

# RHEUMATOLOGY FALL BOOTCAMP 101: ASSESSMENT AND MANAGEMENT OF RHEUMATIC DISEASE

OCTOBER 22–25, 2026

★ Tentative Schedule — Subject to Change ★

**PRESENTERS:** **AP:** A. Papachristos PT, ACPAC

**SC:** S. Chunara PT, ACPAC

**AT:** A. To OT, ACPAC

**DM:** Dr. D. Mahendira MD, Rheumatologist

**OV:** Dr. O. Vinik MD, Rheumatologist

DAY 1 — VIRTUAL (Zoom) Thursday, October 22			DAY 2 — VIRTUAL (Zoom) Friday, October 23			DAY 3 — IN-PERSON Saturday, Oct 24 · St. George Physiotherapy Clinic			DAY 4 — IN-PERSON Sunday, Oct 25 · St. George Physiotherapy		
TIME	TOPIC	PRESENTER	TIME	TOPIC	PRESENTER	TIME	TOPIC	PRESENTER	TIME	TOPIC	PRESENTER
17:30–17:45	Welcome & Introduction	SC / AP / DM	17:30–18:30	Autoantibodies & Labs in Rheumatology	DM		12:00–12:30 <i>Networking Lunch (Provided)</i>		08:30–11:00	Early ID of SpA · Metrology Workshop · Case Study	AP, SC, DM
17:45–19:15	Intro to Inflammatory Arthritis	OV	18:30–19:30	Fundamentals of Pharmacotherapy in Rheumatology	DM	12:30–13:00	History Taking in Inflammatory Arthritis	DM		11:00–11:15 <i>Break (Provided)</i>	
19:15–19:30 <i>Break</i>			19:30–19:45 <i>Break</i>			13:00–13:30	Case Study: History Taking in IA	DM / AP	11:15–12:15	Hand Management & Splinting in Arthritis	AT or AP
19:30–21:00	Physiotherapy & Exercise in Rheumatology	AP	19:45–21:00	General OA: Pathophysiology & Treatment Updates	SC	13:30–14:45	GALS Screening & Joint Assessment / Joint Counts <i>Didactic &amp; Practical</i>	DM, SC, AP, AT		12:15–13:00 <i>Lunch (Provided)</i>	
							14:45–15:00 <i>Break (Provided)</i>		13:00–14:00	Evidence-Based Guidelines — RA & OA	SC
						15:00–16:00	Outcome Measures in Rheumatology <i>Didactic &amp; Practical</i>	AP	14:00–15:30	Case Studies (RA / OA / SpA)	SC, DM, AP
						16:00–17:00	Vignette: Concepts of Hx / Obj / OM <i>Group-Based</i>	AP / SC / DM / AT		15:30–15:45 <i>Break (Provided)</i>	
							17:00–17:15 <i>Break (Provided)</i>		15:45–17:00	Leveraging Your Role in IA Post-Bootcamp <i>15–20 min each</i>	LP, SC, DM, AP, AT
						17:15–18:15	Pain Review in Inflammatory Arthritis	AP	17:00–17:30	Quiz / Evaluation	SC, DM, AP
						18:15–19:15	Intro to Imaging in Rheumatic Disease	DM	17:30–17:45	Wrap-Up	SC, DM, AP
						19:15–20:15	Self-Management Strategies for IA Patients	AP / AT			