parish of diverse cultures nourished by the Eucharist, guided by the Holy Spirit and inspired by our Patroness. We come together to pray, love, serve and evangelize through the Gospel of Life and social teachings of the Catholic Church.

Cathedral Website scan the QR code



AOAJ Website scan the QR code



### Declaración de misión

La Catedral de Nuestra Señora de Guadalupe - Anchorage, Alaska, es una parroquia católica de diversas culturas, nutrida por la Eucaristía, guiada por el Espíritu Santo e inspirada por nuestra Patrona. Nos reunimos para orar, amar, servir y evangelizar a través del Evangelio de la Vida y las enseñanzas sociales de la Iglesia Católica.

## Staffed by the Congregation of the Mission (C.M.)

### "Vincentians"

Archbishop of Anchorage-Juneau  
The Most Rev. Andrew E. Bellisario, C.M.



Pastor  
Fr. David Nations, C.M.



Parochial Vicar  
Fr. Toshio Sato, C.M.



# INFORMATION

# INFORMACIÓN



## MASS INTENTION

**March 14 - March 20**

**S.I. Special Intention  
+ Repose of the Soul**

Saturday	5:30pm	People of the Parish
Sunday	9:00am	Salvador Traya Bacon Jr.+ Florencia Generoso+ Hudson Zirbel+
	11:30am	Douglas MacArmour & Family S.I.
	5:30pm	Theresa Alabanzas+
Monday	9:00am	Agapito Cadavos+
Tuesday	9:00am	Linda & Thad Woodard S.I.
Wednesday	9:00am	Edward Serrano+ Allan Guintu S.I.
	7:00pm	Rolando Manuel Bugarin+
Thursday	9:00am	Respect for Life
Friday	9:00am	Serapia Tarrayo+

## PRAYERS FOR THE SICK/ ORACIÓN POR LOS ENFERMOS

Please pray for those who are sick, in pain or recovery or in need of spiritual healing.

John Fundeen	Mark Samaniego
Jo Ann Berna	Mary Ann Swalling
Fr. Scott Medlock	Fr. Dan Hebert
Louie Sanchez	Deanna Spills
Dee Zimmerman	Fe & Boy Dawag
Alan Cadavos	Joe Samaniego
Carul Fundeen	Allan Rey Guintu

## PRAYERS FOR THE DECEASED/ ORACIONES POR LOS DIFUNTOS

Onassis Cartagena	Teodoro Pasaylo Sr.
Marina Cadavos	Frank Javier
Peggy Baumeister	Ricardo Generoso
Dodo & Mamie Cartagena	Theresa Alabanzas

## FUNERAL & MEMORIAL MASS PLANNING

If you recently loss a loved one and would like to make arrangements for their funeral service at COLG, please call the office at 907-248-2000

## HEALTH MINISTRY

Zumba \$5 a session



Join at the Lunney Center Wed & Thursday 10am-11am

## MINISTERIO DE SALUD

Zumba \$5 por sesión

Únase al Lunney Center los miércoles y jueves de 10-11am

Do you love to sing and want to share your voice in worship? We are inviting you to join our church choir!. No experience needed, just the heart for music and praising God. Pick your preferred time and contact the choir coordinators directly.

<b>Saturday 5:30pm</b>	Han Lee 907-351-7916
<b>Sunday 9:00am</b>	Chad & Edna Resari
<b>Sunday 11:30am</b>	Maura Esparza 907-227-0656
<b>Sunday 5:30pm</b>	Larry Cadavos 907-885-1390
	Loni Amor 907-306-5509

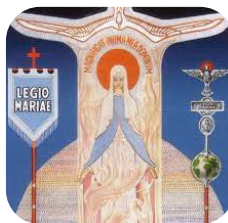


## KNIGHTS OF COLUMBUS

The Knights meet on the 3<sup>rd</sup> Thursday of each month at 6:30pm at the Tepeyac Room.

## CABALLEROS DE COLÓN

Los Caballeros se reúnen el tercer jueves de cada mes a las 18:30 en la Sala Tepeyac.



## LEGION OF MARY

Are you looking for an opportunity to spread the Gospel? The Legion of Mary is for you. Join our weekly meeting to find out more. Thursday 5:45pm - 7:00pm at the Church South Tower Room.

## LEGIÓN DE MARÍA

¿Buscas una oportunidad para difundir el Evangelio? La Legión de María es para ti. Únete a nuestra reunión semanal para obtener más información. Jueves de 17:45 a 19:00 en la sala de la torre sur de la iglesia.

## CATHOLIC DAUGHTERS OF THE AMERICAS



The next meeting will be held on Monday Feb 9, 2026 or second monday of each month at 6pm-8:30pm at the Lunney Center- Tepeyac Room. For more information contact Cecilia Stanley at [cecistanley2013@icloud.com](mailto:cecistanley2013@icloud.com)

## HIJAS CATÓLICAS DE LAS AMÉRICAS

La próxima reunión se celebrará el lunes 9 de febrero de 2026 o el segundo lunes de cada mes, de 18:00 a 20:30 h, en el Centro Lunney, sala Tepeyac. Para más información, comuníquese con Cecilia Stanley a través del correo electrónico [cecistanley2013@icloud.com](mailto:cecistanley2013@icloud.com).



## ORDER OF CHRISTIAN INITIATION OF ADULTS

Thinking of becoming a Catholic? We want to help! Contact Vince Fennimore: [vsfennim@ptialaska.net](mailto:vsfennim@ptialaska.net) or call 907-242-1391.

¿Estás pensando en convertirte al catolicismo? ¡Queremos ayudarte!

Para contactar con Vince Fennimore, escriba a [vsfennim@ptialaska.net](mailto:vsfennim@ptialaska.net) o llame al 907-242-1391.

## HISPANIC MEN'S GROUP GRUPO DE HOMBRES HISPANOS

Se reúne todos los lunes de 6:30-8pm en la Sala Juan Diego.

## GRUPO CARISMÁTICO ESPAÑOL

Las reuniones se celebran todos los martes de 6-9pm en la Sala Juan Diego. Para más información, llame a Miguel Hernández al 907-952-6601.

## AMADAS

El grupo de mujeres españolas se reúne el primer lunes de cada mes en el salón Lunney Tepeyac de 6:00 p. m. a 8:00 p. m.

**Exposition of the Blessed Sacrament, every First Friday of the month new schedule to be determined**

**EExposición del Santísimo Sacramento: cada primer viernes del mes (nuevo horario por determinar).**

PASTORAL TEAM

**PASTOR**

**Rev. David Nations, C.M.**  
 calendarsvdp@gmail.com  
 Office: 907-248-2000 ext 403  
 Cell: 314-703-6987

**PAROCHIAL VICAR**

**Rev. Toshio Sato, C.M.**  
 TSato@vincentian.org  
 Office: (907) 248-2000 ext 404  
 Cell: 501-420-4405

**DEACON**

**Deacon Gabriel Ruiz**  
 sejees@hotmail.com  
 (907) 351-4269



Is a great way to stay connected with our parish with instant notifications, enjoy additional features like prayers, mass times, homilies, helpful reminders to silence your phone before mass or confession, and much much more. Scan the QR code to be directed to the app and follow the instruction to download.



Would you like to request a Mass Intention? You can visit us in our office Mon-Fri from 8-2pm, or email us your written intention request to [marras@olgak.org](mailto:marras@olgak.org). Mention if it is for a living or deceased, the date & mass time desired. Include your name, phone number in case there are any questions. Suggested offering is \$10

SACRAMENTS

**BAPTISM**- Visit the office during business hours to pickup baptism packet and to be schedule for the baptismal preparation class. The class help parents and godparents understand more deeply of the sacrament.

**CONFESSION** - see cover page

**CONFIRMATION** -olgak.org/faith-formation-1

**HOLY EUCHARIST**-contact parish office

**HOLY ORDERS**-To learn about the priesthood and/or deaconate. contact Fr.Toshio Sato at 501-420-4405 or email TSato@vincentian.org

**MATRIMONY** -Parishioners wishing to partake in the Sacrament of Marriage at the Cathedral will need to contact the Parish Office, at least six (6) months before the planned ceremony for additional information and to register for the Marriage Preparation.

**ANNOINTING OF THE SICK**- Feel free to approach or call one of our priests or call the office to schedule the Holy Anointing of the Sick.

**BAPTISM**

Parents & Godparents must attend the Baptism class before scheduling a date of baptism for their child. Visit the office during business hrs. to be listed for the next class.

**PRE-BAPTISM CLASS ENGLISH**

Second Thursday of each month

March 19th 7pm North Tower room of the church.

**CLASE DE BAUTISMO (Español)**

Cuarto jueves de cada mes

March 26<sup>th</sup> 6:30pm

**OFFICE MANAGER**

**Marra Salazar**

[marras@olgak.org](mailto:marras@olgak.org)

Office:907- 248-2000 ext 402  
 Cell: (907) 217-0160

**BUSINESS MANAGER**

**John Fleming**

[JohnF@olgak.org](mailto:JohnF@olgak.org)

Office 907- 248-2000 ext 405  
 Cell: (907) 230-7783

**FACILITIES MANAGER**

**jiml@olgak.org**

**Jim Lebiedz**

Office: (907) 248-2000  
 Cell: (907) 240-3304

**ParishSOFT<sup>®</sup> DONATE Giving**

Cathedral of Our Lady of Guadalupe offer parishioners an easy to use site with up-to-date methods of electronic donations. Simply go to our website [olgak.org](http://olgak.org), or scan the QR code with your phone or tablet to be directed to our donation website



**NEW TO THE PARISH?**

Welcome! wherever you are in your faith journey, its great to have you. If you would like to be a part of our family, Please take time to complete a parish registration form available in our website [olgak.org](http://olgak.org) or stop by in our office during business hours 8-2pm mon-fri. Email it to [marras@olgak.org](mailto:marras@olgak.org), or return to parish office, or place in the collection basket at the Sat & Sunday liturgy. We look forward meeting with you.

**2025 United in Mission**

Thank you for your generosity and support to the Archdiocese and Parish.

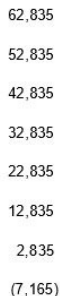
**Goal Pledged**  
**159.74%**

**Our Parish Goal**  
**\$62,834.71**

**Total Pledged**  
**\$100,373.80**

**Progress**

Overall Target  
 Overall Total  
 On Track Target



159.74%

Overall	
Overall Target	62,834.71
On Track Target	1,000.00
Overall Total	100,373.80
Overall Percent	<b>159.74%</b>

This Period	
Start:	7/26/25
End:	2/5/26
Total:	100,373.80

Today	
Date:	3/10/26
Total:	100,373.80

Gracias por su generosidad y apoyo a la Arquidiócesis y la Parroquia.

**WEEKLY COLLECTION**

You may donate through our website using the QR code to be directed to our online giving

Thank you for sharing what God has given you with our Parish.

**COLECCIÓN SEMANAL**

Puede donar a través de nuestro sitio web utilizando el código QR para ser dirigido a nuestra donación en línea.

Gracias por compartir lo que Dios te ha dado con nuestra Parroquia.



	2026 Mar 1	Mar 8
Collection	\$ 37,932.84	\$ 3,195.14
E-Giving	\$ 3,437.65	\$ 11,565.00
<b>TOTAL</b>	<b>\$ 41,370.49</b>	<b>\$ 14,760.14</b>

# STEWARDSHIP CORNER

## RINCÓN DE LA MAYORDOMÍA

By: Bill Vigil

### Fourth Sunday of Lent

Saint Paul gives us a wakeup call. As stewards of the light of Christ, we are to reflect that light with the help of the Holy Spirit. If Christ's work has transformed and illuminated our lives, there should be a change. The light of Christ's active presence should be at work in us. And as the light shines within us, we take on the properties of that light and we shine too. We are used by God to shine the light of Christ in the lives of others. A challenging Lenten reflection: Is the light of Christ shining in our hearts? Is the light of Christ reflecting out from us to others?

### Cuarto Domingo de Cuaresma

San Pablo nos llama la atención. Como administradores de la luz de Cristo, debemos reflejarla con la ayuda del Espíritu Santo. Si la obra de Cristo ha transformado e iluminado nuestras vidas, debería haber un cambio. La luz de la presencia activa de Cristo debería obrar en nosotros. Y a medida que la luz brilla en nuestro interior, asumimos sus propiedades y también brillamos. Dios nos usa para hacer brillar la luz de Cristo en la vida de los demás. Una reflexión cuaresmal estimulante: ¿Brilla la luz de Cristo en nuestros corazones? ¿Se refleja la luz de Cristo desde nosotros hacia los demás?

### Be a Good Steward of the Lenten Season

The Lenten season prepares us for the celebration of Easter. It is a time for Christians to embrace prayer, fasting, and almsgiving in a more concerted way. For some it is a time of healing, an opportunity to repair their spiritual brokenness. For others it is simply a good time to cultivate their spiritual lives in a more disciplined manner. The goal of Lenten practices: to prepare ourselves to enter into the paschal mystery of Holy Week with a more humble spirit and determination to follow Jesus Christ. This ancient triad of prayer, fasting and almsgiving offers wonderful spiritual benefits. Being a good steward of these gifts by planning ahead and following through is essential to having a fruitful Lenten experience.

### Sé un buen administrador del tiempo de Cuaresma

La Cuaresma nos prepara para la celebración de la Pascua. Es un tiempo para que los cristianos abracen la oración, el ayuno y la limosna de forma más coordinada. Para algunos, es un tiempo de sanación, una oportunidad para reparar su fragilidad espiritual. Para otros, es simplemente un buen momento para cultivar su vida espiritual con más disciplina. El objetivo de las prácticas cuaresmales: prepararnos para entrar en el misterio pascual de la Semana Santa con un espíritu más humilde y la determinación de seguir a Jesucristo. Esta antigua tríada de oración, ayuno y limosna ofrece maravillosos beneficios espirituales. Ser un buen administrador de estos dones, planificando con antelación y perseverando, es esencial para tener una experiencia cuaresmal fructífera.

### LENTEEN DISCIPLINES AS CATHOLICS

### CUIDADO DISCIPLINAS COMO CATOLICAS

[Pope Leo XIV in his first Lenten message](#) invites us to do intentional "listening" and "fasting" "together" so that we have "custody of the heart" which allows us to "refrain from words that offend and hurt our neighbor" by "disarming our language." Here are the Lenten disciplines by US Conference of Catholic Bishops. (Fr. Toshio Francesco, CM)

#### USCCB on Lenten Regulation

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

**El Papa León XIV, en su primer mensaje de Cuaresma**, nos invita a escuchar y ayunar intencionalmente juntos para tener una custodia del corazón que nos permita abstenernos de palabras que ofendan y hieren al prójimo, desarmando nuestro lenguaje. Estas son las disciplinas cuaresmales de la Conferencia de Obispos Católicos de Estados Unidos. (P. Toshio Francesco, CM)

#### USCCB sobre el ayuno y la abstinencia cuaresma

El Miércoles de Ceniza y el Viernes Santo son días obligatorios de ayuno y abstinencia para los católicos. Además, los viernes durante la Cuaresma son días obligatorios de abstinencia. Para los miembros de la Iglesia de rito latino, las normas son obligatorias desde la edad de 18 años hasta los 59. Cuando se ayuna, se le permite a la persona comer una comida completa, así como dos comidas más pequeñas que juntas no equivalgan a una comida completa. Las normas sobre la abstinencia de carne son vinculantes para los miembros de la iglesia católica de rito latino desde los 14 años en adelante.

## SPECIAL COLLECTIONS 3.15.2026

## COLECCIONES ESPECIALES 15/03/2026

### Catholic Relief Services

### Servicios de ayuda católica

This week we take up the Catholic Relief Services Collection to **reveal Christ's love** to our brothers and sisters in need. This collection makes grants to six Catholics agencies that provide relief and support for struggling communities and work for peace and reconciliation among our marginalized brothers and sisters, both here and around the world. Please prayerfully consider how you can support the collection. Learn about the collection at [www.uscb.org/catholic-relief](http://www.uscb.org/catholic-relief). You can also donate online.

Esta semana realizamos la Colecta de Catholic Relief Services para revelar el amor de Cristo a nuestros hermanos y hermanas necesitados. Esta colecta otorga subvenciones a seis agencias católicas que brindan ayuda y apoyo a comunidades en dificultades y trabajan por la paz y la reconciliación entre nuestros hermanos y hermanas marginados, tanto aquí como en todo el mundo. Por favor, considere con oración cómo puede apoyar la colecta. Infórmese sobre la colecta en [www.uscb.org/catholic-relief](http://www.uscb.org/catholic-relief). También puede donar en línea.



## Lenten Soup Supper

### Soup Supper 5pm

Feb 20 <sup>th</sup>	Sunday, 9am Choir
Feb 27 <sup>th</sup>	Spanish Choir
Mar 6 <sup>th</sup>	Fish Fry-No Soup Supper
Mar 13 <sup>th</sup>	Legion of Mary
Mar 20 <sup>th</sup>	Filipino Community
Mar 27 <sup>th</sup>	Spanish Women's Group



## Cena de sopa de Cuaresma

### Cena de sopa a las 5pm

20 de febrero, domingo, 9:00 a. m.	Coro
27 de febrero,	Coro en español
6 de marzo,	Cena de pescado frito sin sopa
13 de marzo,	Legión de María
20 de marzo,	Comunidad filipina
27 de marzo,	Grupo de mujeres en español

Join us for a meaningful Lenten tradition of fellowship and prayer every Friday in Lent. We invite you to a simple, meatless soup supper at 5pm in the Lunney Center starting February 20<sup>th</sup> followed by Stations of the Cross 7pm at the Cathedral. This is a wonderful opportunity to slow down, and walk with Christ through His Passion. If you are able to bring a "Meatless Soup", Bread, dessert to share, bring them Friday at the Lunney Ctr. kitchen before 5pm on the dates you wish to come.

Acompáñenos a una significativa tradición cuaresmal de compañerismo y oración todos los viernes de Cuaresma. Los invitamos a una cena sencilla con sopa sin carne a las 5 p. m. en el Comedor a partir del 20 de febrero, seguida del Vía Crucis a las 7 p. m. en la Catedral. Esta es una maravillosa oportunidad para relajarse y caminar con Cristo en su Pasión. Si pueden traer una sopa sin carne, pan y postre para compartir, tráiganlos el viernes a la cocina del Comedor antes de las 5 p. m. en las fechas que deseen venir.

## LENTEN PENANCE TIMES

## TIEMPOS DE PENITENCIA DE CUARESMA

## MGA PANAHON NG PENESIYA SA Kwaresma



**Saturday, March 14<sup>th</sup>**  
12-5pm

**Saturday, March 28<sup>th</sup>**  
12-5pm



**Sábado, 14 de marzo**  
12:00 - 5:00 p. m.

**Sábado, 28 de marzo**  
12:00 5:00 p. m.



**Sabado, ika-14 ng Marso**  
12-5pm hapon

**Sabado, ika-28 ng Marso**  
12-5pm hapon

# EVENTS

# EVENTOS

Starting March 18, 2026 onwards the Wednesday 5:30pm English Mass will be change to 7:00pm Spanish Mass.

A partir del 18 de marzo de 2026, la misa en inglés del miércoles de 5:30 p. m. se cambiará a la misa en español de las 7:00 p. m.

Project Rachel

"I have loved you with an everlasting love." -Jeremiah 31:3

A Day of Hope and Healing  
For Women Experiencing Abortion Loss

Free & Confidential - Hosted by Project Rachel Ministry

Saturday, March 21st, 2026  
9:30a - 4:30p  
in Anchorage

Registration is needed and further information is given at that time. Register by calling our confidential number at 907-297-7781 or email [projectrachelalaska@gmail.com](mailto:projectrachelalaska@gmail.com)



Project Rachel is a healing ministry of the Archdiocese of Anchorage-Juneau. This ministry provides compassionate, confidential, and free support to women and men who have experienced the loss of children to abortion. Long distance ministry and local referrals are available. God's healing love and mercy are always possible.

Find more information at [www.projectrachelalaska.com](http://www.projectrachelalaska.com) and on Facebook at Project Rachel Alaska



MARCH 29<sup>TH</sup>

**PALM  
SUNDAY**

REGULAR  
SUNDAY  
MASSES

CATHEDRAL OF OUR LADY OF  
GUADALUPE

29 DE MARZO

**DOMINGO  
DE  
RAMOS**

MISAS  
DOMINICALE  
S REGULARES

CATEDRAL DE NUESTRA SEÑORA  
DE GUADALUPE

MARSO 29

**LINGGO  
NG  
PALASPAS**

REGULAR NA  
MISA  
TUWING  
LINGGO

CATEDRAL NG ATING MAHAL NG  
INANG GUADALUPE

CATHEDRAL OF OUR LADY  
OF GUADALUPE

CATEDRAL DE NUESTRA  
SEÑORA DE GUADALUPE

KATEDRAL NG ATING MAHAL NA INA NG  
GUADALUPE

Our annual Easter Egg Hunt is coming up! To make this event special for our children, we are asking for donations of plastic eggs and wrapped candies. Please drop off your donations in the bin located in the church lobby by March 28<sup>th</sup>

¡Se acerca nuestra búsqueda anual de huevos de Pascua! Para que este evento sea especial para nuestros niños, solicitamos donaciones de huevos de plástico y dulces envueltos. Por favor, depositen sus donaciones en el contenedor ubicado en el vestíbulo de la iglesia antes del 28 de marzo.

Malapit na ang aming taunang Easter Egg Hunt! Upang gawing espesyal ang kaganapang ito para sa aming mga bata, humihingi kami ng mga donasyon ng mga plastik na itlog at mga nakabalot na kendi. Mangyaring ilagay ang inyong mga donasyon sa plastik na lagayan na matatagpuan sa lobby ng simbahan bago ang ika-28 ng Marso.

Thank you for your generosity!!

¡Gracias por su generosidad!

Salamat sa inyong pagkabukas-palad!!



**VOLUNTEERS NEEDED-** We are currently seeking volunteers to assist with liturgies for Holy Week, including Lectors, Altar Servers, and those willing to participate in the Washing of the Feet on Holy Thursday. Practice times below. Please prayerfully consider serving our community during this sacred time. Sign-up sheets are available in the Sacristy next week.

## EASTER TRIDUUM

*Cathedral of Our Lady of Guadalupe*

**HOLY THURSDAY, APRIL 2<sup>nd</sup>**  
 NO MORNING MASS  
 7:00 PM - Bilingual Mass  
 Mass of the Lord's Supper  
 Adoration until 10pm with Night Prayer

*In stillness  
the earth  
awaits  
the  
resurrection*

**GOOD FRIDAY, APRIL 3<sup>rd</sup>**  
 NO MORNING MASS  
 7:00 PM - Bilingual Mass  
 Liturgy of the Passion of the Lord

**EASTER VIGIL, APRIL 4<sup>th</sup>**  
 NO MORNING MASS  
 8:00 PM - Trilingual Mass  
 (english, spanish & filipino)

**PRACTICE TIMES FOR THE EASTER TRIDUUM**  
**Holy Thursday & Good Friday Practice**  
 Altar Servers, Washing of the Feet, Carriers of Good Friday Cross please show by 6pm  
**Easter Vigil Practice**  
 Catechumens, Confirmands, Altar Servers, and Lectors, Saturday April 4<sup>th</sup> at 10:00am

## TRIDUO PASCUAL

*Catedral de Nuestra Señora de Guadalupe*

**JUEVES SANTO, 2 DE ABRIL**  
 NO HAY MISA DE LA MAÑANA  
 07:00 h - Misa Bilingüe  
 Misa de la Cena del Señor  
 Adoración hasta las 22:00 h con Oración de la Noche

*En quietud  
la tierra  
espera la  
resurrección*

**VIERNES SANTO, 3 DE ABRIL**  
 NO HAY MISA DE LA MAÑANA  
 07:00 h - Misa Bilingüe  
 Liturgia de la Pasión del Señor

**VIGILIA PASCUAL, 4 DE ABRIL**  
 NO HAY MISA DE LA MAÑANA  
 08:00 - Misa trilingüe  
 (inglés, español y filipino)

**HORARIOS DE PRACTICA PARA EL TRIDUO PASCUAL**  
**Práctica del Jueves Santo y Viernes Santo**  
 Monaguillos, Lavatorio de Pies, Portadores de la Cruz del Viernes Santo, por favor presentarse antes de las 6pm  
**Práctica de la Vigilia Pascual**  
 Catecúmenos, Confirmandos, Monaguillos y Lectores, Sábado 4 de Abril a las 10:00am

## TRIDUO PASKWAL

*Katedral ng Mahal na Birhen ng Guadalupe*

**HUWEBES SANTO, ABRIL 2**  
 WALANG MISA SA UMAGA  
 7:00 Gabi - Misa Bilingguwal  
 Misa ng Hapunan ng Panginoon  
 Pagsamba hanggang 10:00 ng gabi na may kasamang Panalangin

*Sa katahimikan  
hinahintay ng  
lupa ang muling  
pagkabuhay*

**BIYERNES SANTO, ABRIL 3**  
 WALANG MISA SA UMAGA  
 7:00 Gabi - Misa Bilingguwal  
 Liturihiya ng Pasyon ng Panginoon

**BIGIL NG PASKO NG PAGKABUHAY, ABRIL 4**  
 8:00 Gabi - Misa sa Tatlong Wikha  
 (Ingles, Espanyol at Pilipino)

**ORAS NG PAGSASANAY PARA SA TRIDUO BANAL NA 3 ARAW**  
**Pagsasanay sa Huwebes Santo at Biyernes Santo**  
 Mga Tagapaglingkod sa Altar, Paghuhugas ng Paa, at Tagapagdala ng Krus ng Biyernes Santo, mangyaring pumunta bago mag-alas-6 ng gabi.  
**Pagsasanay sa Pagpupuyat ng Pasko ng Pagkabuhay**  
 Mga Katekumen, Kumpirmandi, Mga Tagapaglingkod sa Altar, at Mga Lektor, Sabado, Ika-4 ng Abril, 10:00 ng umaga

Please join us for an

# Easter Egg Hunt

Bring empty easter basket to collect eggs and join us on the Parish Lawn

Sunday | April 5<sup>th</sup> | after 9am and 11:30 masses

Cathedral of Our Lady of Guadalupe

Por favor únete a nosotras para una

# Búsqueda de huevos de Pascua

traiga una canasta de Pascua vacía para recoger huevos y únase a nosotros en el césped de la parroquia.

Domingo | 5 de abril | después de las misas de 9:00 y 11:30

Catedral de Nuestra Señora de Guadalupe

Samahan niyo kami para sa ating

# Linggo ng Pagkabuhay Egg Hunt

Magdala ng walang laman na basket sa Linggo ng Pagkabuhay para kumuha ng mga itlog at sumama sa amin sa labas ng simbahan

Linggo | April 5<sup>th</sup> | tapos ng 9am at 11:30 na misa

Katedral ng Mahal na Birhen ng Guadalupe

**OUR OFFICE CLOSED ON**

# Good Friday

April 3, 2026

# Easter Monday

April 6, 2026

**Nuestra oficina estará cerrada el**

# Viernes Santo

3 de abril de 2026

# Lunes de Pascua

6 de abril de 2026

**SARADO ANG AMING OPISINA**

# Biyernes Santo

April 3, 2026

# at Lunes ng Pagkabuhay

April 6, 2026



Pontifical Good Friday Collection

Friday April 3 2026



Colecta Pontificia del Viernes Santo

Viernes Abril 3 2026



BUILDING HOPE AND A FUTURE IN THE HOLY LAND

CONSTRUYENDO FUTURO Y ESPERANZA EN TIERRA SANTA

YOUR CONTRIBUTION HELPS TO PROVIDE

- 288 FRIARS IN 11 COUNTRIES
65 SANCTUARIES AND 24 PARISHES
6 GUEST HOUSES FOR PILGRIMS
540 UNIVERSITY SCHOLARSHIPS
64 FRIARS PREPARING FOR THE PRIESTHOOD
18 SCHOOLS WITH MORE THAN 10,000 STUDENTS
28 YOUTH SERVED BY BETHLEHEM BOYS' HOME
+1000 HOUSING UNITS FOR LOW-INCOME FAMILIES
1,050 EMPLOYEES

AND HOPE TO OUR CHRISTIAN BROTHERS AND SISTERS IN THE HOLY LAND

TU CONTRIBUCIÓN AYUDA A PROVEER

- 288 FRAILES EN 11 PAÍSES
65 SANTUARIOS Y 24 PARROQUIAS
6 CASAS DE ACOGIDA PARA PEREGRINOS
540 BECAS UNIVERSITARIAS
64 FRAILES EN FORMACIÓN PARA EL SACERDOCIO
18 ESCUELAS CON MÁS DE 10,000 ESTUDIANTES
28 JÓVENES ATENDIDOS POR EL HOGAR DE NIÑOS DE BELÉN
+1000 VIVIENDAS PARA FAMILIAS DE BAJOS RECURSOS
1,050 EMPLEADOS

Y ESPERANZA A NUESTROS HERMANOS Y HERMANAS CRISTIANOS EN TIERRA SANTA

COMMISSARIAT OF THE HOLY LAND 1400 Quincy St. NE, Washington, DC 20017 www.MyFranciscan.org

COMISSARIADO DE TIERRA SANTA 1400 Quincy St. NE, Washington, DC 20017 www.MyFranciscan.org

Advertisement for CRS RICE BOWL featuring a young girl and text: WHO IS READY TO CHANGE LIVES THIS LENT? ¡CAMBIA VIDAS ESTA CUARESMA!

Most of us know that the BIG 3 for Lent are; PRAYER, FASTING AND ALMS GIVING

Catholic Relief Services has provided us with a small box that you can assemble and then collect your loose change and/or cash, throughout the 40 days of Lent which can be donated to the poor.

Thank you for using the Rice Bowl to help the poor!



**FREE**



**MOVIE NIGHT**

**DAVID**



**SATURDAY**

**MARCH 21**

**7PM LUNNEY CENTER**

Bring a blanket, pillow, comfortable chair, snacks to share while we watch the movie "David" a Family Friendly action movie for all ages.

**NOCHE DE CINE  
GRATIS**

**DAVID**



**SÁBADO**

**21 DE MARZO**

**CENTRO DE COMIDAS**

**A LAS 7PM**

Traiga una manta, almohada, silla cómoda, bocadillos para compartir mientras vemos la película "David", una película de acción familiar para todas las edades.

**Soup & Stations**  
OUR LADY OF GUADALUPE

**Friday / Viernes**

2/20/26 5pm Soup & Stations / Sopa y Via Crucis  
2/27/26 5pm Soup & Stations / Sopa y Via Crucis

3/6/26 5pm Stations/via crucis.  
6pm Fish Fry / Venta de Pescado

3/13/26 5pm Soup & Stations / Sopa y Via Crucis  
3/20/26 5pm Soup & Stations / Sopa y Via Crucis  
3/27/26 5pm Soup & Stations / Sopa y Via Crucis

**Sopa & Via Crucis**  
NUESTRA SEÑORA DE GUADALUPE

**NEW RENTAL POLICY FOR LUNNEY CENTER**

The new year has started with a significant change to the requirements in order to rent the Lunney Center. Please check well in advance of the date you want if you are interested in renting the Lunney Center for a party or any other event. Contact Mr. Fleming or the Parish office and request a copy of the new **2026 Rental Policy** be sent to you via email so you can be ready with your questions when you call OLG Parish Office 907-248-2000.

**NUEVA POLÍTICA DE ALQUILER PARA EL CENTRO LUNNEY**

El nuevo año ha comenzado con un cambio importante en los requisitos para alquilar el Centro Lunney. Si está interesado en alquilar el Centro Lunney para una fiesta o cualquier otro evento, le recomendamos que consulte con suficiente antelación. Comuníquese con el Sr. Fleming o con la oficina parroquial y solicite que le envíen por correo electrónico una copia de la nueva Política de Alquiler de 2026 para que pueda tener sus preguntas listas cuando llame a la oficina parroquial de OLG al 907-248-2000.

**2025 YEAR END GIVING STATEMENTS READY**

Thank you for your faithful generosity this past year! Your annual donation tax statements for 2025 year end are now available. You can pick a copy in the narthex table. Please review your statement carefully and contact Marra at the office (907) 248-2000 with any questions.

**YA ESTÁN LISTOS LOS ESTADOS DE CUENTA DE DONACIONES DE FIN DE AÑO 2025.**

¡Gracias por su fiel generosidad durante el año pasado! Sus estados de cuenta anuales de donaciones para fines del año 2025 ya están disponibles. Puede recoger una copia en la mesa del nártex. Por favor, revise su estado de cuenta detenidamente y comuníquese con Marra en la oficina al (907) 248-2000 si tiene alguna pregunta.

**“Your generosity is greatly appreciated”**

**Su generosidad es muy apreciada.**

**SOMETHING NEW FOR FAITH FORMATION**

We are asking those in our confirmation program to get involved in different ministries of the parish. Some have chosen to become lectors, eucharistic ministers, servers or part of the choir

This is a wonderful way to keep our youth involved and build a future for our faith and parish. They have been choosing different Sunday masses at which to serve.

If they come to serve at one of the masses you were already assigned, I ask you to please assist and welcome them, as this might be their first time. My hope is that they will become a regular part of the ministries they have chosen.



THANKS FOR YOUR SUPPORT  
Fr. David

**ALGO NUEVO PARA LA FORMACIÓN EN LA FE**

Invitamos a quienes participan en nuestro programa de confirmación a participar en los diferentes ministerios de la parroquia. Algunos han optado por ser lectores, ministros de la eucaristía, servidores o miembros del coro.

Esta es una manera maravillosa de mantener a nuestros jóvenes involucrados y construir un futuro para nuestra fe y parroquia. Han estado eligiendo diferentes misas dominicales para servir.

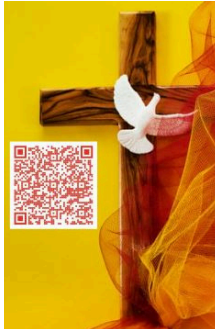
Si vienen a servir en una de las misas que ya les fueron asignadas, les pido que por favor les ayuden y les den la bienvenida, ya que podría ser su primera vez. Espero que se conviertan en parte habitual de los ministerios que han elegido.

GRACIAS POR SU APOYO  
Padre David

**CONFIRMATION**

Dear Parents,  
Register your child for the Confirmation Mass, to ensure they are included in this important sacrament celebration. Scan the QR code and choose the date you wish your child to celebrate the confirmation. We ask that our oig kids to select the Wednesday, April 22<sup>nd</sup> slot ideally.

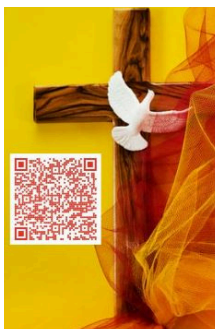
Parents play a key role! we need your active support to help you child grow in faith. Register now.



**CONFIRMACIÓN**

Estimados padres:  
Inscriban a su hijo/a en la Misa de Confirmación para asegurar su inclusión en esta importante celebración sacramental. Escaneen el código QR y elijan la fecha en que desean que su hijo/a celebre la Confirmación. Les pedimos a nuestros hijos/as que elijan el miércoles 22 de abril, idealmente.

¡Los padres son fundamentales! Necesitamos su apoyo activo para ayudar a sus hijos a crecer en la fe. Regístrese ahora.



## March Update and Invitation to Camp Gala 2026!

You make this a GREAT ministry to kids; help us make it even greater on March 19! Here's the latest:

### Summer Camp:

Currently 214 children stand registered for the summer; that means camp is 59% full! We're planning 7 weeks of fun, faith and friends again.

## Meet a Counselor:

Meet one of this summer's new counselors! Hello, I am Elizabeth Hayes, and I just graduated from Lansing Community College for Dental Hygiene. I am from Onondaga MI, and I love to watch sunsets and observe animals in nature. I am so excited for this summer to help these campers encounter the Lord through fun, nature, and community!

Register your child for camp by clicking here:

<https://sainttheresescamp.regfox.com/2026-summer-camp-registration> Some financial aid is available; contact me to talk about that.

## St. Therese's Camp

Join the fun!



### 2026 Camp Schedule

Drop-off: Sunday 3:15-4 PM  
Pick-up: Friday 2 PM

Camp weeks for boys and girls

- May 31-June 5 entering grades 3-8
- June 7-12 entering grades 3-8
- June 14-19 entering grades 3-8
- June 21-26 entering grades 3-8
- June 28-July 3 entering grades 9-12
- July 12-17 entering grades 9-12
- July 19-24 entering grades 3-8

Saint Therese's Camp in Wasilla offers a Catholic residential summer program for youth. We share the joy of our Faith in a refreshing way in the beautiful Matanuska Valley. Come join us for fun, faith, and friends!

#### ACTIVITIES

Making friends, getting closer to God, The Blob, gaga ball, swimming, kayaking, singing, campfires, archery, air rifles (for high school campers), bb guns, volleyball, hike in Hatcher Pass for the high school weeks, and delicious meals.

Fees (T-Shirt included if registered by April 23<sup>rd</sup>):  
Registration before March 2<sup>nd</sup>  
Grades 3-8 \$412/week • Grades 9-12 \$418/week  
Registration after March 2<sup>nd</sup>  
Grades 3-8 \$433/week • Grades 9-12 \$439/week

To register or for more information, contact:



### Parent Testimonies

As a mom, I am SO thankful for this week of camp you have provided for my kids. They had so much fun and came home better and happier than when they left. They are excited about their faith and made deeper relationships with Catholic friends. The counselors were fun and gave my kids a role model, someone (or many someone) they wanted to be like when they get older. I heard each of them talking about how excited they are to be counselors one day and I am in awe of how y'all use your talents for God's glory. Thank you from the bottom of my heart. We are your #1 fans!

I would just like to say that my daughters, their faces just light up when they talk about St. Therese Camp. God Bless you all.



Thanks again for all that you and the rest of the staff do. I am always in awe at the great things I hear and see that are happening at camp. We only get a very limited amount of time to make a difference in the lives of our children. St. Therese's Camp has made a tremendous impact on so many young lives and I pray that this continues for years and years to come. Keep up the great work and spreading the word of our Lord and Savior.

### Camp Director Contact Information

Sean to Register for Camp cell/text: 907.232.2066  
campdirector@stthere.scak.com  
www.stcak.com  
www.facebook.com/wlstc


Catholic Camp and Conference Ministries of Alaska, Inc.  
7180 E. Twin Lakes Dr.  
Wasilla, AK 99654

## ENJOY AN EVENING SUPPORTING ST. THERESE'S CAMP WITH AUCTION ITEMS INCLUDING BOURBON TASTING WITH FATHER WHITNEY, AN "EVENING IN SWAZILAND", AND MUCH MORE!

## St. Therese's Camp Gala 2026!

Thursday March 19, 2026, 6-9 PM  
at  
**Saint Coyote**  
135 W Dimond Blvd., #111  
Anchorage, AK 99515  
Tickets \$40 before Feb. 19, \$50 after  
Buy tickets at [stcak.com](http://stcak.com) or scan the QR code below!




Join us for an evening of friends, faith, food and fundraising! Strengthen the mission of St. Therese's Camp and hear reports of the good things going on at the camp.

Individual tickets: \$40 until Feb. 19, \$50 after Feb. 19.

Table of 6-7 for \$450: Includes 6-7 tickets for one complimentary drink (hard or soft) and your family or business name gets included in our program as a sponsor of the Gala! Click here to purchase your ticket:

<https://sainttheresescamp.ticketspice.com/sainttheresescampgala2026>



Widerness Lodge  
ALASKA

## BISHOP'S ATTIC

HOURS: TUES - FRI 10-6 AND SAT 10-5

# THRIFTS SHOP

A FEW FACTS YOU MAY NOT KNOW

- DID YOU KNOW THAT BISHOP'S ATTIC THRIFT STORE HAS BEEN IN OPERATION IN ANCHORAGE FOR OVER 50 YEARS?
- DID YOU ALSO KNOW THAT THEY GIVE THEIR EARNINGS TO THE ARCHDIOCESE OF ANCHORAGE-JUNEAU?
- DID YOU KNOW THAT BISHOP'S ATTIC NOT ONLY PROVIDES QUALITY WARES TO THE COMMUNITY AT SOME OF THE LOWEST PRICES, BUT ALSO OFFERS ENTRY-LEVEL JOBS AND TRAINING FOR MANY WHO HAVE HAD DIFFICULTY FINDING EMPLOYMENT?
- DID YOU KNOW THAT BISHOP'S ATTIC PRACTICES "REDUCE, REUSE, AND RECYCLE" IN ACCORDANCE WITH POPE FRANCIS' LAUDATO SI ENCYCLICAL ON THE CARE AND PROTECTION OF THE ENVIRONMENT AND THE EARTH?
- DID YOU KNOW THE BISHOP'S ATTIC OFFERS A 10% DISCOUNT TO STUDENTS AND SENIORS OVER AGE 65 UPON PRESENTATION OF AN APPROPRIATE ID?

COME BY AND SEE OF THE GREAT ITEMS WE HAVE AND FIND SOMETHING YOU CAN'T LIVE WITHOUT!

VINTAGE ACCESSORIES, CLOTHES, ELECTRONIC, FURNITURES, APPLIANCES, SHOES, AND MANY MORE

## ARCHDIOCESE OF ANCHORAGE-JUNEAU

IS OFFERING A

# Study Group

ON THE APOSTOLIC EXHORTATION DILEXI TE


This book study will be offered during Lent for 5 sessions on Sundays or Wednesdays  
You pick the day of the week that works for you

All sessions will be on zoom from 7:00pm - 8:30pm

Interested?  
Please email [jmichaelson@aoaj.org](mailto:jmichaelson@aoaj.org)


## DOMINICAN FORUM

### "THE SHADOW FADES: ST. JOSEPH AND THE UNVEILING OF THE FATHER'S FACE"



Fr. Matthew Wanner, OP

Wednesday March 18 7P  
Dominican Hall Holy Family Anchorage





Thanks to the Chugiak High School JustServe Club for assembling meals-to-go for Brother Francis Shelter guests!

**We appreciate your support for Lenten Food Drives!**

Week 2 of Lent is 915 lbs. of food from 7 parishes, plus some checks to the food pantry to purchase food, including one check for \$4141. Thank you!! You're rocking it!

Drop off food donations from 1-4 pm Monday through Thursday or 9-4 on Friday. Let the Food Pantry staff know which parish you are dropping food off for so we can credit your church's tally! If you are not able to bring food to the church or food pantry, you may also give online.

.....

**Brother Francis Shelter Updated Needs**

Drop off at Brother Francis Shelter 1021 E. 3rd Avenue 10 am to 6 pm, or Saint Francis House Food Pantry 3710 E. 20 th Ave. 1-4pm Monday through Thursday or 9-4 pm Friday. Amazon links of examples are given. Used is fine! Clean, please!

- Blankets for guests to keep them warm and comfortable-- we are pretty much out all the time. Regular donations would be great.
- Storage totes for guests. They are all given two totes as a way of consolidating and safely storing their belongings. We need them to replace lost or broken totes and continue to assist clients downsizing and keeping the shelter clean and safe.
- We would very much appreciate some bulk cases of affordable bath towels from amazon or Wal-mart or any towel donations. Towels are often lost and need ongoing donation assistance.
- Bulk dark colored fitted sheets for guests. These are a basic part of an intake, to provide a clean sheet for a guest to sleep on. Darker is better than white. Any sheets are better than nothing though. Fitted appears to help guests better.

.....

**Current Volunteer Opportunities**

See our updated current volunteer opportunity page and fill out a fresh application if you don't have a current one on file. Background checks are required for all individuals volunteering with CSS.

**Saint Francis House Food Pantry** is also a diaper pantry and provides household goods to clients who come through the line, as well as to CSS shelters. Their stocks on the following items are low, and they are needing the following items if you have extras and would like to pass them on. SFH will get them in the hands of those who need them.

- **Bath Towels, Twin Sheets, Pillows**
- **Dish Soap, Laundry Detergent, Toilet Paper**
- **Pint Glasses, Tupperware/plastic storage containers**
- **Forks & Spoons and Pots & Pans**

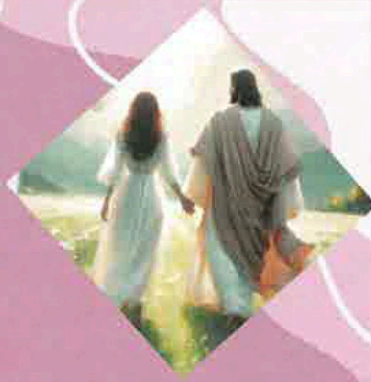
**Complex Care Urgent Needs**

Drop off at Complex Care, 303 W. Fireweed Lane 10am to 6pm Washable shower curtains, liners and hooks for guests. 29 sets of 6' Bed risers in amazon. Also available at Walmart and local stores. These help residents get in and out of bed with more ease.

**Complex Care Foot Care**

is starting soon with community support. Complex Care is ready to start offering this beautiful service to its 83 elderly and medically fragile guests. We are also seeking volunteers for 2-4 or 6-8 pm shifts on Wednesdays.

If your parish or organization would like to sponsor Complex Care's Foot Care and provide ongoing supply support or volunteer support for it, please contact Michelle at 907-717-3093 to discover what this might look like.



## "Come and see" retreats



18 TO 30 YEARS OLD  
**JULY 9-12**



14 TO 17 YEARS OLD  
**JULY 31  
AGUST 1-2**



*Blessed Sacrament Monastery*

(907) 344-3330

sistersofperpetualak@gmail.com

2645 E. 72ND AVE

Anchorage, AK.

## SISTERS OF PERPETUAL ADORATION OF THE BLESSED SACRAMENT



## INVITATION 2026



TEEN GIRLS RETREAT

**JAN.  
24**



**MAR.  
21**

TEEN GIRLS RETREAT

TEEN GIRLS RETREAT

**OCT.  
17**



**DEC.  
17**

TEEN GIRLS RETREAT

# VOCATION

# VOCACIÓN



VINCENTIAN  
PRIESTS & BROTHERS  
USA



## Who We Are

[cmvocationusa.org/our-charism](http://cmvocationusa.org/our-charism)

## Discover The Vincentian Calling



## Vincentian Spirituality

## Vincentian Brotherhood



## The Vincentian Call



[cmvocationusa.org/vincentian-brotherhood](http://cmvocationusa.org/vincentian-brotherhood)

Cuarto Domingo de Cuaresma, 15 de marzo de 2026