

GMS Lunch Menu - November 2025

Indications: ***: Vegetarian Option Available, >GF: Gluten Free Option Available, >DF: Dairy Free Option Available

Milk Served Daily

Monday	Tuesday	Wednesday	Thursday	Friday
3 Turkey & Cheese Sandwich French Fries Chef's Salad Fruit *** >GF >DF	4 Loaded Potato Soup Cheesy Bread Mixed Salad Fruit *** >GF >DF	5 Green Chile Chicken Stew Tortilla Pinto Beans Green Salad Fruit *** >GF >DF	6 Chicken Alfredo Roasted Vegetables Caesar Salad Fruit *** >GF >DF	7 Quesadilla Refried Beans Mixed Salad Fruit *** >GF >DF
10 BBQ Pulled Pork Sandwich Fries Coleslaw Fruit *** >GF >DF	11 Chicken Parmesan Buttered Noodles Roasted Seasonal Vegetables Garden Salad Fruit *** >GF >DF	12 Chili Green Beans Cornbread Chef's Salad Fruit *** >GF >DF	13 Red Cheese Enchilada Pinto Beans Spanish Rice Mixed Salad Fruit *** >GF >DF	14 Chicken Salad Hummus w/ Pita Green Salad Fruit *** >GF >DF
17 Broccoli Cheddar Soup w/ Bacon Garlic Bread Green Salad Fruit *** >GF >DF	18 Ground Beef Tacos Spanish Rice Mixed Salad Fruit *** >GF >DF	19 Chicken & Rice Soup Cheesy Bread Mixed Salad Fruit *** >GF >DF	20 Roast Turkey Mashed Potatoes Whole Grain Roll Green Beans Fruit *** >GF >DF	21 Ham & Cheese Pinwheels Roasted Veggies Chef's Salad Fruit *** >GF >DF
24 No School	25 Thanksgiving Break	26 No School	27 Thanksgiving Break	28 No School