



# Cathedral of Our Lady of Guadalupe

Most Reverend Andrew E. Bellisario, C.M.

Archbishop of Anchorage-Juneau

Website: [aoaj.org](http://aoaj.org)

Staffed by the  
Congregation of the Mission(C.M.)  
"Vincentians"

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Facebook: Our Lady of Guadalupe Parish-Anchorage, Alaska



## Pastoral Team Vincentian Priests

**Fr. Henry Grodecki C.M.**  
Pastor

[hgrodecki@vincentian.org](mailto:hgrodecki@vincentian.org)

Dial direct:

(417) 389-7710 (cell)

**Fr. Humberto Aristizábal**  
C.M.

Hispanic Ministry

248-2000, Extension 7

### Parish Deacon

Mr. Gabriel Ruiz

[sejees@hotmail.com](mailto:sejees@hotmail.com)

(907) 351-4269

### Director of Religious Education

Ms. Carmen Ruiz

T-Th 9:00am – 3:00pm

[Carmen@olgak.org](mailto:Carmen@olgak.org)

248-2000 Extension 4

### Office Manager

Mrs. Bonnie Bezousek

[olg@olgak.org](mailto:olg@olgak.org)

248-2000, Extension 2

### Business/Facilities

#### Manager

Mr. John Fleming

[johnf@olgak.org](mailto:johnf@olgak.org)

248-2000, Extension 3

### Care of Facilities

Ms. Sara Candelas

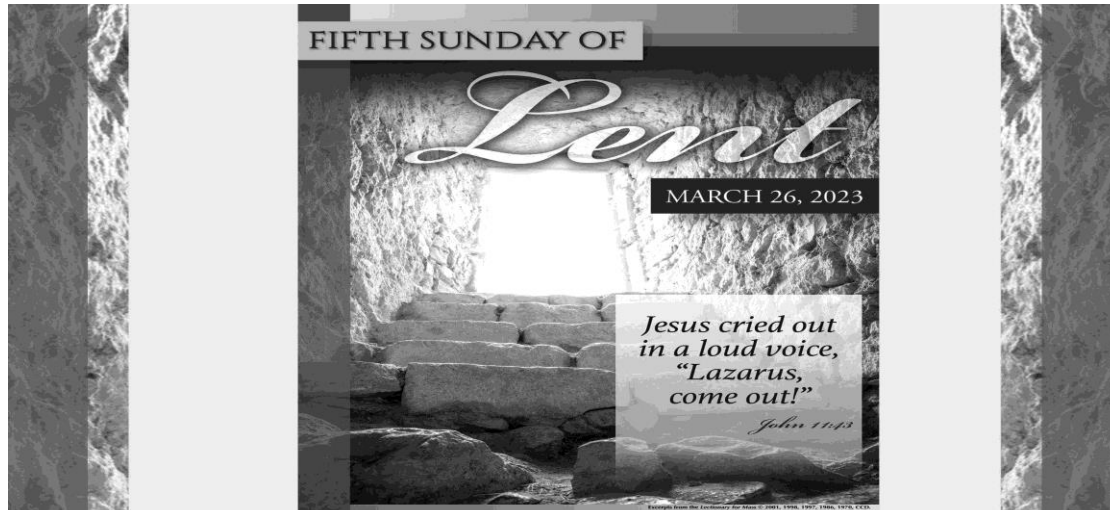
### Parish Office

Tuesday – Thursday

10am - 4pm

Friday 10am – 12pm

**Closed: Saturday,  
Sunday and Monday**



My dear sisters and brothers,

John's story of the raising of Lazarus offers us hope and consolation in the face of death. The grief of Jesus, Martha, and Mary shows us that the Lord understands and shares in our human grief at the death of our loved ones. At the same time, Jesus teaches that, through the power his Father has given him, he has power over death. Ultimately he will teach us through his own death and resurrection that we can trust in the promise of eternal life.

Coming back to life is only the first step; Lazarus still needed to be untied from the cords of death that held him and prevented him from moving forward and walking ahead into life. Sometimes we too, even when God's work in our lives has brought us out of darkness, need the assistance and support of those around us to unbind us from our pasts and help us move forward into the freedom of God's loving and compassionate care.

With fond affection, Father Hank

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Mis queridas hermanas y hermanos,

La historia de Juan sobre la resurrección de Lázaro nos ofrece esperanza y consuelo frente a la muerte. El dolor de Jesús, Marta y María nos muestra que el Señor comprende y comparte nuestro dolor humano por la muerte de nuestros seres queridos. Al mismo tiempo, Jesús enseña que, por el poder que su Padre le ha dado, tiene poder sobre la muerte. En última instancia, él nos enseñará a través de su propia muerte y resurrección que podemos confiar en la promesa de la vida eterna.

Volver a la vida es solo el primer paso; Lázaro todavía necesitaba ser desatado de las cuerdas de la muerte que lo sujetaban y le impedían avanzar y caminar hacia la vida. A veces, nosotros también, incluso cuando la obra de Dios en nuestras vidas nos ha sacado de la oscuridad, necesitamos la ayuda y el apoyo de quienes nos rodean para liberarnos de nuestro pasado y ayudarnos a avanzar hacia la libertad del cuidado amoroso y compasivo de Dios.

Con gran cariño, Padre Enrique

## Mass schedule:

5:30pm - Saturday evening mass  
 9:00am - Sunday – English – Live Stream  
 11:30am - Sunday – Spanish – Live Stream  
 5:30pm - Sunday evening mass

**Weekdays:** Monday-Friday - 9:00am

Wednesday - 5:30pm

Please come and pray the Rosary M-F before Mass at 8:30am.

Miraculous Medal Novena Mondays after Mass.

<https://www.facebook.com/OurLadyOfGuadalupe>

## Sacrament of Reconciliation

Saturday: 4:30pm - 5:15pm

Sunday: 10:30am - 11:15am

or by appointment.

**Please contact one of the following priests:**

Fr. Hank: 417 - 389-7710

Fr. Humberto: 907 - 342-9105

## Exposition of the Blessed Sacrament



Wednesday (after 5:30pm Mass)

6:00pm – 8:00pm

All are welcome!

## READINGS FOR THE WEEK

**Monday:** Dn 13:1-9, 15-17, 19-30, 33-62 [41c-62];  
 Ps 23:1-6; Jn 8:1-11

**Tuesday:** Nm 21:4-9; Ps 102:2-3, 16-21; Jn 8:21-30

**Wednesday:** Dn 3:14-20, 91-92, 95; Dn 3:52-56;  
 Jn 8:31-42

**Thursday:** Gn 17:3-9; Ps 105:4-9; Jn 8:51-59

**Friday:** Jer 20:10-13; Ps 18:2-7; Jn 10:31-42

**Saturday:** Ez 37:21-28; Jer 31:10, 11-13; Jn 11:45-56

**Sunday:** Mt 21:1-11 (procession);  
 Is 50:4-7; Ps 22:8-9, 17-20, 23-24;  
 Phil 2:6-11; Mt 26:14 — 27:66 [27:11-54]

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## LECTURAS DE LA SEMANA

**Lunes:** Dn 13:1-9, 15-17, 19-30, 33-62 [41c-62];  
 Sal 23 (22):1-6; Jn 8:1-11

**Martes:** Nm 21:4-9; Sal 102 (101):2-3, 16-21;  
 Jn 8:21-30

**Miércoles:** Dn 3:14-20, 91-92, 95; Dn 3:52-56; Jn 8:31-42

**Jueves:** Gn 17:3-9; Sal 105 (104):4-9; Jn 8:51-59

**Viernes:** Jer 20:10-13; Sal 18 (17):2-7; Jn 10:31-42

**Sábado:** Ez 37:21-28; Jer 31:10, 11-13; Jn 11:45-56

**Domingo:** Mt 21:1-11 (procesión);  
 Is 50:4-7; Sal 22 (21):8-9, 17-20, 23-24;  
 Fil 2:6-11; Mt 26:14 — 27:66 [27:11-54]

You can check out the Cathedral of Our Lady of Guadalupe myParish app for the readings of the week.

## March 25 – March 31, 2023

**Saturday:** 5:30pm Eric Kautzky (RIP)  
**Sunday:** 9:00am People of the Parish  
 11:30am Priest Intention  
 5:30pm Priest Intention  
**Monday:** 9:00am Boelter, Tet, Crowley families (LIV & RIP)  
**Tuesday:** 9:00am Pat Kruse(RIP)  
**Wednesday:** 9:00am Priest Intention  
 5:30pm Priest Intention  
**Thursday:** 9:00am Fred Walatka (RIP)  
**Friday:** 9:00am Priest Intention

Please contact the office 248-2000 or email: [olg@olgak.org](mailto:olg@olgak.org) if you would like a Mass Intention. Thank you.

## Prayer Chain Ministry

*Please pray for all the sick and recently deceased of our parish!  
 Por favor oren todas los enfermos de la parroquia!*

Alisa Rorbick	Loretta Miller	Margaret Mestas
Beth Parrish	Jane Branham	Mariano Orea
Betty Higginbotham	Joe Samaniego	Mark Samaniego
Bill Mays	John Fundeen	Mary Ann Swalling
Carolina De Leon	John W.	Mercedes Grozen
Gary Croffut	Joseph Shaw	Norman Reed
Clark Wells	Julia Eumont	Norma Reyes
Deanna Essert	Juliet Sanchez	Olive Brookwell
Edgar Reyes	Patricia Juaregui	Noah Langran
Edna Barton	Louie Sanchez	Rodolfo Bacon
Eloise Lavesque	Lucia Nanez	Shirley Jerue
Elizabeth Carden	Lusta Lopez	Sonja Ellis
Eva Belgarde	Marge Cabanski	Stevie Uiaglei
Emily Alvero	Mi Jung Sherrod	Manuelito Gloria
Frank Javier	Flavia Langan	Damien Mathys
Mark Lutz	Connie Lewkowski	Rita Wichorek

**Have a special prayer request or would like to remove a name?**  
 ¿Tiene una petición de oración especial o le gustaría eliminar un nombre?  
 Please email the parish office: [olg@olgak.org](mailto:olg@olgak.org) with the name for prayers or removal from the prayer list. Thank you.

## Weekly Donation Amounts

Thank you to everyone who have contributed during these challenging times. Donations for week of:

February 20 -	February	26, 2023	\$ 6,604.00
February 27 -	March	5, 2023	\$ 3,318.00
March 6 -	March	12, 2023	\$ 4,750.00
March 13 -	March	19, 2023	\$ 4,966.00

**The month of February Online Donation - \$7,592.00**

**Would you like to receive the Bulletin by email or update your contact information?** Please email: [olg@olgak.org](mailto:olg@olgak.org) with your name and email or updated contact information.

**Are you new to the Parish? Welcome!** Please take time to complete the parish membership form and return to the parish office or place in the collection basket at the Sunday liturgy. Discover ways to become involved. We look forward to meeting you.

# STEWARDSHIP



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## **Twenty Ways to Exercise Good Stewardship of Lent and Easter**

Are you looking for ideas to help you with your Lenten experience? Don't worry, you have the end of February, the month of March and the beginning of April to be a good steward of the gift of Lent and the Easter Triduum. Here are 20 ideas to fill the days of Lent and the beginning of the Easter season. 1. Attempt a more intentional prayer life – start a habit in the morning and before bedtime. Also, embrace periods of silence each day. 2. Read a book on Christian spirituality, one that will enrich your spiritual journey. Also consider keeping a journal during Lent to reflect on your spiritual highs and lows. 3. Attend a weekday Mass. 4. Pray the rosary. 5. Make a point of experiencing the sacrament of reconciliation at the beginning and end of Lent at minimum. 6. Give up meat on Fridays but don't substitute lobster. Make fasting something that is truly sacrificial. 7. Resolve to stop engaging in rumors, gossip, and negative chatter that devalues others. 8. Begin and end each week with an e-mail thanking someone for all that they do. 9. Be sure to say grace at any restaurant you frequent (don't dodge making the Sign of the Cross either). 10. Reconcile with someone you've hurt or aren't speaking to. 11. Invite someone who's been away from the church to attend Mass with you. 12. Make a gift to a charitable cause. Make it a sacrificial gift, not what's "left over." 13. Thank a bishop, priest or member of a religious congregation for their public witness. Invite them out for coffee or a meal. 14. Visit someone who's alone. 15. Reflect on the most pressing challenges confronting our Church and pray for a Spirit-filled response. 16. Pray the Stations of the Cross. 17. Find out if there is a person participating in your parish's RCIA program and send a note of encouragement. 18. Discover the ways your diocese is ministering to the poor and see how you can help. 19. Attend your parish's Good Friday liturgy. 20. Invite someone you know who will be alone to Easter Sunday dinner.

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## **Veinte formas de ejercer una buena administración de la Cuaresma y la Pascua**

¿Estás buscando ideas que te ayuden con tu experiencia de Cuaresma? No te preocupes, tienes finales de febrero, el mes de marzo y principios de abril para ser un buen administrador del don de la Cuaresma y del Triduo Pascual. Aquí tienes 20 ideas para llenar los días de Cuaresma y el inicio del tiempo pascual. 1. Intente una vida de oración más intencional: comience un hábito por la mañana y antes de acostarse. Además, adopte períodos de silencio todos los días. 2. Lee un libro sobre espiritualidad cristiana, uno que enriquezca tu camino espiritual. También considere llevar un diario durante la Cuaresma para reflexionar sobre sus altibajos espirituales. 3. Asistir a una misa entre semana. 4. Rezar el rosario. 5. Asegúrese de experimentar el sacramento de la reconciliación al principio y al final de la Cuaresma como mínimo. 6. Renuncia a la carne los viernes pero no la sustituyas por langosta. Haz del ayuno algo que sea verdaderamente sacrificial. 7. Tome la decisión de dejar de involucrarse en rumores, chismes y charlas negativas que devalúan a los demás. 8. Comience y termine cada semana con un correo electrónico agradeciendo a alguien por todo lo que hace. 9. Asegúrate de dar gracias en cualquier restaurante que frecuentas (tampoco evites hacer la Señal de la Cruz). 10. Reconcíliate con alguien a quien hayas lastimado o con quien no hables. 11. Invite a alguien que haya estado fuera de la iglesia a asistir a Misa con usted. 12. Haz una donación a una causa benéfica. Conviértalo en un regalo de sacrificio, no en lo que "sobró". 13. Agradezca a un obispo, sacerdote o miembro de una congregación religiosa por su testimonio público. Invítelos a tomar un café o una comida. 14. Visita a alguien que esté solo. 15. Reflexionar sobre los desafíos más apremiantes que enfrenta nuestra Iglesia y orar por una respuesta llena del Espíritu. 16. Rezar las Estaciones de la Cruz. 17. Averigüe si hay una persona participando en el programa RICA de su parroquia y envíe una nota de aliento. 18. Descubra las formas en que su diócesis está ministrando a los pobres y vea cómo puede ayudar. 19. Asista a la liturgia del Viernes Santo de su parroquia. 20. Invita a alguien que conozcas que estará solo a la cena del domingo de Pascua.

# LENT

WALKING WITH CHRIST

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## Sacrament of Reconciliation During Lent

### Lenten Confessions:

Tuesday, April 4, 2023 – 6:30pm

Also, during Friday Stations of the Cross

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## Stations of the Cross for Seniors

every Lenten Tuesday after 9:00 am Mass.

All are welcome.

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**Soup Suppers - 5:30pm – Lunney Center**

**Stations of the Cross - 7:00pm Bilingual – Church**

**Friday, March 24 - Spanish Charismatic group**

**Friday, March 31 - Filipino Group**

Donations are appreciated! All are welcome!

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# THE EASTER TRIDUUM SCHEDULE

## April 6, 2023 – HOLY THURSDAY

Mass of the Lord's Supper – 7:00PM (no morning Mass)

## April 7, 2023 - GOOD FRIDAY

Celebration of the Passion of the Lord

5:00pm – English: 7:00pm – Spanish (no morning Mass)

## April 8, 2023 - HOLY SATURDAY

Easter Vigil – 8:00pm

## April 9, 2023 - EASTER SUNDAY

9:00am (English) & 11:30am (Spanish) Both Livestream

5:30pm – English

Easter Egg HUNT after morning Masses