GMS Lunch Menu - May 2025

Indications: ***: Vegetarian Option Available, >GF: Gluten Free Option Available, >DF: Dairy Free Option Available

Milk Served Daily

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Tacos Black Beans Shredded Veggie Salad Fruit	2 Ham & Cheese Pinwheels Pasta Salad Chef's Salad Fruit
			*** >GF >DF	*** >GF >DF
5	6	7	8	9
Baked Chicken Mac & Cheese	Chicken Parmesan	Green Chili Chicken Enchilada	Pulled Pork Tacos	Lasagna
Roasted Broccoli	Buttered Noodles	Pinto Beans	Spanish Rice	Garlic Bread
Green Salad	Caesar Salad	Spanish Rice	Shredded Veggie Salad	Chef's Salad
Fruit	Fruit	Mixed Salad	Fruit	Fruit
		Fruit		
*** >GF >DF	*** >GF >DF	*** >GF >DF	*** >GF >DF	*** >GF >DF
12	13	14	15	16
Egg Rolls	Chicken Fajitas	Roasted Chicken	Beef Tacos	Chicken Salad
Stir Fry Vegetables	Fire Roasted Corn and Peppers	Mac & Cheese	Spanish Rice	Hummus w/ Pita
Rice	Shredded Veggie Salad	Mixed Salad	Mixed Salad	Roasted Potatoes
Fruit	Fruit	Fruit	Fruit	Simple Salad
				Fruit
*** >GF >DF	*** >GF >DF	*** >GF >DF	*** >GF >DF	*** >GF >DF
19	20	21	22	23
Meatballs & Rice	Chicken Alfredo			
Roasted Broccoli	Steamed Broccoli	Last Day of School		
Caesar Salad	Chef's Salad	Noon Dismissal		
Fruit	Fruit	Last Day of School Noon Dismissal No Lunch		
*** >GF >DF	*** >GF >DF		4.5	
26	27	28		
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This institution is an equal opportunity provider.