



Cathedral of Our Lady of Guadalupe

Most Reverend Andrew E. Bellisario, C.M.

Archbishop of Anchorage-Juneau

Website: aoaj.org

Staffed by the
Congregation of the Mission(C.M.)
"Vincentians"

3900

Phone: (907) 248-2000

Email: olg@olgak.org

Website: olgakcathedral.org

Facebook: Our Lady of Guadalupe Parish-Anchorage, Alaska



Pastoral Team Vincentian Priests

Fr. Henry Grodecki C.M.

Pastor

hgrodecki@vincentian.org

Dial direct:

(417) 389-7710 (cell)

Fr. Humberto Aristizábal
C.M.

Hispanic Ministry

248-2000, Extension 7

Parish Deacon

Mr. Gabriel Ruiz

sejees@hotmail.com

(907) 351-4269

Director of Religious Education

Ms. Carmen Ruiz

T-Th 9:00am – 3:00pm

Carmen@olgak.org

248-2000 Extension 4

Office Manager

Mrs. Bonnie Bezousek

olg@olgak.org

248-2000, Extension 2

Business/Facilities

Manager

Mr. John Fleming

johnf@olgak.org

248-2000, Extension 3

Care of Facilities

Ms. Sara Candelas

Parish Office

Tuesday – Thursday

10am - 2pm

Friday 10am – 12pm

**Closed: Saturday,
Sunday and Monday**

THIRTEENTH SUNDAY IN ORDINARY TIME JULY 2, 2023

My dear sisters and brothers,

At first glance, today's Gospel seems a little harsh. Jesus seems to be saying that we should set aside love of parents and siblings or else we are not worthy of his love for us. The key word is more. Jesus exhorts us to place our love for him above all others, but not instead of others. In fact, when we read the Gospel carefully we discover that we come to love the Lord through others, and we love others because of the Lord. It is an integrated love affair that we have with the Lord; it is a wonderful grace that we cannot live without!

The Gospel consists of two sets of short sayings attributed to Jesus. The first set centers on the cost of discipleship, while the second focuses on hospitality. The themes are appropriate because this reading is part of what was traditionally called the "Mission discourse." The saying that embraces the whole of the mission discourse is "Whoever finds his life will lose it, and whoever loses his life for my sake will find it? Are you willing to live the paradox?"

With fond affection, Father Hank

Mis queridas hermanas y hermanos,

A primera vista, el Evangelio de hoy parece un poco duro. Jesús parece estar diciendo que debemos dejar de lado el amor de padres y hermanos o de lo contrario no somos dignos de su amor por nosotros. La palabra clave es más. Jesús nos exhorta a poner nuestro amor por él por encima de todos los demás, pero no en lugar de los demás. De hecho, cuando leemos el Evangelio con atención, descubrimos que llegamos a amar al Señor a través de los demás, y amamos a los demás por el Señor. Es una relación de amor integrada que tenemos con el Señor; ¡Es una gracia maravillosa sin la cual no podemos vivir!

El Evangelio consta de dos series de breves dichos atribuidos a Jesús. El primer conjunto se centra en el costo del discipulado, mientras que el segundo se enfoca en la hospitalidad. Los temas son apropiados porque esta lectura es parte de lo que tradicionalmente se llamó el "discurso de la Misión". El dicho que abarca todo el discurso de la misión es: "El que encuentre su vida, la perderá, y el que pierda su vida por mí, ¿la encontrará? ¿Estás dispuesto a vivir la paradoja?"

Con gran cariño, Padre Enrique

Thank you for supporting the Cathedral of Our Lady of Guadalupe

Catholic Daughters raffle and the winners are:

- | | | |
|--------------------|-------------------------------|-------------------|
| 1. Rafael Baez | 2. Debbie Gadomski | 3. Lucy Lagman |
| 4. Areli Olivares | 5. Earlene Ortega | 6. Barbara Pichon |
| 7. Julieta Sanchez | 8. Kimberly Thimsen-Whitehead | |

Mass schedule:

5:30pm - Saturday evening mass
 9:00am - Sunday- English- Live Stream
 11:30am - Sunday- Spanish- Live Stream
 5:30pm - Sunday evening mass
Weekdays: Monday-Friday - 9:00am
 Wednesday - 5:30pm
 Please come and pray the Rosary M-F before Mass at
 8:30am. Miraculous Medal Novena Mondays after Mass.
<https://www.facebook.com/OurLadyOfGuadalupe>

Sacrament of Reconciliation

Saturday: 4:30pm - 5:15pm
 Sunday: 10:30am -
 11:15am or by appointment.
Please contact one of the following priests:
 Fr. Hank: 417 - 389-7710
 Fr. Humberto: 907 - 342-9105

Exposition of the Blessed Sacrament



Wednesday
 (after 5:30pm Mass)
 6:00pm – 8pm
 All are welcome!

READINGS FOR THE WEEK

LECTURAS DE LA SEMANA

Please check the Cathedral of Our Lady of Guadalupe
 myParish app for the readings of the week.

United in Mission:

Seeing Christ in Others
 2023 Annual Catholic Appeal

GOAL: \$51,890.12
 Donated: \$41,169.98
 Thank you!

Unidos en la Misión:

Ver a Cristo en los demás
 Campaña Católica Anual 2023

META: \$51,890.12
 Donado: \$41,169.98
 Gracias!

July 1 – July 7, 2023

Saturday: 5:30pm People of the Parish
 Sunday: 9:00am Rowena Landas (RIP)
 11:30am Guadalupe Rubalcaba &
 Hilario Esquivel (RIP)
 5:30pm Virgilio & Guillerma
 Pellerion (RIP)
 Monday: 9:00am Angelita Manuel (LIV)
 Tuesday: 9:00am Paquita Lagman (LIV)
 Wednesday: 9:00am Jeffrey Galvez (LIV)
 5:30pm Priest Intention
 Thursday: 9:00am Custodio Lontoc (LIV)
 Friday: 9:00am Kathy Bergford (RIP)
 Please contact the office: olg@olgak.org if you would like a
 Mass Intention. Thank you.

Prayer Chain Ministry

*Please pray for all the sick and recently deceased of our parish!
 Por favor oren todas los enfermos de la parroquia!*

Connie Lewkowski
 Damien Mathys
 Elizabeth Carden
 Frank Javier
 John Fundeen
 Leroy Jones
 Mark Lutz
 Mary Ann Swalling



WE ARE UPDATING OUR PRAYER LIST. Please email the
 office: olg@olgak.org if you would like your name or request a
 name to be added to the prayer list. Thank you.

**ESTAMOS ACTUALIZANDO NUESTRA LISTA DE
 ORACIÓN.** Envíe un correo electrónico a la oficina:
olg@olgak.org si desea su nombre o solicitar que se agregue un
 nombre a la lista de oración. Gracias.

Weekly Donation Amounts

Thank you to everyone who have contributed during
 these challenging times. Donations for week of:

May 29	June	4, 2023	\$ 4,651.00
June 5	June	11, 2023	\$ 4,565.00
June 12	June	18, 2023	\$ 3,668.00
June 19	June	25, 2023	\$ 3,902.00

The month of April Online Donation - \$7,443.00

**Would you like to receive the Bulletin by email or
 update your contact information?** Please email:
olg@olgak.org with your name and email or
 updated contact information.

Are you new to the Parish? Welcome! Please take
 time to complete the parish membership form and
 return to the parish office or place in the collection
 basket at the Sunday liturgy. Discover ways to
 become involved. We look forward to meeting you.



As we experience more visitors during our Summer months...

Ten Commandments for Welcoming Visitors at Mass

Welcoming newcomers to your parish is not just the job of the pastoral staff, ushers, ministers of hospitality or greeters. It is everyone's responsibility. Here are ten things you can do to provide better hospitality in your parish.

- 1. Cultivate the virtue of hospitality at Mass.** Many Mass attendees tend to gather into little cliques and ignore those who are not members of their particular clique. They are not really inhospitable, just heedless of the need for hospitality. Make hospitality a new habit when you go to Mass.
- 2. Come early, leave late.** Instead of rushing to Mass to be there on time, and then rushing out at its conclusion, make time to come a little early and linger just a bit later. Make room in your busy life to greet and spend time with others at Mass.
- 3. Go in peace to greet someone!** Seek out someone you've not met before. Shake their hand, introduce yourself, and take a few moments to welcome them to your parish home, God's house.
- 4. Welcome everyone.** Not only do visitors need your warm welcome, regular Mass attendees also need a friendly greeting. Develop a good handshake and be enthusiastic about your parish. You are greeting others in the name of Christ.
- 5. Help newcomers connect.** While you are getting to know visitors, introduce them to other parishioners as the opportunity presents itself. Feel free to invite visitors to sit next to you.
- 6. Say goodbye with genuine warmth.** After Mass, bid farewell to visitors, inviting them to return next week. Introduce them to the pastor if the opportunity arises.
- 7. Avoid parish business.** Avoid conducting parish business with others immediately before or after Mass. Focus on visitors.
- 8. Give visitors information about the parish.** Ensure that a visitor has a bulletin and other information about the parish before they leave. If there is a social gathering after Mass, invite them.
- 9. Be part of a greeting ministry team.** Parishes are always in need of greeters to serve regularly, and provide ongoing formation to new greeters. Help out, be a greeter. If your parish doesn't have greeters, now is a good time to start!
- 10. Greet those who already minister in the area of hospitality.** It isn't necessary to neglect the people who are already ministers of hospitality in order to make visitors feel at home. A simple wave and a smile go a long way

Thank you! Gracias!

To the Knights of Columbus and all those who helped with set-up and clean-up for the Annual church picnic.

It was a great evening of delicious food, fun and faith-filled friends and families.



A medida que experimentamos más visitantes durante nuestros meses de verano...

Diez mandamientos para dar la bienvenida a los visitantes en la misa

Dar la bienvenida a los recién llegados a su parroquia no es solo el trabajo del personal pastoral, ujieres, ministros de hospitalidad o saludadores. Es responsabilidad de todos. Aquí hay diez cosas que puede hacer para brindar una mejor hospitalidad en su parroquia.

- 1. Cultivar la virtud de la hospitalidad en la Misa.** Muchos asistentes a la Misa tienden a reunirse en pequeños grupitos e ignorar a aquellos que no son miembros de su grupito en particular. En realidad, no son inhóspitos, sino simplemente indiferentes a la necesidad de hospitalidad. Haz de la hospitalidad un nuevo hábito cuando vayas a misa.
- 2. Ven temprano, vete tarde.** En lugar de apresurarse a ir a misa para llegar a tiempo y luego salir corriendo al concluir, tómese un tiempo para llegar un poco antes y quedarse un poco más tarde. Haga espacio en su ajetreada vida para saludar y pasar tiempo con otros en la Misa.
- 3. ¡Ve en paz a saludar a alguien!** Busca a alguien que no hayas conocido antes. Dale la mano, preséntate y tómate unos minutos para darles la bienvenida a tu parroquia, la casa de Dios.
- 4. Dé la bienvenida a todos.** Los visitantes no solo necesitan su cálida bienvenida, los asistentes regulares a la misa también necesitan un saludo amistoso. Desarrolle un buen apretón de manos y sea entusiasta con su parroquia. Estás saludando a otros en el nombre de Cristo.
- 5. Ayude a los recién llegados a conectarse.** Mientras conoce a los visitantes, preséntelos a otros feligreses a medida que se presente la oportunidad. Siéntase libre de invitar a los visitantes a sentarse a su lado.
- 6. Diga adiós con genuina calidez.** Después de la Misa, despídase de los visitantes, invitándolos a regresar la próxima semana. Preséntelos al pastor si surge la oportunidad.
- 7. Evite los asuntos de la parroquia.** Evite realizar asuntos parroquiales con otras personas inmediatamente antes o después de la Misa. Concéntrese en los visitantes.
- 8. Dar a los visitantes información sobre la parroquia.** Asegúrese de que un visitante tenga un boletín y otra información sobre la parroquia antes de irse. Si hay una reunión social después de la Misa, invítelos.
- 9. Sea parte de un equipo de ministerio de saludo.** Las parroquias siempre necesitan saludadores para servir regularmente y brindar formación continua a los nuevos saludadores. Ayuda, sé un saludador. Si su parroquia no tiene saludadores, ¡ahora es un buen momento para comenzar!
- 10. Saludar a los que ya ministran en el área de la hospitalidad.** No es necesario descuidar a las personas que ya son ministros de la hospitalidad para que los visitantes se sientan como en casa. Un simple saludo y una sonrisa recorren un largo camino.



Filipino Food Market Fundraiser

Sunday, July 16, 2023

Lunney Center

10:00am – 1:30pm

If you can help, please bring donations of Filipino food, dessert, bread, or street food that can be sold.



PROCEEDS BENEFIT: Cathedral of Our Lady of Guadalupe
Please join us in this “fun” raising effort!

Questions or more information please contact: Angelina Niessner at 925-437-7669 or
email: music@olgak.org