



Menu

Breakfast

Zen Special – R55.00

Start your day with this hearty breakfast: choose your preferred style of two eggs accompanied by two rashers of bacon, a slice of grilled tomato, beans, a slice of toast, a crispy hash brown, and enjoy a complimentary filter coffee.

Menemen Breakfast – R45.00

Delight in a traditional Turkish-style breakfast with two eggs scrambled with fresh tomatoes, onions, and green peppers, served with two slices of toast.

Full English Breakfast – R110.00

Indulge in a classic with two eggs, beans, two rashers of bacon, mushrooms, your choice of pork or beef sausage, and fried pudding (blood sausage).

Eggs Benedict – R85.00

Savour two poached eggs and ham atop an English muffin, drizzled with hollandaise sauce.

Pap, Wors, Sous en Eiers – R95.00

Pap served with wors, tomato relish and two eggs.

Tortilla Omelette R69.00

A two egg omelette filled with ham, mushrooms, cheese, tomato, and fresh parsley and covered in a tortilla.

*Substitute tortilla for one slice of toast

Toasties (4 slices), served with small chips.

Bacon and cheese **R49.00**

Bacon and egg **R49.00**

Bacon, egg and cheese **R55.00**

Ham and cheese **R40.00**

Tomato and cheese **R35.00**

Chicken mayo **R60.00**

Bacon, lettuce, tomato **R55.00**

Extras:

Beef or pork sausage **R32.00**

Mushrooms **R25.00**

Bacon **R30.00**

Ham **R20.00**

Egg **R8.00**

Cheese **R25.00**

Avocado **R27.00**

Tomato **R6.00**

Toast **R6.00**

Light Meals

Steak, Egg and Chips R99.00

A satisfying meal with 200g rump steak, two eggs and chips.

Tacos (3 per serving)

Chicken **R85.00**

Spicy Mince **R99.00**

Beef **R119.00**

Filled with lettuce, cheese, red onion and Taco Sauce. Served with fresh salsa.

Enchiladas (2 per serving)

Chicken **R95.00**

Spicy Mince **R105.00**

Beef **R119.00**

Filled with a protein of your choice, and topped with mushrooms, cheese and enchilada sauce.

Wings and chips R79.00

Enjoy five full wings, grilled to perfection, and served with chips

Loaded Fries R75.00

Treat yourself to crispy fries, loaded with cheese sauce, red onion, and bacon bits and topped with fresh parsley and coriander.

Loaded Tornado Potato

Potato spiral, seasoned and deep fried to perfection. Loaded with a protein of your choice and topped with cheese. Served with a side salad.

Cheese **R45.00**

Chicken **R55.00**

Spicy Mince **R59.00**

Beef **R65.00**

Loaded Baked Potato

Baked potato, seasoned and baked to perfection. Loaded with a protein of your choice and topped with cheese. Served with a side salad.

Cheese **R55.00**

Chicken **R69.00**

Spicy Mince **R79.00**

Beef **R89.00**

Salads

Greek Salad (V) – R69.00

A refreshing combination of cucumber, red onion, cherry tomatoes, kalamata olives, and feta cheese. Drizzled with red wine vinegar, lemon juice, and oregano.

Chicken/Beef Salad

Choose between chicken strips **R99.00** or beef strips **R115.00** with mixed lettuce, feta cheese, red onion, carrot, cherry tomatoes, and kalamata olives.

Cobb Salad R149.00

A high protein and nutritious salad consisting of salad greens, avocado, cherry tomato, bacon, chicken breasts, red onion, hard-boiled eggs, and feta cheese.

Hearty Meals

Beef Stew – R75.00

Beef stew served with your choice of any starch, accompanied by two veggies or salads.

Lamb Stew – R99.00

Delicate lamb stew served with your choice of any starch, accompanied by two veggies or salads.

Starch: Pap, Rice, Steamed Bread

Vegetables/Salad: Creamed spinach, Butternut, Coleslaw, Beetroot, Chakalaka

Meating Place

300g T-Bone Steak – R159.00

A succulent T-bone steak served with a side of your choice.

Zen Biltong Steak- R195.00

Indulge in a gastronomic masterpiece that combines the rich, hearty flavours of a perfectly cooked 300g rump steak topped with the unique zest of biltong cheese sauce. Served with a side of your choice

300g Rump Steak – R169.00

A juicy rump steak served with a side of your choice.

Schisanyama – R119.00

Savor 200g of chuck, 200g wors sausage, pap, tomato salsa, and chakalaka.

Pork Chops – R110.00

Succulent 300g pork chops served with a side of your choice

Zen Wings R165.00

10 full wings served with a side of your choice

Quarter Leg R59.00

Chicken quarter leg served with a side of your choice.

Zen Chicken Paella (Serves 4-6 people) R249.00

Eight pieces of chicken thighs and drumsticks, served on a bed of savoury rice, accompanied by a large side salad

Cordon Bleu Chicken Schnitzel R129.00

Filletted chicken breast, crumbed and pan-fried. Stuffed with ham, cheddar cheese and topped with mushroom and ham sauce. Served with a side of your choice.

Chicken Schnitzel R99.00

Crumbed chicken breast, pan fried to golden perfection. Served with a side of your choice.

Sides:

Creamed Spinach and Butternut
Side Salad

Baked Potato with Sour Cream
Pap and Relish
Steamed Bread
Rice
Chips

Extra Sides

Creamed Spinach **R25.00**

Butternut **R19.00**

Side Salad **R35.00**

Baked Potato with Sour Cream **R39.00**

Pap and Relish **R25.00**

Steamed Bread **R25.00**

Rice **R22.00**

Chips **R19.00**

Chakalaka **R15.00**

Pasta
ZENEE
Available in Penne, Fettuccini and Spaghetti

Napolitana R59.00

Plum tomatoes prepared in Italian herbs and seasoning.

Bolognaise R109

Ground beef prepared with herbs and seasoning. Served with homemade Napolitana sauce.

Al Fredo R99.00

Country ham and mushrooms prepared in rich cream sauce.

Al Pollo R109.00

Grilled chicken strips served with sautéed vegetables in a cream sauce.

Al Carne R119

Beef strips prepared with roasted peppers and mushrooms, creamy Napolitana sauce with fresh basil.

Gorgonzola & Bacon R139.00

Pan fried bacon bits infused with fresh garlic, chilli, chives & gorgonzola cheese. Cooked together with cream.

Zen Kiddies

Kiddies breakfast R35.00

One egg, one toast slice, one vienna. Served with a mini butter and jam.

Baked Mac and Cheese R55.00

Macaroni smothered in cheese sauce, and baked to golden perfection.

Chicken fingers and chips R50.00

Chicken strips, deep fried until golden brown, served with chips.

Dessert

Turkish Cold Baklava - R95.00

Enjoy a sweet treat with one portion of three cubes of Turkish Cold baklava.

Malva Pudding with ice-cream - R59.00

A classic South African dessert, rich and comforting.

Chocolate Volcano with ice-cream - R65.00

A decadent chocolate delight, perfect for any chocolate lovers



Beverages

Coffees & Teas

Filter Coffee R30.00

Cappuccino R38.00

Five roses, rooibos teapot R22.00

Chamomile, Ginger, Ceylon and Green teapots R29.00

SIR Fruit Juice 500ml. R39.00

Orange, Mango, Cranberry, Fruit Cocktail

Milkshakes (500ml) R45.00

Banana, Vanilla, Lime, Strawberry, Bubblegum, Chocolate.

Soft Drinks

Sodas R24.00

Tizers R35.00

Cordials R35.00

Served with lemonade or soda water

Mineral Water (Still or Sparkling) - 500ml R20, 1l R27.00

Non-Alcoholic Beer/Cider

Bavaria R25.00

Heineken Zero R27.00

Corona Cero - R30.00

Castle Free - R26.00

Savanna 0.0 R28.00

ZEN CAFÉ

Car Wash

	<u>Car Size</u>	Outside OR Inside ONLY	Full Wash Inside & Outside
	A - Kia Picato, Reanault Kwid, Datsun GO! Toyota UP, etc.	R75.00	R110.00
	B – Sedans. Toyota Corolla, Mercedes C-Class, BMW #-Series, etc.	R85.00	R130.00
	C- Compact SUV and small bakkie. Kia Sonnet, Corolla Cross, NP200, etc.	R85.00	R130.00
	D – SUV Toyota Fortuner, Ford Everest, etc.	R100.00	R140.00
	E – Bakkies. Ranger, Hilux, etc.	R100.00	R140.00
	F - Minibus Viano, Sprinter, Quantum, etc.	R110.00	R160.00