

GMS Lunch Menu - March 2026

Indications: ***: Vegetarian Option Available, >GF: Gluten Free Option Available, >DF: Dairy Free Option Available

Milk Served Daily

Monday	Tuesday	Wednesday	Thursday	Friday
2 Egg Rolls Rice Stir Fried Vegetables Green Salad Fruit <p style="text-align: right;">*** >GF >DF</p>	3 Spaghetti & Meat Sauce Green Beans Garlic Bread Shredded Veggies Salad Fruit <p style="text-align: right;">*** >GF >DF</p>	4 Roasted Chicken Potato Wedges Mixed Salad Fruit <p style="text-align: center;">Early Release</p> <p style="text-align: right;">*** >GF >DF</p>	5 BBQ Pulled Pork Sandwich French Fries Coleslaw Fruit <p style="text-align: right;">*** >GF >DF</p>	6 Bean & Cheese Tostadas Calabacitas Mixed Salad Fruit <p style="text-align: right;">*** >GF >DF</p>
9 Spring Break <p style="text-align: right;">*** >GF >DF</p>	10 Spring Break <p style="text-align: right;">*** >GF >DF</p>	11 Spring Break <p style="text-align: right;">*** >GF >DF</p>	12 Spring Break <p style="text-align: right;">*** >GF >DF</p>	13 Spring Break <p style="text-align: right;">*** >GF >DF</p>
16 Meatballs & Rice Corn Caesar Salad Fruit <p style="text-align: right;">*** >GF >DF</p>	17 Shepherds Pie Garlic Bread Mixed Salad Fruit <p style="text-align: right;">*** >GF >DF</p>	18 BBQ Pork French Fries Green Beans Mixed Salad Fruit <p style="text-align: center;">Early Release</p> <p style="text-align: right;">*** >GF >DF</p>	19 Ground Beef Tacos Spanish Rice Mixed Salad Fruit <p style="text-align: right;">*** >GF >DF</p>	20 Chicken Salad Hummus w/ Pita Roasted Seasonal Vegetables Green Salad Fruit <p style="text-align: right;">*** >GF >DF</p>
23 Chicken Parmesan Buttered Noodles Roasted Seasonal Vegetables Garden Salad Fruit <p style="text-align: right;">*** >GF >DF</p>	24 Chicken Tacos Pinto Beans Shredded Veggies Salad Fruit <p style="text-align: right;">*** >GF >DF</p>	25 Chili Cornbread Muffin Green Beans Salad Fruit <p style="text-align: right;">*** >GF >DF</p>	26 Turkey & Cheese Sandwich French Fries Chef's Salad Fruit <p style="text-align: right;">*** >GF >DF</p>	27 Cheesy Chicken Rice Casserole Roasted Broccoli Garden Salad Fruit <p style="text-align: right;">*** >GF >DF</p>
30 Meatball Sub Fries Mixed Salad Fruit <p style="text-align: right;">*** >GF >DF</p>	31 Carne Asada Loaded Mashed Potatoes Cheese, Sour Cream, Bacon & Chives Green Salad Fruit <p style="text-align: right;">*** >GF >DF</p>			

This institution is an equal opportunity provider.