



Catedral de Nuestra Señora de Guadalupe, Alaska
3900 Wisconsin St., Anchorage, AK 99517



QUINTO DOMINGO DE CUARESMA

FIFTH SUNDAY OF

Lent

I am the resurrection and the life; whoever believes in me, even if he dies, will live, and everyone who lives and believes in me will never die ~ John 11:25-26

Daily Mass - Misa diaria

Monday - Friday 9:00am
Wednesdays - 7:00pm
Exposition of the Blessed Sacrament First Friday of each Month 7:00pm starting May 1st

Weekend Mass

Misa de fin de semana

Saturday 5:30pm English
Sunday 9:00am (Live Stream)
11:30am Spanish
5:30pm English

Reconciliation - Reconciliación

Saturday 4:30pm to 5:15pm
Sunday 10:30am to 11:15am

OFFICE HOURS - HORARIO DE OFICINA

Mon - 12pm - 2pm
Tue - Fri 8am - 2pm, 5pm-8pm
Sat & Sunday - Closed
Tel# (907) 248-2000

Connect with us! - Conéctate con nosotras!



Want something in the bulletin and website? Email marrasal@olgak.org

Mission Statement

Cathedral of Our Lady of Guadalupe - Anchorage, Alaska is a Roman Catholic parish of diverse cultures nourished by the Eucharist, guided by the Holy Spirit and inspired by our Patroness. We come together to pray, love, serve and evangelize through the Gospel of Life and social teachings of the Catholic Church.

Cathedral Website scan the QR code



AOAJ Website scan the QR code



Declaración de misión

La Catedral de Nuestra Señora de Guadalupe - Anchorage, Alaska, es una parroquia católica de diversas culturas, nutrida por la Eucaristía, guiada por el Espíritu Santo e inspirada por nuestra Patrona. Nos reunimos para orar, amar, servir y evangelizar a través del Evangelio de la Vida y las enseñanzas sociales de la Iglesia Católica.

Staffed by the Congregation of the Mission (C.M.)

"Vincentians"

Archbishop of Anchorage-Juneau
The Most Rev. Andrew E. Bellisario, C.M.



Pastor
Fr. David Nations, C.M.



Parochial Vicar
Fr. Toshio Sato, C.M.



INFORMATION

INFORMACIÓN



MASS INTENTION

March 21 - March 27 S.I. Special Intention + Repose of the Soul

| | | |
|-----------|---------|---|
| Saturday | 5:30pm | Cresencia Guerzon+ Ralph Yap+ |
| Sunday | 9:00am | Salvador Traya Bacon Jr.+ |
| | 11:30am | People of the Parish/Gente de la parroquia |
| | 5:30pm | Allan Ray Guintu S.I. & Marilou Strong S.I. |
| Monday | 9:00am | Charles Jerue S.I. |
| Tuesday | 9:00am | Respect for Life |
| Wednesday | 9:00am | Pacita Dirksen + |
| | 7:00pm | Priest Intention/Intención del sacerdote |
| Thursday | 9:00am | Priest Intention |
| Friday | 9:00am | James Generoso+ Al Quijano + |

PRAYERS FOR THE SICK/ ORACIÓN POR LOS ENFERMOS

Please pray for those who are sick, in pain or recovery or in need of spiritual healing.

| | |
|-------------------|-------------------|
| John Fundeen | Mark Samaniego |
| Jo Ann Berna | Mary Ann Swalling |
| Fr. Scott Medlock | Fr. Dan Hebert |
| Louie Sanchez | Deanna Spills |
| Dee Zimmerman | Fe & Boy Dawag |
| Alan Cadavos | Joe Samaniego |
| Carul Fundeen | Allan Rey Guintu |

PRAYERS FOR THE DECEASED/ ORACIONES POR LOS DIFUNTOS

| | |
|------------------------|---------------------|
| Onassis Cartagena | Teodoro Pasaylo Sr. |
| Marina Cadavos | Frank Javier |
| Peggy Baumeister | Ricardo Generoso |
| Dodo & Mamie Cartagena | Theresa Alabanzas |

FUNERAL & MEMORIAL MASS PLANNING

If you recently loss a loved one and would like to make arrangements for their funeral service at COLG, please call the office at 907-248-2000

HEALTH MINISTRY MINISTERIO DE SALUD

Zumba \$5 a session



Zumba \$5 por sesión

Join at the Lunney Center Wed & Thursday 10am-11am

Únase al Lunney Center los miércoles y jueves de 10-11am

Do you love to sing and want to share your voice in worship? We are inviting you to join our church choir!. No experience needed, just the heart for music and praising God. Pick your preferred time and contact the choir coordinators directly.

Saturday 5:30pm
Han Lee 907-351-7916
Sunday 9:00am
Chad & Edna Resari
Sunday 11:30am
Maura Esparza 907-227-0656
Sunday 5:30pm
Larry Cadavos 907-885-1390
Loni Amor 907-306-5509

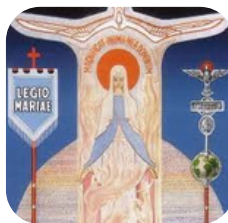


KNIGHTS OF COLUMBUS

The Knights meet on the 3rd Thursday of each month at 6:30pm at the Tepeyac Room.

CABALLEROS DE COLÓN

Los Caballeros se reúnen el tercer jueves de cada mes a las 18:30 en la Sala Tepeyac.



LEGION OF MARY

Are you looking for an opportunity to spread the Gospel? The Legion of Mary is for you. Join our weekly meeting to find out more. Thursday 5:45pm - 7:00pm at the Church North Tower Room.

LEGIÓN DE MARÍA

¿Buscas una oportunidad para difundir el Evangelio? La Legión de María es para ti. Acompáñanos en nuestra reunión semanal para obtener más información. Jueves, de 5:45 p. m. a 7:00 p. m., en la Sala de la Torre Norte de la iglesia.

CATHOLIC DAUGHTERS OF THE AMERICAS



The next meeting will be held on second monday of each month at 6pm-8:30pm at the Lunney Center- Tepeyac Room. For more information contact Cecilia Stanley at cecistanley2013@icloud.com

HIJAS CATÓLICAS DE LAS AMÉRICAS

La próxima reunión se celebrará el segundo lunes de cada mes, de 6:00 p. m. a 8:30 p. m., en el Lunney Center — Sala Tepeyac. Para más información, comuníquese con Cecilia Stanley en cecistanley2013@icloud.com.



ORDER OF CHRISTIAN INITIATION OF ADULTS

Thinking of becoming a Catholic? We want to help! Contact Vince Fennimore: vsfennim@ptialaska.net or call 907-242-1391.

¿Estás pensando en convertirte al catolicismo? ¡Queremos ayudarte!

Para contactar con Vince Fennimore, escriba a vsfennim@ptialaska.net o llame al 907-242-1391.

HISPANIC MEN'S GROUP GRUPO DE HOMBRES HISPANOS

Se reúne todos los lunes de 6:30-8pm en la Sala Juan Diego.

GRUPO CARISMÁTICO ESPAÑOL

Las reuniones se celebran todos los martes de 6-9pm en la Sala Juan Diego. Para más información, llame a Miguel Hernández al 907-952-6601.

AMADAS

El grupo de mujeres españolas se reúne el primer lunes de cada mes en el salón Lunney Tepeyac de 6:00 p. m. a 8:00 p. m.

Exposition of the Blessed Sacrament, every First Friday of the month starting May 1, 2026

Exposición del Santísimo Sacramento, cada primer viernes del mes, a partir del 1 de mayo de 2026.

PASTORAL TEAM

PASTOR

Rev. David Nations, C.M.
 calendarsvdp@gmail.com
 Office: 907-248-2000 ext 403
 Cell: 314-703-6987

PAROCHIAL VICAR

Rev. Toshio Sato, C.M.
 TSato@vincentian.org
 Office: (907) 248-2000 ext 404
 Cell: 501-420-4405

DEACON

Deacon Gabriel Ruiz
 sejees@hotmail.com
 (907) 351-4269

OFFICE MANAGER

Marra Salazar
 marras@olgak.org
 Office: 907-248-2000 ext 402
 Cell: (907) 217-0160

BUSINESS MANAGER

John Fleming
 JohnF@olgak.org
 Office 907-248-2000 ext 405
 Cell: (907) 230-7783

FACILITIES MANAGER

jiml@olgak.org
 Jim Lebiedz
 Office: (907) 248-2000
 Cell: (907) 240-3304



Is a great way to stay connected with our parish with instant notifications, enjoy additional features like prayers, mass times, homilies, helpful reminders to silence your phone before mass or confession, and much much more. Scan the QR code to be directed to the app and follow the instruction to download.



Cathedral of Our Lady of Guadalupe offer parishioners an easy to use site with up-to-date methods of electronic donations. Simply go to our website olgak.org, or scan the QR code with your phone or tablet to be directed to our donation website



Would you like to request a Mass Intention? You can visit us in our office Mon-Fri from 8-2pm, or email us your written intention request to marras@olgak.org. Mention if it is for a living or deceased, the date & mass time desired. Include your name, phone number in case there are any questions. Suggested offering is \$10

NEW TO THE PARISH?

Welcome! wherever you are in your faith journey, its great to have you. If you would like to be a part of our family, Please take time to complete a parish registration form available in our website olgak.org or stop by in our office during business hours 8-2pm mon-fri. Email it to marras@olgak.org, or return to parish office, or place in the collection basket at the Sat & Sunday liturgy. We look forward meeting with you.

SACRAMENTS

BAPTISM- Visit the office during business hours to pickup baptism packet and to be schedule for the baptismal preparation class. The class help parents and godparents understand more deeply of the sacrament.

CONFESSION - see cover page

CONFIRMATION -olgak.org/faith-formation-1

HOLY EUCHARIST-contact parish office

HOLY ORDERS-To learn about the priesthood and/or deaconate. contact Fr.Toshio Sato at 501-420-4405 or email TSato@vincentian.org

MATRIMONY -Parishioners wishing to partake in the Sacrament of Marriage at the Cathedral will need to contact the Parish Office, at least six (6) months before the planned ceremony for additional information and to register for the Marriage Preparation.

ANNOINTING OF THE SICK- Feel free to approach or call one of our priests or call the office to schedule the Holy Anointing of the Sick.

BAPTISM

Parents & Godparents must attend the Baptism class before scheduling a date of baptism for their child. Visit the office during business hrs. to be listed for the next class.

PRE-BAPTISM CLASS ENGLISH

Second Thursday of each month
 April 9th 7pm North Tower room of the church.

CLASE DE

BAUTISMO (Español)
 Cuarto jueves de cada mes
 March 26th 6:30pm

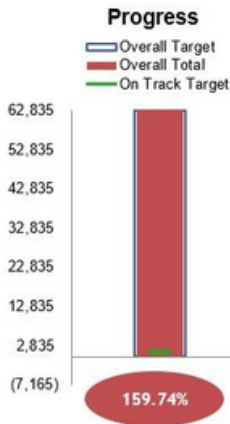
2025 United in Mission

Thank you for your generosity and support to the Archdiocese and Parish.

Goal Pledged
159.74%

Our Parish Goal
\$62,834.71

Total Pledged
\$100,373.80



| Overall | |
|-----------------|----------------|
| Overall Target | 62,834.71 |
| On Track Target | 1,000.00 |
| Overall Total | 100,373.80 |
| Overall Percent | 159.74% |

| This Period | |
|-------------|------------|
| Start: | 7/26/25 |
| End: | 2/5/26 |
| Total: | 100,373.80 |

| Today | |
|--------|------------|
| Date: | 3/10/26 |
| Total: | 100,373.80 |

Gracias por su generosidad y apoyo a la Arquidiócesis y la Parroquia.

WEEKLY COLLECTION

You may donate through our website using the QR code to be directed to our online giving

Thank you for sharing what God has given you with our Parish.

COLECCIÓN SEMANAL

Puede donar a través de nuestro sitio web utilizando el código QR para ser dirigido a nuestra donación en línea.

Gracias por compartir lo que Dios te ha dado con nuestra Parroquia.



| | 2026 Mar 8 | Mar 15 |
|--------------|---------------------|--------------------|
| Collection | \$ 3,195.14 | \$ 1,855.67 |
| E-Giving | \$ 11,565.00 | \$ 6,605.00 |
| TOTAL | \$ 14,761.14 | \$ 8,460.67 |

STEWARDSHIP CORNER

RINCÓN DE LA MAYORDOMÍA

By: Bill Vigil

Fifth Sunday of Lent

Jesus called to his friend from the dead, "Lazarus, come out!" It is the same call our Lord makes to us unceasingly: "Come out!" Jesus calls us from our tomb of doubt and unbelief, from the darkness of our fear and anxieties; from the depths of our weaknesses and lack of hope. Christian stewards pray for an open heart so that they may hear the voice of the Lord, heed the continuous call to come away from their former way of living and reprioritize their lives in the light of the Gospel of Jesus Christ. Do we believe Christ has the power to transform our lives? Do we take time to listen for his call?

Quinto domingo de Cuaresma

Jesús llamó a su amigo desde la muerte: «¡Lázaro, sal fuera!». Es el mismo llamado que nuestro Señor nos hace incesantemente: «¡Sal fuera!». Jesús nos llama desde nuestra tumba de duda e incredulidad, desde la oscuridad de nuestros miedos y ansiedades, desde las profundidades de nuestras debilidades y falta de esperanza. Los mayordomos cristianos oran pidiendo un corazón abierto para poder escuchar la voz del Señor, para atender el llamado continuo a apartarse de su antigua forma de vivir y para reordenar las prioridades de sus vidas a la luz del Evangelio de Jesucristo. ¿Creemos que Cristo tiene el poder de transformar nuestras vidas? ¿Nos tomamos el tiempo para escuchar su llamado?

Almsgiving: An Important Lenten Exercise

When we look at the three traditional "disciplines" of Lent, prayer, fasting and almsgiving, we know that almsgiving gets the least attention. Yet, the Bible places emphasis firmly on almsgiving: Prayer and fasting are good, but better than either is almsgiving accompanied by righteousness ... It is better to give alms than to store up gold; for almsgiving saves one from death and expiates every sin. Those who regularly give alms shall enjoy a full life (Tobit 12:8-9). A central part of our faith is the practice of almsgiving. It is a practice described in our Catholic Catechism thusly: The foundational call of Christians to charity is a frequent theme of the Gospels. During Lent, we are asked to focus more intently on "almsgiving," which means donating money or goods to the poor and performing other acts of charity. As one of the three pillars of Lenten practice, almsgiving is "a witness to fraternal charity" and "a work of justice pleasing to God." (Catechism of the Catholic Church, no. 2462). To be a Christian steward includes having compassion towards others, especially the most vulnerable in our society. Almsgiving is an act where we imitate the love and mercy that God has for these people by providing for their most basic and fundamental needs.

La limosna: un importante ejercicio cuaresmal

Al considerar las tres «disciplinas» tradicionales de la Cuaresma —la oración, el ayuno y la limosna—, sabemos que la limosna es la que recibe menor atención. Sin embargo, la Biblia pone un firme énfasis en la limosna: «La oración y el ayuno son buenos, pero mejor que cualquiera de ellos es la limosna acompañada de justicia... Es mejor dar limosna que acumular oro; pues la limosna libra de la muerte y expía todo pecado. Quienes dan limosna con regularidad gozarán de una vida plena» (Tobías 12:8-9). Una parte central de nuestra fe es la práctica de la limosna. Es una práctica descrita en nuestro Catecismo Católico de la siguiente manera: «El llamado fundamental de los cristianos a la caridad es un tema frecuente en los Evangelios. Durante la Cuaresma, se nos pide centrarnos con mayor intensidad en la "limosna", lo cual significa donar dinero o bienes a los pobres y realizar otros actos de caridad. Como uno de los tres pilares de la práctica cuaresmal, la limosna es "un testimonio de caridad fraterna" y "una obra de justicia grata a Dios"» (Catecismo de la Iglesia Católica, n.º 2462). Ser un administrador cristiano implica tener compasión hacia los demás, especialmente hacia los más vulnerables de nuestra sociedad. La limosna es un acto mediante el cual imitamos el amor y la misericordia que Dios tiene para con estas personas, proveyendo a sus necesidades más básicas y fundamentales.

LENTEN DISCIPLINES AS CATHOLICS

CUIDADO DISCIPLINAS COMO CATOLICAS

[Pope Leo XIV in his first Lenten message](#) invites us to do intentional "listening" and "fasting" "together" so that we have "custody of the heart" which allows us to "refrain from words that offend and hurt our neighbor" by "disarming our language." Here are the Lenten disciplines by US Conference of Catholic Bishops. (Fr. Toshio Francesco, CM)

USCCB on Lenten Regulation

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

El Papa León XIV, en su primer mensaje de Cuaresma, nos invita a escuchar y ayunar intencionalmente juntos para tener una custodia del corazón que nos permita abstenernos de palabras que ofendan y hieren al prójimo, desarmando nuestro lenguaje. Estas son las disciplinas cuaresmales de la Conferencia de Obispos Católicos de Estados Unidos. (P. Toshio Francesco, CM)

USCCB sobre el ayuno y la abstinencia cuaresma

El Miércoles de Ceniza y el Viernes Santo son días obligatorios de ayuno y abstinencia para los católicos. Además, los viernes durante la Cuaresma son días obligatorios de abstinencia. Para los miembros de la Iglesia de rito latino, las normas son obligatorias desde la edad de 18 años hasta los 59. Cuando se ayuna, se le permite a la persona comer una comida completa, así como dos comidas más pequeñas que juntas no equivalgan a una comida completa. Las normas sobre la abstinencia de carne son vinculantes para los miembros de la iglesia católica de rito latino desde los 14 años en adelante.

SPECIAL COLLECTIONS 4.03.2026

HOLY LAND

Pope Leo has asked our parish to support the Pontifical Good Friday Collection, which helps Christians in the Holy Land, where they are now less than 2% of the population. Your support is essential to help the Church minister in parishes, provide Catholic schools, and offer religious education. The Pontifical Good Friday Collection also helps to preserve the sacred shrines of Christianity, including in Jerusalem, Nazareth, and Bethlehem, to name only a few.

The pandemic had hit Christians in the Holy Land particularly hard. Most of them depend on pilgrimages for work. The war and now the Iranian conflict have made their situation even more dire. In these times of crisis, the Pontifical Good Friday Collection is necessary to meet the basic needs of the People of God still living in this Land and to maintain a Christian presence where the Church was born. When you contribute to the Pontifical Good Friday Collection, you join with Catholics around the world in solidarity with the Church in the Holy Land. PLEASE BE GENEROUS!

COLECCIONES ESPECIALES 15/03/2026

TIERRA SANTA

El Papa León XIII ha pedido a nuestra parroquia que apoye la Colecta Pontificia del Viernes Santo, que ayuda a los cristianos en Tierra Santa, donde ahora representan menos del 2% de la población. Su apoyo es esencial para que la Iglesia pueda ejercer su ministerio en las parroquias, mantener escuelas católicas y ofrecer educación religiosa. La Colecta Pontificia del Viernes Santo también ayuda a preservar los santuarios sagrados del cristianismo, incluyendo los de Jerusalén, Nazaret y Belén, entre otros.

La pandemia ha afectado particularmente a los cristianos en Tierra Santa. La mayoría de ellos dependen de las peregrinaciones para subsistir. La guerra y ahora el conflicto con Irán han empeorado aún más su situación. En estos tiempos de crisis, la Colecta Pontificia del Viernes Santo es necesaria para cubrir las necesidades básicas del Pueblo de Dios que aún vive en esta Tierra y para mantener la presencia cristiana donde nació la Iglesia. Al contribuir a la Colecta Pontificia del Viernes Santo, se une a los católicos de todo el mundo en solidaridad con la Iglesia en Tierra Santa. ¡SEA GENEROSO!



Lenten Soup Supper
Soup Supper 5pm

- Feb 20th Sunday, 9am Choir
- Feb 27th Spanish Choir
- Mar 6th Fish Fry-No Soup Supper
- Mar 13th Legion of Mary
- Mar 20th Filipino Community
- Mar 27th Spanish Women's Group



Cena de sopa de Cuaresma
Cena de sopa a las 5pm

- 20 de febrero, domingo, 9:00 a. m. Coro
- 27 de febrero, Coro en español
- 6 de marzo, Cena de pescado frito sin sopa
- 13 de marzo, Legión de María
- 20 de marzo, Comunidad filipina
- 27 de marzo, Grupo de mujeres en español

Join us for a meaningful Lenten tradition of fellowship and prayer every Friday in Lent. We invite you to a simple, meatless soup supper at 5pm in the Lunney Center starting February 20th followed by Stations of the Cross 7pm at the Cathedral. This is a wonderful opportunity to slow down, and walk with Christ through His Passion. If you are able to bring a "Meatless Soup", Bread, dessert to share, bring them Friday at the Lunney Ctr. kitchen before 5pm on the dates you wish to come.

Acompáñenos a una significativa tradición cuaresmal de compañerismo y oración todos los viernes de Cuaresma. Los invitamos a una cena sencilla con sopa sin carne a las 5 p. m. en el Comedor a partir del 20 de febrero, seguida del Vía Crucis a las 7 p. m. en la Catedral. Esta es una maravillosa oportunidad para relajarse y caminar con Cristo en su Pasión. Si pueden traer una sopa sin carne, pan y postre para compartir, tráiganlos el viernes a la cocina del Comedor antes de las 5 p. m. en las fechas que deseen venir.

LENTEN PENANCE TIMES

TIEMPOS DE PENITENCIA DE CUARESMA

MGA PANAHON NG PENESIYA SA Kwaresma



Saturday, March 14th 12-5pm

Saturday, March 28th 12-5pm



Sábado, 14 de marzo 12:00 - 5:00 p. m.

Sábado, 28 de marzo 12:00 5:00 p. m.



Sabado, ika-14 ng Marso 12-5pm hapon

Sabado, ika-28 ng Marso 12-5pm hapon



Starting March 18, 2026 and beyond the Wednesday 5:30pm Mass has moved to 7:00pm is now in Spanish Mass.

A partir del 18 de marzo de 2026, la Misa de los miércoles a las 5:30 p. m. se traslada a las 7:00 p. m. y ahora se celebrará en español.

"I have loved you with an everlasting love." -Jeremiah 31:3

Project Rachel

**A Day of Hope and Healing
For Women Experiencing Abortion Loss**

Free & Confidential - Hosted by Project Rachel Ministry

**Saturday, March 21st, 2026
9:30a - 4:30p
in Anchorage**

Registration is needed and further information is given at that time. Register by calling our confidential number at 907-297-7781 or email projectrachelalaska@gmail.com



Project Rachel is a healing ministry of the Archdiocese of Anchorage-Juneau. This ministry provides compassionate, confidential, and free support to women and men who have experienced the loss of children to abortion. Long distance ministry and local referrals are available. God's healing love and mercy are always possible.

Find more information at www.projectrachelalaska.com and on Facebook at Project Rachel Alaska



MARCH 29TH

PALM SUNDAY

REGULAR SUNDAY MASSES

CATHEDRAL OF OUR LADY OF GUADALUPE

29 DE MARZO

DOMINGO DE RAMOS

MISAS DOMINICALE S REGULARES

CATEDRAL DE NUESTRA SEÑORA DE GUADALUPE

MARSO 29

LINGGO NG PALASPAS

REGULAR NA MISA TUWING LINGGO

CATEDRAL NG ATING MAHAL NG INANG GUADALUPE

CATHEDRAL OF OUR LADY OF GUADALUPE


Our annual Easter Egg Hunt is coming up! To make this event special for our children, we are asking for donations of plastic eggs and wrapped candies. Please drop off your donations in the bin located in the church lobby by March 28th



Thank you for your generosity!!

CATEDRAL DE NUESTRA SEÑORA DE GUADALUPE


¡Se acerca nuestra búsqueda anual de huevos de Pascua! Para que este evento sea especial para nuestros niños, solicitamos donaciones de huevos de plástico y dulces envueltos. Por favor, depositen sus donaciones en el contenedor ubicado en el vestíbulo de la iglesia antes del 28 de marzo.



¡Gracias por su generosidad!

KATEDRAL NG ATING MAHAL NA INANG GUADALUPE

Malapit na ang aming taunang Easter Egg Hunt! Upang gawing espesyal ang kaganapang ito para sa aming mga bata, humihingi kami ng mga donasyon ng mga plastik na itlog at mga nakabalot na kendi. Mangyaring ilagay ang inyong mga donasyon sa plastik na lagayan na matatagpuan sa lobby ng simbahan bago ang ika-28 ng Marso.



Salamat sa inyong pagkabukas-palad!!

VOLUNTEERS NEEDED- We are currently seeking volunteers to assist with liturgies for Holy Week, including Lectors, Altar Servers, and those willing to participate in the Washing of the Feet on Holy Thursday. Practice times below. Please prayerfully consider serving our community during this sacred time. Sign-up sheets are available in the Sacristy next week.

EASTER TRIDUUM

Cathedral of Our Lady of Guadalupe

HOLY THURSDAY, APRIL 2nd
 NO MORNING MASS
 7:00 PM - Bilingual Mass
 Mass of the Lord's Supper
 Adoration until 10pm with Night Prayer

*In stillness
the earth
awaits
the
resurrection*

GOOD FRIDAY, APRIL 3rd
 NO MORNING MASS
 7:00 PM - Bilingual Mass
 Liturgy of the Passion of the Lord

EASTER VIGIL, APRIL 4th
 NO MORNING MASS
 8:00 PM - Trilingual Mass
 (english, spanish & filipino)

PRACTICE TIMES FOR THE EASTER TRIDUUM
Holy Thursday & Good Friday Practice
 Altar Servers, Washing of the Feet, Carriers of Good Friday Cross please show by 6pm

Easter Vigil Practice
 Catechumens, Confirmands, Altar Servers, and Lectors, Saturday April 4th at 10:00am

TRIDUO PASCUAL

Catedral de Nuestra Señora de Guadalupe

JUEVES SANTO, 2 DE ABRIL
 NO HAY MISA DE LA MAÑANA
 07:00 h - Misa Bilingüe
 Misa de la Cena del Señor
 Adoración hasta las 22:00 h con Oración de la Noche

*En quietud
la tierra
espera la
resurrección*

VIERNES SANTO, 3 DE ABRIL
 NO HAY MISA DE LA MAÑANA
 07:00 h - Misa Bilingüe
 Liturgia de la Pasión del Señor

VIGILIA PASCUAL, 4 DE ABRIL
 NO HAY MISA DE LA MAÑANA
 08:00 - Misa trilingüe
 (Inglés, español y filipino)

HORARIOS DE PRACTICA PARA EL TRIDUO PASCUAL
Práctica del Jueves Santo y Viernes Santo
 Monaguillos, Lavatorio de Pies, Portadores de la Cruz del Viernes Santo, por favor presentarse antes de las 6pm

Práctica de la Vigilia Pascual
 Catecúmenos, Confirmandos, Monaguillos y Lectores, Sábado 4 de Abril a las 10:00am

TRIDUO PASKWAL

Katedral ng Mahal na Birhen ng Guadalupe

HUWEBES SANTO, ABRIL 2
 WALANG MISA SA UMAGA
 7:00 Gabi - Misa Bilingguwal
 Misa ng Hapunan ng Panginoon
 Pagsamba hanggang 10:00 ng gabi na may kasamang Panalangin

*Sa katabi ng
hinahatay ng
lupa ang muling
pagkabuhay*

BIYERNES SANTO, ABRIL 3
 WALANG MISA SA UMAGA
 7:00 Gabi - Misa Bilingguwal
 Liturihiya ng Pasyon ng Panginoon

BIGIL NG PASKO NG PAGKABUHAY, ABRIL 4
 8:00 Gabi - Misa sa Tatlong Wilka
 (Ingles, Espanyol at Pilipino)

ORAS NG PAGSASANAY PARA SA TRIDUO BANAL NA 3 ARAW
Pagsasanay sa Huwebes Santo at Biyernes Santo
 Mga Tagapaglingkod sa Altar, Paghuhugas ng Paa, at Tagapagdala ng Krus ng Biyernes Santo, mangyaring pumunta bago mag-alas-6 ng gabi.

Pagsasanay sa Pagpupuyat ng Pasko ng Pagkabuhay
 Mga Katekumen, Kumpirmandi, Mga Tagapaglingkod sa Altar, at Mga Lektor, Sabado, Ika-4 ng Abril, 10:00 ng umaga

Please join us for an

Easter Egg Hunt

Bring empty easter basket to collect eggs and join us on the Parish Lawn

Sunday | April 5th | after 9am and 11:30 masses

Cathedral of Our Lady of Guadalupe

Por favor únete a nosotras para una

Búsqueda de huevos de Pascua

traiga una canasta de Pascua vacía para recoger huevos y únase a nosotros en el césped de la parroquia.

Domingo | 5 de abril | después de las misas de 9:00 y 11:30

Catedral de Nuestra Señora de Guadalupe

Samahan niyo kami para sa ating

Linggo ng Pagkabuhay Egg Hunt

Magdala ng walang laman na basket sa Linggo ng Pagkabuhay para kumuha ng mga itlog at sumama sa amin sa labas ng simbahan

Linggo | April 5th | tapos ng 9am at 11:30 na misa

Katedral ng Mahal na Birhen ng Guadalupe

OUR OFFICE CLOSED ON

Good Friday

April 3, 2026

Easter Monday

April 6, 2026

Nuestra oficina estará cerrada el

Viernes Santo

3 de abril de 2026

Lunes de Pascua

6 de abril de 2026

SARADO ANG AMING OPISINA

Biyernes Santo

April 3, 2026

at Lunes ng Pagkabuhay

April 6, 2026



Pontifical Good Friday Collection | Friday April 3 2026



Colecta Pontificia del Viernes Santo | Viernes Abril 3 2026



BUILDING HOPE AND A FUTURE IN THE HOLY LAND

CONSTRUYENDO FUTURO Y ESPERANZA EN TIERRA SANTA

YOUR CONTRIBUTION HELPS TO PROVIDE

- 288 FRIARS IN 11 COUNTRIES
- 65 SANCTUARIES AND 24 PARISHES
- 6 GUEST HOUSES FOR PILGRIMS
- 540 UNIVERSITY SCHOLARSHIPS
- 64 FRIARS PREPARING FOR THE PRIESTHOOD
- 18 SCHOOLS WITH MORE THAN 10,000 STUDENTS
- 28 YOUTH SERVED BY BETHLEHEM BOYS' HOME
- +1000 HOUSING UNITS FOR LOW-INCOME FAMILIES
- 1050 EMPLOYEES

AND HOPE TO OUR CHRISTIAN BROTHERS AND SISTERS IN THE HOLY LAND

TU CONTRIBUCIÓN AYUDA A PROVEER

- 288 FRAILES EN 11 PAÍSES
- 65 SANTUARIOS Y 24 PARROQUIAS
- 6 CASAS DE ACOGIDA PARA PEREGRINOS
- 540 BECAS UNIVERSITARIAS
- 64 FRAILES EN FORMACIÓN PARA EL SACERDOCIO
- 18 ESCUELAS CON MÁS DE 10,000 ESTUDIANTES
- 28 JÓVENES ATENDIDOS POR EL HOGAR DE NIÑOS DE BELÉN
- +1000 VIVIENDAS PARA FAMILIAS DE BAJOS RECURSOS
- 1050 EMPLEADOS

Y ESPERANZA A NUESTROS HERMANOS Y HERMANAS CRISTIANOS EN TIERRA SANTA

COMMISSARIAT OF THE HOLY LAND | 1400 Quincy St. NE, Washington, DC 20017 | www.MyFranciscan.org

COMISSARIADO DE TIERRA SANTA | 1400 Quincy St. NE, Washington, DC 20017 | www.MyFranciscan.org

CRS RICE BOWL

WHO IS READY TO **CHANGE LIVES** THIS LENT?

¡CAMBIA VIDAS ESTA CUARESMA!

Scan the QR code to make a donation.
Escanee el código QR para donar.

crsricebowl.org/change-lives | crsplatodearroz.org/cambia-vidas

Most of us know that the BIG 3 for Lent are; **PRAYER, FASTING AND ALMS GIVING**

Catholic Relief Services has provided us with a small box that you can assemble and then collect your loose change and/or cash, throughout the 40 days of Lent which can be donated to the poor. Pick up a Rice Bowl from the Narthex table and put in a place at home where your family can deposit their ALMS. These Rice Bowls boxes should be brought to the church during the last week of Lent, or HOLY WEEK, just before Easter Sunday.

Thank you for using the Rice Bowl to help the poor!

Soup & Stations

OUR LADY OF GUADALUPE

Friday / Viernes

2/20/26 5pm Soup & Stations / Sopa y Via Crucis
2/27/26 5pm Soup & Stations / Sopa y Via Crucis

3/6/26 5pm Stations/via crucis.
6pm Fish Fry / Venta de Pescado

3/13/26 5pm Soup & Stations / Sopa y Via Crucis
3/20/26 5pm Soup & Stations / Sopa y Via Crucis
3/27/26 5pm Soup & Stations / Sopa y Via Crucis

Sopa & Via Crucis

NUESTRA SEÑORA DE GUADALUPE

NEW RENTAL POLICY FOR LUNNEY CENTER

The new year has started with a significant change to the requirements in order to rent the Lunney Center. Please check well in advance of the date you want if you are interested in renting the Lunney Center for a party or any other event. Contact Mr. Fleming or the Parish office and request a copy of the new **2026 Rental Policy** be sent to you via email so you can be ready with your questions when you call OLG Parish Office 907-248-2000.

NUEVA POLÍTICA DE ALQUILER PARA EL CENTRO LUNNEY

El nuevo año ha comenzado con un cambio importante en los requisitos para alquilar el Centro Lunney. Si está interesado en alquilar el Centro Lunney para una fiesta o cualquier otro evento, le recomendamos que consulte con suficiente antelación. Comuníquese con el Sr. Fleming o con la oficina parroquial y solicite que le envíen por correo electrónico una copia de la nueva Política de Alquiler de 2026 para que pueda tener sus preguntas listas cuando llame a la oficina parroquial de OLG al 907-248-2000.

2025 YEAR END GIVING STATEMENTS READY

Thank you for your faithful generosity this past year! Your annual donation tax statements for 2025 year end are now available. You can pick a copy in the narthex table. Please review your statement carefully and contact Marra at the office (907) 248-2000 with any questions.

YA ESTÁN LISTOS LOS ESTADOS DE CUENTA DE DONACIONES DE FIN DE AÑO 2025.

¡Gracias por su fiel generosidad durante el año pasado! Sus estados de cuenta anuales de donaciones para fines del año 2025 ya están disponibles. Puede recoger una copia en la mesa del nártex. Por favor, revise su estado de cuenta detenidamente y comuníquese con Marra en la oficina al (907) 248-2000 si tiene alguna pregunta.

“Your generosity is greatly appreciated”

Su generosidad es muy apreciada.

SOMETHING NEW FOR FAITH FORMATION

We are asking those in our confirmation program to get involved in different ministries of the parish. Some have chosen to become lectors, eucharistic ministers, servers or part of the choir

This is a wonderful way to keep our youth involved and build a future for our faith and parish. They have been choosing different Sunday masses at which to serve.

If they come to serve at one of the masses you were already assigned, I ask you to please assist and welcome them, as this might be their first time. My hope is that they will become a regular part of the ministries they have chosen.



THANKS FOR YOUR SUPPORT
Fr. David

ALGO NUEVO PARA LA FORMACIÓN EN LA FE

Invitamos a quienes participan en nuestro programa de confirmación a participar en los diferentes ministerios de la parroquia. Algunos han optado por ser lectores, ministros de la eucaristía, servidores o miembros del coro.

Esta es una manera maravillosa de mantener a nuestros jóvenes involucrados y construir un futuro para nuestra fe y parroquia. Han estado eligiendo diferentes misas dominicales para servir.

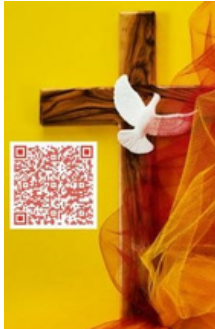
Si vienen a servir en una de las misas que ya les fueron asignadas, les pido que por favor les ayuden y les den la bienvenida, ya que podría ser su primera vez. Espero que se conviertan en parte habitual de los ministerios que han elegido.

GRACIAS POR SU APOYO
Padre David

CONFIRMATION

Dear Parents,
Register your child for the Confirmation Mass, to ensure they are included in this important sacrament celebration. Scan the QR code and choose the date you wish your child to celebrate the confirmation. We ask that our old kids to select the Wednesday, April 22nd slot ideally.

Parents play a key role! we need your active support to help you child grow in faith. Register now.



CONFIRMACIÓN

Estimados padres:
Inscriban a su hijo/a en la Misa de Confirmación para asegurar su inclusión en esta importante celebración sacramental. Escaneen el código QR y elijan la fecha en que desean que su hijo/a celebre la Confirmación. Les pedimos a nuestros hijos/as que elijan el miércoles 22 de abril, idealmente.

¡Los padres son fundamentales! Necesitamos su apoyo activo para ayudar a sus hijos a crecer en la fe. Regístrese ahora.



March Update and Invitation to Camp Gala 2026!

You make this a GREAT ministry to kids; help us make it even greater on March 19! Here's the latest:

Summer Camp:

Currently 214 children stand registered for the summer; that means camp is 59% full! We're planning 7 weeks of fun, faith and friends again.

Meet a Counselor:

Meet one of this summer's new counselors! Hello, I am Elizabeth Hayes, and I just graduated from Lansing Community College for Dental Hygiene. I am from Onondaga MI, and I love to watch sunsets and observe animals in nature. I am so excited for this summer to help these campers encounter the Lord through fun, nature, and community!

Register your child for camp by clicking here:

<https://sainttheresescamp.regfox.com/2026-summer-camp-registration> Some financial aid is available; contact me to talk about that.

St. Therese's Camp

Join the fun!



2026 Camp Schedule

Drop-off: Sunday 3:15-4 PM
Pick-up: Friday 2 PM

Camp weeks for boys and girls

- May 31-June 5 entering grades 3-8
- June 7-12 entering grades 3-8
- June 14-19 entering grades 3-8
- June 21-26 entering grades 3-8
- June 28-July 3 entering grades 9-12
- July 12-17 entering grades 9-12
- July 19-24 entering grades 3-8

Saint Therese's Camp in Wasilla offers a Catholic residential summer program for youth. We share the joy of our Faith in a refreshing way in the beautiful Matanuska Valley. Come join us for fun, faith, and friends!

ACTIVITIES

Making friends, getting closer to God, The Blob, gaga ball, swimming, kayaking, singing, campfires, archery, air rifles (for high school campers), bb guns, volleyball, hike in Hatcher Pass for the high school weeks, and delicious meals.

Fee's (T-Shirt included if registered by April 23rd):
Registration before March 2nd:
Grades 3-8 \$412/week • Grades 9-12 \$418/week
Registration after March 2nd:
Grades 3-8 \$433/week • Grades 9-12 \$439/week

To register or for more information, contact:



Parent Testimonies

As a mom, I am SO thankful for this week of camp you have provided for my kids. They had so much fun and came home better and happier than when they left. They are excited about their faith and made deeper relationships with Catholic friends. The counselors were fun and gave my kids a role model, someone (or many someone!) they wanted to be like when they get older. I heard each of them talking about how excited they are to be counselors one day and I am in awe of how y'all use your talents for God's glory. Thank you from the bottom of my heart. We are your #1 fans!

I would just like to say that my daughters, their faces just light up when they talk about St. Therese Camp. God Bless you all.

Thanks again for all that you and the rest of the staff do. I am always in awe at the great things I hear and see that are happening at camp. We only get a very limited amount of time to make a difference in the lives of our children. St. Therese's Camp has made a tremendous impact on so many young lives and I pray that this continues for years and years to come. Keep up the great work and spreading the word of our Lord and Savior.

Camp Director Contact Information

Sean to Register for Camp call/text: 907.232.2066
campdirector@stthere.seak.com
www.stcak.com
www.facebook.com/wjstc

Catholic Camp and Conference Ministries of Alaska, Inc.
7180 E. Twin Lakes Dr
Wasilla, AK 99654

ENJOY AN EVENING SUPPORTING ST. THERESE'S CAMP WITH AUCTION ITEMS INCLUDING BOURBON TASTING WITH FATHER WHITNEY, AN "EVENING IN SWAZILAND", AND MUCH MORE!

St. Therese's Camp Gala 2026!

Thursday March 19, 2026, 6-9 PM
at
Saint Coyote
135 W Dimond Blvd., #111
Anchorage, AK 99515
Tickets \$40 before Feb. 19, \$50 after
Buy tickets at stcak.com or scan the QR code below!





Join us for an evening of friends, faith, food and fundraising! Strengthen the mission of St. Therese's Camp and hear reports of the good things going on at the camp.

Individual tickets: \$40 until Feb. 19, \$50 after Feb. 19.

Table of 6-7 for \$450: Includes 6-7 tickets for one complimentary drink (hard or soft) and your family or business name gets included in our program as a sponsor of the Gala! Click here to purchase your ticket:

<https://sainttheresescamp.ticketspice.com/sainttheresescampgala2026>

BISHOP'S ATTIC

HOURS: TUES - FRI 10-6 AND SAT 10-5

THRIFTS SHOP



A FEW FACTS YOU MAY NOT KNOW

- DO YOU KNOW THAT BISHOP'S ATTIC THRIFT STORE HAS BEEN IN OPERATION IN ANCHORAGE FOR OVER 50 YEARS?
- DO YOU ALSO KNOW THAT THEY GIVE THEIR EARNINGS TO THE ARCHDIOCESE OF ANCHORAGE-JUNEAU?
- DO YOU KNOW THAT BISHOP'S ATTIC NOT ONLY PROVIDES QUALITY WARES TO THE COMMUNITY AT SOME OF THE LOWEST PRICES, BUT ALSO OFFERS ENTRY-LEVEL JOBS AND TRAINING FOR MANY WHO HAVE HAD DIFFICULTY FINDING EMPLOYMENT?
- DO YOU KNOW THAT BISHOP'S ATTIC PRACTICES "REUSE, REUSE, AND RECYCLE" IN ACCORDANCE WITH POPE FRANCIS' LAUDATO SI ENCYCLICAL ON THE CARE AND PROTECTION OF THE ENVIRONMENT AND THE EARTH?
- DO YOU KNOW THE BISHOP'S ATTIC OFFERS A 10% DISCOUNT TO STUDENTS AND SENIORS OVER AGE 65 UPON PRESENTATION OF AN APPROPRIATE ID?

COME BY AND SEE OF THE GREAT ITEMS WE HAVE AND FIND SOMETHING YOU CAN'T LIVE WITHOUT!

VINTAGE ACCESSORIES, CLOTHES, ELECTRONIC, FURNITURES, APPLIANCES, SHOES, AND MANY MORE

ARCHDIOCESE OF ANCHORAGE-JUNEAU IS OFFERING A Study Group

ON THE APOSTOLIC EXHORTATION DILEXI TE


This book study will be offered during Lent for 5 sessions on Sundays or Wednesdays
You pick the day of the week that works for you

All sessions will be on zoom from 7:00pm -8:30pm


Interested?
Please email jmichaelson@aoaj.org

DOMINICAN FORUM


"THE SHADOW FADES: ST. JOSEPH AND THE UNVEILING OF THE FATHER'S FACE"



Fr. Matthew Wanner, OP



Wednesday March 18 7P
Dominican Hall Holy Family Anchorage



Spring Break Fun & Work by Mission Groups



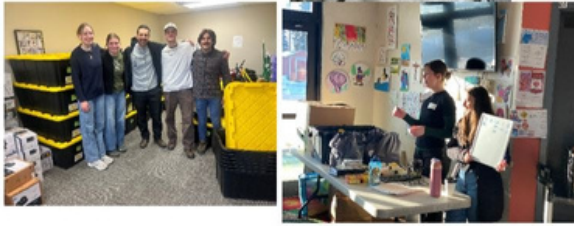
The Gopher Catholics from the Neuman Center at the University of Minnesota and Praying Pelicans from St. Benedictine's College in Kansas visited Anchorage for spring break last week and spent time playing and connecting with Clare House kiddos and Complex Care and Brother Francis Shelter guests throughout the week. They also helped with projects at the main office, Saint Francis House Food Pantry and Welcome Center. Over 90 volunteers shared over 300 hours of their time this past week. We are so appreciative!

We appreciate your support for Lenten Food Drives!

Week 4 of Lent St. Francis House Food Pantry saw 1221 lbs. of food donated from 6 parishes plus Lumen Christi School.

St. Elizabeth Ann Seton is leading with 1194 lbs., but St. Andrew's is right on their heels with 969 lbs. and Holy Family is close behind with 727 lbs. We are halfway through Lent, 3 weeks to Easter! Keep it up!

Drop off food donations from 1-4 pm Monday through Thursday or 9-4 on Friday. Let the Food Pantry staff know which parish you are dropping food off for so we can credit your church's tally! If you are not able to bring food to the church or food pantry, you may also give online.



Complex Care Urgent Needs

Drop off at Complex Care, 303 W. Fireweed Lane 10am to 6pm or have shipped directly to the shelter. They are currently requesting donations of:

- Totes with lids (for guest storage)
• Twinlong fitted sheets
• Pillowcases, Blankets, Bath Towels

Where to purchase:

- Totes with lids: Fred Meyer typically has the most affordable options
• Sheets, pillowcases, blankets, and towels: Walmart or Amazon offer cost effective choices.

At Complex Care, each guest is allowed two totes to safely store their belongings. Due to high need and ongoing turnover, our supply ran out several months ago, and we have an immediate need to replenish them. While we plan to purchase some directly, having an ongoing donation source—or even a onetime boost—would greatly support our guests.

The linens and towels listed above are used daily, and our current inventory is running low. Donations of these items help us maintain a safe, clean, and dignified environment for every individual who enters our program.

Any contributions—large or small—make a meaningful difference.

Complex Care Foot Care has begun!

Thanks for the support of volunteers and community members for donations!

Saint Frances House Food Pantry- is also a diaper pantry and provides household goods

to clients who come through the line, as well to CSS shelters. Their stocks on the following items are low, and they are needing the following items if you have extras and would like to pass them on. SFH will get them in the hands of those who need them.

- Bath Towels, Twin Sheets, Pillows
• Dish soap, Laundry Detergent, Toilet paper

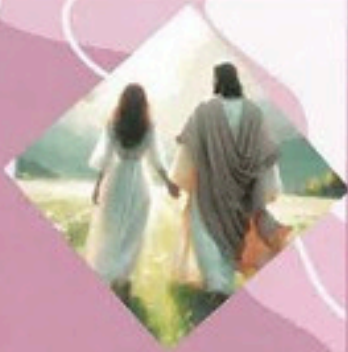
Brother Francis Shelter Updated Needs

Drop off at Brother Francis Shelter 1021 E. 3rd Avenue 10 am to 6 pm, or Saint Francis House Food Pantry 3710 E. 20 th Ave. 1-4pm Monday through Thursday or 9-4 pm Friday. Amazon links of examples are given. Used is fine!

- Blankets for guests to keep them warm and comfortable--we are pretty much out all the time. Regular donations would be great.
• Storage totes for guests. They are all given two totes as a way of consolidating and safely storing their belongings. We need them to replace lost or broken totes and continue to assist clients downsizing and keeping the shelter clean and safe.
• We would very much appreciate some bulk cases of affordable bath towels from amazon or Wal-mart or any towel donations. Towels are often lost and need ongoing donation assistance.
• Bulk dark colored fitted sheets for guests. These are a basic part of an intake, to provide a clean sheet for a guest to sleep on. Darker is better than white. Any sheets are better than nothing though. Fitted appears to help guests better.

Current Volunteer Opportunities

See our updated current volunteer opportunity page and fill out a fresh application if you don't have a current one on file. Background checks are required for all individuals volunteering with CSS. Group volunteers are welcomed. See the group volunteer page on our website and someone will contact you about current group opportunities (not all are listed on the website).



"Come and see" retreats



18 TO 30 YEARS OLD
JULY 9-12



14 TO 17 YEARS OLD
**JULY 31
AGUST 1-2**



Blessed Sacrament Monastery

(907) 344-3330

sistersofperpetualak@gmail.com

2645 E. 72ND AVE

Anchorage, AK.

SISTERS OF PERPETUAL ADORATION OF THE BLESSED SACRAMENT



INVITATION 2026



TEEN GIRLS RETREAT

**JAN.
24**



**MAR.
21**

TEEN GIRLS RETREAT



**OCT.
17**

TEEN GIRLS RETREAT



**DEC.
17**

TEEN GIRLS RETREAT

VOCATION

VOCACIÓN



VINCENTIAN
PRIESTS & BROTHERS
USA



Who We Are

cmvocationusa.org/our-charism

Discover The Vincentian Calling



Vincentian Spirituality

Vincentian Brotherhood



The Vincentian Call



cmvocationusa.org/vincentian-brotherhood

Quinto domingo de Cuaresma, 22 de marzo de 2026