

TELL ME MORE!

A Faith & Light Community meets usually once a month in someone's home or parish. They gather for an hour or so to pray, sing, read scripture, play and share their achievements and struggles. Some social time and food often follow. These regular meetings build friendships and establish mutual support. Every participant soon learns that they journey with friends and no longer walk alone.



Bearing Witness

"When we have a disability, we cannot always find friends by ourselves. Faith and Light creates a family close to God, with God's friends. We do not feel our handicap. We are like everyone else because there is no difference."

- Peter, USA

"If you pour yourself out for the hungry and satisfy those afflicted, then shall your light rise in darkness."

Isaiah 58: 10-11

Be A Part of Our Journey



COME JOIN US!

Find a Community

If you or someone you know is interested in visiting a Community or starting a new one, please see the links below.

www.faithandlight.org

www.faithandlightusaeast.org

www.faithandlightusawest.org

Or Contact:

FAITH & *Light*

45 years of creating
friendships with persons
with intellectual
disabilities



"We must realize that not only the weak need the strong, but also the strong cannot exist without the weak."

The elimination of the weak is the death of fellowship."

~ Dietrich Bonhoeffer

